

PUBLIC HEALTH - GENERAL STUDIES, ASSOCIATE IN ARTS DEGREE

Financial Aid Eligible

Banner Code: 1_AA_PUBG

Control Number: 08673

This program will introduce students to health, including personal health and public health. Students can choose from a variety of courses that will increase their knowledge and understanding of the biopsychosocial model of health to be able to make personal choices that reduce their risk of disease. Students will also understand health from a public health view and be able to analyze global health issue and the impact of the environment, socio-economics, politics, and culture on health and health systems. Though not a transfer degree, this option will prepare students for transfer to CSU Fullerton. Students should see a counselor for questions related to the requirements of specific CSUs.

Program Outcomes

1. Students will be able to analyze disparity in health outcomes across populations using evidence-based methods and identify effective intervention strategies.
2. Students will be able to advocate for policy and structural change as supported by their ability to identify the impact of environment, socioeconomics, politics, and culture on health and health systems.
3. Student will prepare for transfer to local CSUs, i.e., CSU Fullerton.

Associate in Arts Degree Requirements

1. **UNIT REQUIREMENT** - 60 UNITS, with at least a 2.0 grade point average. At least 12 of the units must be earned at OCC, with a minimum of one course taken for a letter grade. At least 3 units in an advanced course from the program must be completed at OCC. A student must be enrolled at the time of application for graduation. Units earned at an accredited college or university on a credit/no credit basis will be counted toward the degree requirements of the college, to a maximum of 15 units.
2. **MAJOR REQUIREMENT** - Complete the AA or AS major requirements as detailed in the Degree and Certificate section of this catalog.
3. **MATHEMATICS REQUIREMENT** - Demonstrate competence in mathematics by either obtaining a satisfactory grade (grade of "C" or better or "pass") in a mathematics course at or above the level of Intermediate Algebra as demonstrated by prior coursework, or by demonstrating competency that is comparable through the completion of a college-level math course that has Intermediate Algebra as a prerequisite: Psychology A160 or Math A100 or higher, with the exception of Math A220.
4. **GENERAL EDUCATION REQUIREMENT** - Students may choose to complete Option 1 (OCC AA GE) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-arts-general-education-option-1/>), Option 1 (OCC AS GE) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-science-general-education-option-1/>), Option 2 (CSU GE) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-degree-general-education-option-2/>), or Option 3 (IGETC) (<https://catalog.cccd.edu/>

orange-coast/general-education-patterns/associate-degree-general-education-option-3/)) to satisfy the general education requirement. See the General Education Patterns section of this catalog for more information.

5. **GLOBAL AND MULTICULTURAL REQUIREMENT** (*Required for AA degree only*) Some of the courses listed in this requirement can also be used to meet General Education Requirements. Courses that are repeatable for credit can only be used once in this area. - Select one or more courses from the following totaling 3 units: Anthropology A100*, A100H*, A102*, A190*, Art A108*, Communication Studies A155*, Counseling A107*, A107H*, Dance A130*, A133*, A135*, A137*, A138*, Early Childhood A126, English A152*, A173*, Ethnic Studies A100*, A150*, Fashion A125, Food and Nutrition A185, Geography A185*, History A101*, A110*, A141, A142, A145*, A150*, A151*, A152*, A161*, A161H*, A162*, A162H*, Philosophy A120*, Psychology A105*, Religious Studies A110*, A120*, A140*, A150*, A160, Sociology A100*, A100H*, A115*, A150*, A190* *Denotes courses that fulfill CSU GE Breadth and/ or IGETC requirements.

Course	Title	Units
Required Courses		
<i>Core Courses</i>		
PUBH A100	Personal Health	3
PUBH A200	Introduction to Public Health	3
CMST A100	Interpersonal Communication	3
or CMST A110	Public Speaking	
Subtotal		9
<i>Social Science</i>		
PSYC A100		Introduction to Psychology
or PSYC A100H	Introduction to Psychology Honors	
or SOC A100	Introduction to Sociology	
or SOC A100H	Introduction to Sociology Honors	
<i>Biology</i>		8-9
BIOL A100	Introduction to Biology	
or BIOL A100H	Introduction to Biology Honors	
BIOL A220	Human Anatomy	
or BIOL A221	Anatomy-Physiology	
or BIOL A225	Human Physiology	
<i>Select a minimum of 6 units from the following:</i>		6
PUBH A202	Drugs, Health, and Society	3
PUBH A203	Health and Social Justice	3
PUBH A230	Assessing and Analyzing Health Information	3
PUBH A160	Peer Health Education Level 1	2
PUBH A210	Navigating the U.S. Health Care System, Health Insurance, Public Assistance, and Benefits Programs	3
or INHL A210	Navigating the U.S. Health Care System, Health Insurance, Public Assistance, and Benefits Programs	
PUBH A260	Peer Health Education Level 2	2
INHL A225	Introduction to Complementary and Alternative Medicine	3
GEOG A190	Digital Mapping: Introduction to GIS	3
ETHS A150	Ethnic Groups in the U.S.: Their Histories	3
PUBH A220	Techniques and Topics in Health Education	3

Course	Title	Units
or INHL A220	Techniques and Topics in Health Education	
Program Major Units		26-28
AA General Education Option 1, 2, or 3		Varies
Transferable electives as needed to satisfy unit requirement		Varies
Total Units		60