

NUTRITION EDUCATION, ASSOCIATE IN SCIENCE DEGREE

Financial Aid Eligible

Banner Code: 1_AS_NCNE

Control Number: 08668

Students who graduate from this program are prepared for employment in nutrition programs and industries in Southern California, encompassing weight control clinics, health and fitness organizations, community nutrition agencies, and manufacturers of nutrition related products.

Complete the Nutrition Education Certificate of Achievement and the Associate in Science graduation requirements as outlined in the Graduation Requirements section of the catalog.

Program Outcome

1. Graduates will be competent entry-level Nutrition Education Assistants meeting the employment needs of the community.

Associate in Science Degree Requirements

1. **UNIT REQUIREMENT** - 60 UNITS, with at least a 2.0 grade point average. At least 12 of the units must be earned at OCC, with a minimum of one course taken for a letter grade. At least 3 units in an advanced course from the program must be completed at OCC. A student must be enrolled at the time of application for graduation. Units earned at an accredited college or university on a credit/no credit basis will be counted toward the degree requirements of the college, to a maximum of 15 units.
2. **MAJOR REQUIREMENT** - Complete the AA or AS major requirements as detailed in the Degree and Certificate section of this catalog.
3. **MATHEMATICS REQUIREMENT** - Demonstrate competence in mathematics by either obtaining a satisfactory grade (grade of "C" or better or "pass") in a mathematics course at or above the level of Intermediate Algebra as demonstrated by prior coursework, or by demonstrating competency that is comparable through the completion of a college-level math course that has Intermediate Algebra as a prerequisite: Psychology A160 or Math A100 or higher, with the exception of Math A220.
4. **GENERAL EDUCATION REQUIREMENT** - Students may choose to complete Option 1 (OCC AA GE) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-arts-general-education-option-1/>), Option 1 (OCC AS GE) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-science-general-education-option-1/>), Option 2 (CSU GE) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-degree-general-education-option-2/>), or Option 3 (IGETC (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-degree-general-education-option-3/>)) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-degree-general-education-option-3/>)) to satisfy the general education requirement. See the General Education Patterns section of this catalog for more information.

Course	Title	Units
Year 1		
Semester 1		
BIOL A221	Anatomy-Physiology	4
FN/NC A100	Careers in Dietetics and Food Science	1
FN A144	Life Cycle Nutrition	3
FSM A160	Sanitation and Safety	3
FN A170	Nutrition	3
Units		14
Semester 2		
FN A125	Vegetarian Nutrition	1
FN A180	Principles of Foods	3
NC A180	Introduction to Medical Nutrition Therapy	3
Units		7
Semester 3		
FN A171	Applied Nutrition	2
FN A185	Cultural Foods	2
NC A280	Intermediate Nutrition Care	2
NC A281	Supervised Practice 1	3
Units		9
Total Units		30

Requirement	Units
Minimum Program Major Units	30
AS General Education Option 1, 2, or 3	Varies
Transferable electives to satisfy unit requirement	Varies
Total Degree Units	60

Nutrition Education Suggested Electives

Course	Title	Units
FN A136	Nutrition, Fitness and Performance	3
HMDV A180	Child Growth and Development	3