

ASSOCIATE DEGREE GENERAL EDUCATION 2021-2022: OPTION 2 (CALIFORNIA STATE UNIVERSITY GENERAL EDUCATION)

To earn a Bachelor's degree from the California State University, each student must complete 48-51 semester units in general education. Nine to twelve of these units must be taken as upper-division course work after transfer. Orange Coast College will certify the extent to which the lower-division General Education Breadth Requirements (GE) have been met for students meeting the following A-F pattern. Students seeking a CSU GE Certification report must complete at least 12 of these units at OCC.

Students seeking GE transfer certification are eligible for a Certificate of Achievement award.

Any one course may be used to satisfy only one required sub-area (i.e. if Communication Studies A110 is used to satisfy sub-area A1, it may not be used to satisfy sub-area C2), with the exception of Area B where lab courses taken to meet the B3 requirement will also count in B1 or B2. A cross-listed course (the same course listed under more than one department such as History A150 and Ethnic Studies A150) may be used to meet only one requirement.

Important Note: Courses on this list are approved for a specific academic term. Students wishing to use a course to meet a CSU General Education Breadth requirement must be sure that the course is approved for the academic term in which it is taken.

This list is valid only for courses taken Fall 2021 through Summer 2022.

For courses taken prior to Fall 2021, students should check the master list which shows the dates that courses were added or deleted since the original list was published in 1991. This list is available in the Counseling Center or Transfer Center in Watson Hall.

Course	Title	Units
Area A: Communication in the English Language and Critical Thinking		
Nine semester units (or 12-15 quarter units) including one course from each sub-area with a grade of "C" or better.		
<i>A1 Oral Communication</i>		
CMST A100	Interpersonal Communication	3
CMST A110	Public Speaking	3
<i>A2 Written Communication</i>		
ENGL A100	Freshman Composition	3
ESL A100	ESL College Composition	3
<i>A3 Critical Thinking</i>		
CMST A220	Essentials of Argumentation	3
CMST A240	Media Literacy	3
ENGL A101	Critical Reasoning: Fiction	4
or ENGL A101H	Critical Reasoning: Fiction Honors	
ENGL A102	Critical Reasoning: Nonfiction	3

Course	Title	Units
or ENGL A102H	Critical Reasoning: Nonfiction Honors	
ENGL A109	Critical Reasoning and Writing for Science and Technology	3
MATH A220	Introduction to Symbolic Logic	3
PHIL A150	Critical Reasoning & Writing	3
PHIL A155	Introduction to Logic	3
PHIL A220	Introduction to Symbolic Logic	3
Area B: Physical Universe and Its Life Forms		
A minimum of nine semester units (or 12-15 quarter units) including at least one course from each subarea. Must include at least one laboratory course.		
<i>B1 Physical Science</i>		
ANTH A280	Introduction to Archaeology	3
ASTR A100	Introduction to Astronomy	3
or ASTR A100H	Introduction to Astronomy Honors	
ASTR A100 & A100L	Introduction to Astronomy and Introduction to Astronomy Laboratory ¹	4
ASTR A100H & ASTR A100L	Introduction to Astronomy Honors and Introduction to Astronomy Laboratory ¹	3
or ASTR A100M	Introduction to Astronomy Laboratory Honors	
ASTR A101	Planetary Astronomy	3
ASTR A102	Stellar Astronomy	3
ASTR A103	Cosmology	3
ASTR A104	Galactic Astronomy	3
ASTR A200	Introduction to Astrophysics	4
or ASTR A200H	Introduction to Astrophysics Honors	
CHEM A100	Principles of Chemistry	3
CHEM A110	Introduction to Chemistry ¹	5
CHEM A130	Preparation for General Chemistry ¹	4
CHEM A180	General Chemistry A ¹	5
CHEM A185	General Chemistry B ¹	5
CHEM A220	Organic Chemistry A	3
CHEM A220L	Organic Chemistry A Lab ¹	2
CHEM A225	Organic Chemistry B	3
CHEM A225L	Organic Chemistry B Laboratory ¹	2
GEOG A130	Introduction to Weather & Climate	3
GEOG A180	Physical Geography	3
or GEOG A180H	Physical Geography Honors	
GEOG A180 & A180L	Physical Geography and Physical Geography Lab ¹	4
GEOG A180H & GEOG A180L	Physical Geography Honors and Physical Geography Lab ¹	4
GEOG A105	General Geology	3
or GEOG A105H	General Geology Honors	
GEOG A105 & A105L	General Geology and General Geology Laboratory ¹	4
GEOG A105H & GEOG A105M	General Geology Honors and General Geology Laboratory Honors ¹	4
GEOG A105H & GEOG A105L	General Geology Honors and General Geology Laboratory ¹	4
GEOG A105 & A105M	General Geology and General Geology Laboratory Honors ¹	4
GEOG A106	Earth Science for Teachers ¹	4

