

PUBLIC HEALTH - GENERAL STUDIES, ASSOCIATE IN ARTS DEGREE

Banner Code: 1_AA_PUBG

Control Number: 08673

Financial Aid Eligible

This program will introduce students to health, including personal health and public health. Students can choose from a variety of courses that will increase their knowledge and understanding of the biopsychosocial model of health to be able to make personal choices that reduce their risk of disease. Students will also understand health from a public health view and be able to analyze global health issue and the impact of the environment, socio-economics, politics, and culture on health and health systems. Though not a transfer degree, this option will prepare students for transfer to CSU Fullerton. Students should see a counselor for questions related to the requirements of specific CSUs.

Program Outcomes

1. Students will be able to analyze disparity in health outcomes across populations using evidence-based methods and identify effective intervention strategies.
2. Students will be able to advocate for policy and structural change as supported by their ability to identify the impact of environment, socioeconomic, politics, and culture on health and health systems.
3. Student will prepare for transfer to local CSUs, i.e., CSU Fullerton.

Review Graduation Requirements (<https://catalog.cccd.edu/orange-coast/graduation-requirements/associate-degree/>) and General Education (<https://catalog.cccd.edu/orange-coast/general-education-patterns/>).

Course	Title	Units
Required Courses		
<i>Core Courses</i>		
PUBH A100	Personal Health	3
PUBH A200	Introduction to Public Health	3
CMST A100	Interpersonal Communication	3
or CMST A110	Public Speaking	
<i>Social Science</i>		3
PSYC A100	Introduction to Psychology	
or PSYC A100H	Introduction to Psychology Honors	
or SOC A100	Introduction to Sociology	
or SOC A100H	Introduction to Sociology Honors	
<i>Biology</i>		8-9
BIOL A100	Principles of Biology	
or BIOL A100H	Principles of Biology Honors	
BIOL A220	Human Anatomy	
or BIOL A221	Anatomy-Physiology	
or BIOL A225	Human Physiology	
<i>Public Health Restricted Electives:</i>		6
Select a minimum of 6 units from the following:		

Course	Title	Units
PUBH A202	Drugs, Health, and Society	3
PUBH A203	Health and Social Justice	3
PUBH A230	Assessing and Analyzing Health Information	3
PUBH A160	Peer Health Education Level 1	2
PUBH A210	Navigating the U.S. Health Care System, Health Insurance, Public Assistance, and Benefits Programs	3
or INHL A210	Navigating the U.S. Health Care System, Health Insurance, Public Assistance, and Benefits Programs	
PUBH A260	Peer Health Education Level 2	2
INHL A225	Introduction to Complementary and Alternative Medicine	3
GEOG A190	Digital Mapping: Introduction to GIS	3
ETHS A150	Ethnic Groups in the U.S.: Their Histories	3
PUBH A220	Techniques and Topics in Health Education	3
or INHL A220	Techniques and Topics in Health Education	
<i>Program Major Units</i>		26-28
<i>AA General Education Option 1, 2, or 3</i>		Varies
<i>Transferable electives as needed to satisfy unit requirement</i>		Varies
Total Minimum Degree Units		60

Program Sequence

These sequences at Orange Coast College are general course curriculum maps for students to finish all major and general education requirements for two-year completion of degrees, and/or fulfillment of transfer requirements. The course sequence may include course prerequisites and other placement requirements. **Students are advised to meet with an Orange Coast College Counselor to review course selections and sequences to ensure that completion of this program will meet a student's transfer and career goals.**

Course	Title	Units
Year 1		
Semester 1		
PUBH A100	Personal Health	3
PUBH A160	Peer Health Education Level 1	2
OCC AA GE AREA A1- CHOOSE ONE		3
CMST A100	Interpersonal Communication	3
or CMST A110	or Public Speaking	
HIST A170	History of the United States to 1876	3
or HIST A170H	or History of the United States to 1876 Honors	
or HIST A175	or History of the United States Since 1876	
or HIST A175H	or History of the United States Since 1876 Honors	
Units		14
Semester 2		
PUBH A200	Introduction to Public Health	3
AA PUBH RESTRICTED ELECTIVE- CHOOSE ONE (See Requirements)		3
OCC AA GE AREA C1- CHOOSE ONE ¹		2-4

Course	Title	Units
PSCI A180 or PSCI A180H	American Government or American Government Honors	3
ELECTIVE (DEGREE APPLICABLE)		4
Units		15-17
Summer		
ELECTIVE (DEGREE APPLICABLE)		3
Units		3
Year 2		
Semester 1		
BIOL A100 or BIOL A100H	Principles of Biology or Principles of Biology Honors	4
PSYC A100 or PSYC A100H or SOC A100 or SOC A100H	Introduction to Psychology or Introduction to Psychology Honors or Introduction to Sociology or Introduction to Sociology Honors	3
OCC AA GE AREA C2- CHOOSE ONE ¹		0.5-4
OCC AA GE AREA D2 OR D3- CHOOSE ONE		3
AA PUBH RESTRICTED ELECTIVE- CHOOSE ONE (See Requirements)		3
Units		13.5-17
Semester 2		
BIOL A220 or BIOL A221 or BIOL A225	Human Anatomy or Anatomy-Physiology or Human Physiology	4-5
AA GLOBAL/MULTICULTURAL REQUIREMENT- CHOOSE ONE		3
OCC AA GE AREA E2- CHOOSE ONE		1
Select one of the following or satisfy Math competency (completion of High School Algebra 2 with a "C" or better): ²		3-4
MATH A030 or MATH A045	Intermediate Algebra or Combined Elementary and Intermediate Algebra	
ELECTIVE (DEGREE APPLICABLE) ³		3.5
Units		14.5-16.5
Total Units		60-67.5

1

OCC AA Area C requires a minimum of 3 units to include one course from C1 and one course from C2.

2

Math A030 or higher OR take 3-4 degree applicable elective units if math competency was met through completion of High School Algebra 2 with a "C" or better; *100-level Math courses satisfy AA Math Requirement and OCC AA GE AREA A2

3

VARIES TO REACH MINIMUM 60 DEGREE APPLICABLE UNITS