

NUTRITION AND DIETETICS, ASSOCIATE IN SCIENCE DEGREE FOR TRANSFER (AS- T)

Financial Aid Eligible
Banner Code: 1_AST_NUTR
Control Number: 35524

Students graduating with an Associate in Science in Nutrition and Dietetics for Transfer Degree are well positioned to complete a Bachelor's Degree in a similar major within the California State University system with 60 units of upper-division coursework. Students who complete the Nutrition and Dietetics AS-T degree are guaranteed admission to the CSU system, but not to a particular campus or major. Students must maintain a minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum 2.0 is required for CSU admission, some majors may require a higher GPA. Please consult a counselor for more information.

This degree provides students with the foundational knowledge and common core of lower division courses required to transfer and pursue a baccalaureate degree in nutrition/dietetics to further prepare for careers as a registered dietitian nutritionist (RDN). There are many career opportunities for dietitians. They work in a variety of settings such as hospitals, long-term care facilities, school districts, community organizations, and corporations.

Program Outcomes

1. Evaluate scientific concepts of nutrition related to the functioning of nutrients in the basic life process.
2. Demonstrate basic food science principles and food preparation techniques.
3. Apply chemistry and biology concepts to determine the effects of nutrients on the human body.
4. Students will be eligible and prepared for admission (SB 1440 and Education Code 66746) to California State University system schools.

Associate Degree for Transfer Requirements

The following is required for all AA-T or AS-T degrees:

1. Minimum of 60 CSU-transferable semester units.
2. Minimum GPA of at least 2.0 in all CSU transferable coursework. While a minimum of 2.0 is required for admission, some majors require a higher GPA. Consult with a counselor for more information.
3. Completion of a minimum of 18-semester units in the major as detailed in the Degree and Certificate section of this catalog. All courses in the major must be completed with a grade of C or better.
4. Certified completion of the California State University General Education-Breadth pattern (CSU General Education Breadth – Option 2 (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-degree-general-education-option-2/>)) OR the Intersegmental General Education Transfer Curriculum (IGETC –

Option 3 (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-degree-general-education-option-3/>)).

Course	Title	Units
Required Courses		
<i>Core Courses</i>		
BIOL A210	General Microbiology	5
CHEM A180	General Chemistry A	5
FN A170	Nutrition	3
PSYC A100	Introduction to Psychology	3
<i>List A</i>		
Select two of the following: ¹		9-10
BIOL A225	Human Physiology	
CHEM A220 & A220L	Organic Chemistry A and Organic Chemistry A Lab	
MATH A160	Introduction to Statistics	
<i>List B</i>		
FN A180	Principles of Foods	3
Program Major Units		28-29
CSU or IGETC for CSU		37-39
Transferable electives as needed to satisfy unit requirement		Varies
Total Units		60

¹ In order to be better prepared for transfer, OCC Nutrition and Dietetics faculty strongly recommend that all students completing this degree use elective credits to complete all courses in List A. Note - CHEM A220 Organic Chemistry A and CHEM A220L Organic Chemistry A Lab are considered one course.