

# PUBLIC HEALTH - GENERAL STUDIES, ASSOCIATE IN ARTS DEGREE

**Control Number:** 08673

**Financial Aid Eligible**

This program will introduce students to health, including personal health and public health. Students can choose from a variety of courses that will increase their knowledge and understanding of the biopsychosocial model of health to be able to make personal choices that reduce their risk of disease. Students will also understand health from a public health view and be able to analyze global health issue and the impact of the environment, socio-economics, politics, and culture on health and health systems. Though not a transfer degree, this option will prepare students for transfer to CSU Fullerton. Students should see a counselor for questions related to the requirements of specific CSUs.

## Program Outcomes

1. Students will be able to analyze disparity in health outcomes across populations using evidence-based methods and identify effective intervention strategies.
2. Students will be able to advocate for policy and structural change as supported by their ability to identify the impact of environment, socioeconomics, politics, and culture on health and health systems.
3. Student will prepare for transfer to local CSUs, i.e., CSU Fullerton.

## Associate in Arts Degree Requirements

1. **UNIT REQUIREMENT** - 60 UNITS, with at least a 2.0 grade point average. At least 12 of the units must be earned at OCC, with a minimum of one course taken for a letter grade. At least 3 units in an advanced course from the program must be completed at OCC. A student must be enrolled at the time of application for graduation. Units earned at an accredited college or university on a credit/no credit basis will be counted toward the degree requirements of the college, to a maximum of 15 units.
2. **MAJOR REQUIREMENT** - Complete the AA major requirements.
3. **MATHEMATICS REQUIREMENT** - Demonstrate competence in mathematics by either obtaining a satisfactory grade (grade of "C" or better or "pass") in a mathematics course at or above the level of Intermediate Algebra as demonstrated by prior coursework, or by demonstrating competency that is comparable through the completion of a college-level math course that has Intermediate Algebra as a prerequisite: Psychology A160 or Math A100 or higher, with the exception of Math A220.
4. **GENERAL EDUCATION REQUIREMENT** - Students may choose to complete Option 1 (OCC AA GE) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-arts-general-education-option-1/>), Option 2 (CSU GE) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-degree-general-education-option-2/>), or Option 3 (IGETC) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-degree-general-education-option-3/>)) to satisfy the general education requirement. See the General Education Patterns section of this catalog for more information.

5. **GLOBAL AND MULTICULTURAL REQUIREMENT** (*Required for AA degree only*) Some of the courses listed in this requirement can also be used to meet General Education Requirements. Courses that are repeatable for credit can only be used once in this area. - Select one or more courses from the following totaling 3 units: Anthropology A100\*, A100H\*, A102\*, A190\*, Art A108\*, Communication Studies A155\*, Counseling A107\*, A107H\*, Dance A130\*, A133\*, A135\*, A137\*, A138\*, Early Childhood A126, English A152\*, A173\*, Ethnic Studies A100\*, A150\*, Fashion A125, Food, and Nutrition A185, Geography A185\*, History A101\*, A110\*, A141, A142, A145\*, A150\*, A151\*, A152\*, A161\*, A161H\*, A162\*, A162H\*, Philosophy A120\*, Psychology A105\*, Religious Studies A110\*, A120\*, A140\*, A150\*, A160, Sociology A100\*, A100H\*, A115\*, A150\*, A190\* \*Denotes courses that fulfill CSU GE Breadth and/ or IGETC requirements.

Course	Title	Units
<b>Required Courses</b>		
<i>Core Courses</i>		
PUBH A100	Personal Health	3
PUBH A200	Introduction to Public Health	3
CMST A100	Interpersonal Communication	3
or CMST A110	Public Speaking	
<i>Social Science</i> 3		
PSYC A100	Introduction to Psychology	
or PSYC A100H	Introduction to Psychology Honors	
or SOC A100	Introduction to Sociology	
or SOC A100H	Introduction to Sociology Honors	
<i>Biology</i> 8-9		
BIOL A100	Principles of Biology	
or BIOL A100H	Principles of Biology Honors	
BIOL A220	Human Anatomy	
or BIOL A221	Anatomy-Physiology	
or BIOL A225	Human Physiology	
<i>Public Health Restricted Electives:</i> 6		
Select a minimum of 6 units from the following:		
PUBH A202	Drugs, Health, and Society	3
PUBH A203	Health and Social Justice	3
PUBH A230	Assessing and Analyzing Health Information	3
PUBH A160	Peer Health Education Level 1	2
PUBH A210	Navigating the U.S. Health Care System, Health Insurance, Public Assistance, and Benefits Programs	3
or INHL A210	Navigating the U.S. Health Care System, Health Insurance, Public Assistance, and Benefits Programs	
PUBH A260	Peer Health Education Level 2	2
INHL A225	Introduction to Complementary and Alternative Medicine	3
GEOG A190	Digital Mapping: Introduction to GIS	3
ETHS A150	Ethnic Groups in the U.S.: Their Histories	3
PUBH A220	Techniques and Topics in Health Education	3
or INHL A220	Techniques and Topics in Health Education	
<i>Program Major Units</i>		26-28
<i>AA General Education Option 1, 2, or 3</i>		Varies

