

ATHLETIC TRAINING LEVEL 1, CERTIFICATE OF ACHIEVEMENT

Financial Aid Eligible

Banner Code: 1_CN_KINAT

Control Number: 33363

The Athletic Training Certificate provides an educational and practical foundation for students interested in athletic training, physical therapy, physical therapy assistant and physical therapy aide. The Athletic Training Certificate objective is to enable students to develop a strong foundation in the Kinesiology and athletic training. The theoretical knowledge, laboratory, and clinical experience skills acquired by students in this program will also enhance their general understanding in the fitness and physical therapy industry. The required courses are a cross section of required courses in nearby athletic training curricula.

Since curriculum requirements may vary amongst institutions, it is imperative that students entering OCC's certificate in Athletic Training meet with a counselor at the start of their academic career.

Program Outcome

1. Students will have the knowledge, skills and experience necessary to be well qualified applicants undergraduate athletic training programs.

Certificate of Achievement Requirements

The Certificate of Achievement is a state-approved career program that requires a minimum of eight units and is designed to prepare the graduate to enter a particular field of employment. In order to be awarded a certificate, students are required to obtain a grade of "C" or better in all program-required courses. Grades of "CR" or "P" will be accepted whereas "CR" or "P" meets the equivalency of a "C" or better. At least 3 units in an advanced course from the certificate must be completed at OCC at the department's discretion. Certificates of Achievement are not automatically awarded. A petition must be filed in Enrollment Services or online at the beginning of the semester in which the student will be completing their final requirements. The petitioning periods are listed in the Graduation Requirements (<https://catalog.cccd.edu/orange-coast/graduation-requirements/>) section of this catalog. Check with a counselor to determine the requirements for completion.

A list of certificate programs can be found in the Programs A-Z (<https://catalog.cccd.edu/orange-coast/programs-study/>) section of this catalog.

Course	Title	Units
Required Courses		
KIN A203	First Aid and CPR	2
KIN A273	Sports Medicine	3
KIN A274	Athletic Taping and Modalities	3
KIN A275	Sports Medicine Practicum Level 1	2-4
KIN A276	Sports Medicine Practicum Level 2	2-4
Athletics Training Restricted Electives		
Select two of the following:		6-10
BIOL A100	Introduction to Biology	
BIOL A220	Human Anatomy	
BIOL A221	Anatomy-Physiology	

Course	Title	Units
BIOL A225	Human Physiology	
CHEM A100	Principles of Chemistry	
CHEM A110	Introduction to Chemistry	
CHEM A130	Preparation for General Chemistry	
FN A170	Nutrition	
HLED/PUBH A100	Personal Health Education	
KIN A202	Introduction to Kinesiology	
KIN A272	Movement Analysis	
KIN A283	Nutrition, Fitness, and Performance	
MATH A115	College Algebra	
MATH A160	Introduction to Statistics	
PHYS A110	Conceptual Physics	
PSYC A100	Introduction to Psychology	
PSYC A250	Psychobiology	
Total Units		18-26