

NUTRITION EDUCATION, ASSOCIATE IN SCIENCE DEGREE

Banner Code: 1_AS_NCNE

Control Number: 08668

Financial Aid Eligible

Students who graduate from this program are prepared for employment in nutrition programs and industries in Southern California, encompassing weight control clinics, health and fitness organizations, community nutrition agencies, and manufacturers of nutrition related products.

Complete the Nutrition Education Certificate of Achievement and the Associate in Science graduation requirements as outlined in the Graduation Requirements section of the catalog.

Program Outcome

Graduates will be competent entry-level Nutrition Education Assistants meeting the employment needs of the community.

Review Graduation Requirements (<https://catalog.cccd.edu/orange-coast/graduation-requirements/associate-degree/>) and General Education (<https://catalog.cccd.edu/orange-coast/general-education-patterns/>).

Course	Title	Units
Required Courses		
BIOL A221	Anatomy-Physiology	4
FN A100 or NC A100	Careers in Dietetics and Food Science Careers in Dietetics/FDSCI	1
FBM A102	Sanitation and Safety	2
FN A170	Nutrition	3
FN A144	Life Cycle Nutrition	3
FN A125	Plant-based Nutrition	1
FN A180	Principles of Foods	3
NC A180	Introduction to Medical Nutrition Therapy	3
FN A171	Applied Nutrition	1.5
FN A185	Cultural Foods	2
NC A280	Intermediate Nutrition Care	2
NC A281	Supervised Practice 1	3
<i>Total Major Units</i>		28.5
<i>General Education Breadth for OCC AS Degree: 21^{1,2}</i>		18
<i>Electives to satisfy 60-unit Degree requirement.</i>		13.5
Total Minimum Degree Units - OCC AS GE		60

Nutrition Education Suggested Electives:

Course	Title	Units
FN A136	Nutrition, Fitness and Performance	3
CDE A180	Child, Growth and Development	3

¹ 3 units double counted toward major units and GE requirements.

² Cal-GETC pattern (up to 34 units) may be substituted.

Program Sequence

These sequences at Orange Coast College are general course curriculum maps for students to finish all major and general education requirements for two-year completion of degrees, and/or fulfillment of transfer requirements. The course sequence may include course prerequisites and other placement requirements. **Students are advised to meet with an Orange Coast College Counselor to review course selections and sequences to ensure that completion of this program will meet a student's transfer and career goals.**

Course	Title	Units
Year 1		
Semester 1		
FN A100 or NC A100	Careers in Dietetics and Food Science or Careers in Dietetics/FDSCI	1
FBM A102	Sanitation and Safety	2
FN A144	Life Cycle Nutrition	3
FN A170	Nutrition	3
OCC AS GE AREA 1A - CHOOSE ONE		3-4
Units		12-13
Semester 2		
BIOL A221	Anatomy-Physiology ¹	4
FN A125	Plant-based Nutrition	1
FN A180	Principles of Foods	3
NC A180	Introduction to Medical Nutrition Therapy	3
OCC AS GE AREA 3 - CHOOSE ONE		3
Units		14
Summer		
OCC AS GE AREA 2 - CHOOSE ONE		3-4
Units		3-4
Year 2		
Semester 1		
FN A171	Applied Nutrition	1.5
FN A185	Cultural Foods	2
NC A280	Intermediate Nutrition Care	2
NC A281	Supervised Practice 1	3
OCC AS GE AREA 1B- CHOOSE ONE		3-4
OCC AS GE AREA 6 - CHOOSE ONE		3
Units		14.5-15.5
Semester 2		
OCC AS GE AREA 4 - CHOOSE ONE		3
ELECTIVE (DEGREE APPLICABLE) ²		13.5-10.5
Units		16.5-13.5
Total Units		60

¹ Meets OCC AS GE AREA 5.

² VARIES TO REACH MINIMUM 60 DEGREE APPLICABLE UNITS