Course	Title	Units
<i>Transferable electives as needed to satisfy unit requirement</i>		<i>Varies</i>
<b>Total Minimum Degree Units</b>		<b>60</b>

## Program Sequence

These sequences at Orange Coast College are general course curriculum maps for students to finish all major and general education requirements for two-year completion of degrees, and/or fulfillment of transfer requirements. The course sequence may include course prerequisites and other placement requirements. **Students are advised to meet with an Orange Coast College Counselor to review course selections and sequences to ensure that completion of this program will meet a student's transfer and career goals.**

Course	Title	Units
<b>Year 1</b>		
<b>Semester 1</b>		
PUBH A100	Personal Health	3
PUBH A160	Peer Health Education Level 1	2
OCC AA GE AREA A1- CHOOSE ONE		3
CMST A100 or CMST A110	Interpersonal Communication or Public Speaking	3
HIST A170 or HIST A170H or HIST A175 or HIST A175H	History of the United States to 1876 or History of the United States to 1876 Honors or History of the United States Since 1876 or History of the United States Since 1876 Honors	3
<b>Units</b>		<b>14</b>
<b>Semester 2</b>		
PUBH A200	Introduction to Public Health	3
AA PUBH RESTRICTED ELECTIVE- CHOOSE ONE (See Requirements)		3
OCC AA GE AREA C1- CHOOSE ONE <sup>1</sup>		2-4
PSCI A180 or PSCI A180H	American Government or American Government Honors	3
ELECTIVE (DEGREE APPLICABLE)		4
<b>Units</b>		<b>15-17</b>
<b>Summer</b>		
ELECTIVE (DEGREE APPLICABLE)		3
<b>Units</b>		<b>3</b>
<b>Year 2</b>		
<b>Semester 1</b>		
BIOL A100 or BIOL A100H	Principles of Biology or Principles of Biology Honors	4
PSYC A100 or PSYC A100H or SOC A100 or SOC A100H	Introduction to Psychology or Introduction to Psychology Honors or Introduction to Sociology or Introduction to Sociology Honors	3
OCC AA GE AREA C2- CHOOSE ONE <sup>1</sup>		0.5-4
OCC AA GE AREA D2 OR D3- CHOOSE ONE		3
AA PUBH RESTRICTED ELECTIVE- CHOOSE ONE (See Requirements)		3
<b>Units</b>		<b>13.5-17</b>
<b>Semester 2</b>		
BIOL A220 or BIOL A221 or BIOL A225	Human Anatomy or Anatomy-Physiology or Human Physiology	4-5
AA GLOBAL/MULTICULTURAL REQUIREMENT- CHOOSE ONE		3
OCC AA GE AREA E2- CHOOSE ONE		1
Select one of the following or satisfy Math competency (completion of High School Algebra 2 with a "C" or better): <sup>2</sup>		3-4
MATH A030 or MATH A045	Intermediate Algebra or Combined Elementary and Intermediate Algebra	

Course	Title	Units
ELECTIVE (DEGREE APPLICABLE) <sup>3</sup>		3.5
<b>Units</b>		<b>14.5-16.5</b>
<b>Total Units</b>		<b>60-67.5</b>

- OCC AA Area C requires a minimum of 3 units to include one course from C1 and one course from C2.
- Math A030 or higher OR take 3-4 degree applicable elective units if math competency was met through completion of High School Algebra 2 with a "C" or better; \*100-level Math courses satisfy AA Math Requirement and OCC AA GE AREA A2
- VARIABLES TO REACH MINIMUM 60 DEGREE APPLICABLE UNITS