

NUTRITION AND DIETETICS TECHNICIAN, ASSOCIATE IN SCIENCE DEGREE

Financial Aid Eligible

Banner Code: 1_AS_NADT

Control Number: 08667

Students completing this program are prepared to join the nutrition and dietetics team in various nutritional aspects of health care. Graduates from this program are employed by acute care, long term care, and rehabilitation hospitals, as well as by community agencies that provide education in nutrition. Completion of the following courses, along with the Associate Degree program at Orange Coast College qualifies the student to sit for the Nutritional and Dietetics Technician, Registered (NDTR) exam. Students are highly encouraged to become a member of the Academy of Nutrition and Dietetics.

Upon successful completion of these courses (with grade of 'C' or better), the program requirements, and the General Education Requirements, students will receive a Verification Statement from the program director confirming that all requirements of the program have been met. Students will then be eligible to take the National Registration Exam administered by the Commission on Dietetic Registration.

This program has been granted full accreditation by:

The Accreditation Council for Education in Nutrition and Dietetics, of the Academy of Nutrition and Dietetics
120 S. Riverside Plaza, Suite 2190
Chicago, IL 60606-6995
800-877-1600 x5400
www.eatrightpro.org/ACEND (<https://www.eatrightpro.org/acend/>)

It is recommended that the student complete at least 15-17 units of general education requirements prior to entering the program.

Program Outcomes

1. Demonstrate competent entry-level skills of a Nutrition and Dietetics Technician, Registered (NDTR) in order to meet the employment needs of the community.
2. Communicate and work effectively with an interdisciplinary workforce and clientele of the community.
3. Participate in personal growth and lifelong learning activities

Associate in Science Degree Requirements

1. **UNIT REQUIREMENT** - 60 UNITS, with at least a 2.0 grade point average. At least 12 of the units must be earned at OCC, with a minimum of one course taken for a letter grade. At least 3 units in an advanced course from the program must be completed at OCC. A student must be enrolled at the time of application for graduation. Units earned at an accredited college or university on a credit/no credit basis will be counted toward the degree requirements of the college, to a maximum of 15 units.
2. **MAJOR REQUIREMENT** - Complete the AA or AS major requirements as detailed in the Degree and Certificate section of this catalog.

3. **MATHEMATICS REQUIREMENT** - Demonstrate competence in mathematics by either obtaining a satisfactory grade (grade of "C" or better or "pass") in a mathematics course at or above the level of Intermediate Algebra as demonstrated by prior coursework, or by demonstrating competency that is comparable through the completion of a college-level math course that has Intermediate Algebra as a prerequisite: Psychology A160 or Math A100 or higher, with the exception of Math A220.
4. **GENERAL EDUCATION REQUIREMENT** - Students may choose to complete Option 1 (OCC AA GE) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-arts-general-education-option-1/>), Option 1 (OCC AS GE) (<https://catalog.cccd.edu/orange-coast/pathways/careers-healthcare/nutrition-dietetics/nutrition-dietetics-technician-associate-science-degree/orange-coast/general-education-patterns/associate-science-general-education-option-1/>), Option 2 (CSU GE) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-degree-general-education-option-2/>), or Option 3 (IGETC) (<https://catalog.cccd.edu/orange-coast/general-education-patterns/associate-degree-general-education-option-3/>) to satisfy the general education requirement. See the General Education Patterns section of this catalog for more information.

Required Prerequisites

Course	Title	Units
ALH A010	Health Occupations	0.5
ALH A111	Medical Terminology	3
NC/FN A100	Careers-Dietetics/Fdsci	1
Total Units		4.5
Course	Title	Units
Year 1		
Fall		
ALH A115	Patient Care	2.5
FN A170	Nutrition ¹	3
FSM A150	Principles of Quantity Food Preparation ¹	4
FSM A160	Sanitation and Safety ¹	3
FSM A260	Supervision and Training Techniques ¹	3
Units		15.5
Spring		
BIOL A221	Anatomy-Physiology	4
FSM A151	Food Production Management ¹	2
NC A175	Health Care Field Experience ¹	4
NC A180	Introduction to Medical Nutrition Therapy ¹	3
Completion of the first year with a 'C' grade in all courses is required before beginning second year.		
Units		13
Year 2		
Fall		
FN A144	Life Cycle Nutrition	3
FN A171	Applied Nutrition	2
NC A280	Intermediate Nutrition Care	2
NC A281	Supervised Practice 1	3
Units		10
Spring		
FSM A250	Menu Planning and Purchasing	3
NC A285	Advanced Nutrition Care	2
NC A286	Supervised Practice 2	3
Units		8
Total Units		46.5

2 Nutrition and Dietetics Technician, Associate in Science Degree

¹ These courses meet the California Department of Public Health requirement for Dietetic Service Supervisor.

Requirement	Units
Minimum Program Major Units	51
AS General Education Option 1, 2, or 3	Varies
Total Degree Units	69

Dietetic Technician Suggested Electives

Course	Title	Units
ALH A120	Human Diseases	2
ALH A130	Applied Pharmacology	3
CMST A100	Interpersonal Communication	3
FN A195	Food Science	4
PSYC A100	Introduction to Psychology	3