Course	Title	Units	Course	Title	Units
GEOL A110	Physical Geology ¹	4	MRSC A100H & MRSC A100L	Oceanography Honors and Oceanography Laboratory ¹	4
GEOL A160	Environmental Geology ¹	4	MRSC A180	Marine Biology	3
GEOL A185	Evolution of the Earth	3	MRSC A180 & A180L	Marine Biology and Marine Biology Lab ¹	4
GEOL A185 & A185L	Evolution of the Earth and Evolution of the Earth Lab ¹	4	MRSC A187	Marine Mammals	3
MRSC A185	Coastal Oceanography	3	PSYC A250	Psychobiology	3
MRSC A185 & A185L	Coastal Oceanography and Coastal Oceanography Lab ¹	4	<i>B3 Laboratory Activity</i>		
PHYS A110	Conceptual Physics ¹	3	One of the courses taken in Area B1 or B2 must include a lab.		
PHYS A130	University Physics 1 (non-majors) ¹	4	<i>B4 Mathematical Concepts</i>		
PHYS A185	Calculus Based Physics: Mechanics ¹	4	One course from the following with a grade of "C" or better:		
PHYS A280	Calculus Based Physics: Electricity/ Magnetism ¹	4	CS A262	Discrete Structures	3
PHYS A285	Calculus Based Physics: Modern ¹	4	MATH A100	Liberal Arts Mathematics	3
<i>B2 Life Science</i>			MATH A104	Mathematics for Elementary Teachers	3
ANTH A185	Physical Anthropology	3	MATH A115	College Algebra	4
or ANTH A185H	Physical Anthropology Honors		MATH A120	Trigonometry	3
ANTH A185 & A185L	Physical Anthropology and Phys Anthropology Lab ¹	4	MATH A140	Business Calculus	4
BIOL A100	Introduction to Biology ¹	4	MATH A155	Finite Mathematics with Applications	4
BIOL A100H	Introduction to Biology Honors	4	MATH A160	Introduction to Statistics	4
BIOL A101	The Biology of Cooking	4	MATH A170	Precalculus	4
BIOL A115	Introduction to the Biology of Animals	3	MATH A180	Calculus 1	4
BIOL A125	Human Biology	3	or MATH A180H	Calculus 1 Honors	
BIOL A180	Introduction to Biology for Majors 1: Cell and Molecular Biology ¹	4	MATH A182H	Calculus 1 and 2 Honors	5
BIOL A182	Zoology	3	MATH A185	Calculus 2	4
or BIOL A182H	Zoology Honors		or MATH A185H	Calculus 2 Honors	
BIOL A182 & A182L	Zoology and Zoology Lab ¹	4	MATH A230	Introduction to Discrete Mathematics	5
BIOL A183	Botany	3	MATH A235	Applied Linear Algebra	3
BIOL A183 & A183L	Botany and Botany Lab ¹	4	MATH A280	Calculus 3	4
BIOL A185	Introduction to Biology for Majors 2: Ecology, Evolution, Diversity, and Physiology ¹	5	or MATH A280H	Calculus 3 Honors	
BIOL A210	General Microbiology ¹	5	MATH A285	Introduction to Linear Algebra and Differential Equations	4
BIOL A220	Human Anatomy ¹	5	or MATH A285H	Introduction to Linear Algebra and Differential Equations Honors	
BIOL A221	Anatomy-Physiology ¹	4	MATH A290H	Introduction to Tensors and Calculus on Manifolds Honors	5
BIOL A225	Human Physiology	5	PSYC A160	Statistics for the Behavioral Sciences	4
BIOL A283	Genetics	4	Area C: Literature, Philosophy, & Foreign Language		
ESEC A100	Introduction to Environmental Science	3	A minimum of nine semester units (or 12-15 quarter units) with at least one course in C1 and one course in C2.		
or ESEC A100H	Introduction to Environmental Science Honors		<i>C1 Arts</i>		
ESEC A101	Principles of Ecology	3	ARCH A290	History of Architecture 1	3
HORT A100	Horticulture Science	3	or ARCH A290H	History of Architecture 1 Honors	
MRSC A100	Oceanography	3	ARCH A296	History of Architecture 2	3
or MRSC A100H	Oceanography Honors		or ARCH A296H	History of Architecture 2 Honors	
MRSC A100 & A100L	Oceanography and Oceanography Laboratory ¹	4	ART A100	Survey of Western Art from Prehistory Through Gothic	3
MRSC A100H & MRSC A100M	Oceanography Honors and Oceanography Laboratory Honors ¹	4	or ART A100H	Honors Survey of Western Art from Prehistory Through Gothic	
MRSC A100 & A100M	Oceanography and Oceanography Laboratory Honors ¹	4	ART A101	Survey of Western Art from Renaissance to Modern	3
			or ART A101H	Honors Survey of Western Art from Renaissance to Modern	

Course	Title	Units	Course	Title	Units
ART A102	Survey of Modern and Contemporary Art History	3	THEA A110	Theatre Laboratory Level 1	2
ART A103	Survey of Asian Art	3	<i>C2 Humanities</i>		
ART A107	Introduction To Art	3	ANTH A190	Introduction to Linguistic Anthropology	3
ART A108	Women in Art	3	CHIN A180	Elementary Chinese 1	5
ART A109	Ancient Greek Art and Architecture	3	CHIN A185	Elementary Chinese 2	5
or ART A109H	Ancient Greek Art and Architecture Honors		CMST A110	Public Speaking	3
ART A114	Art of the Ancient Americas	3	CMST A120	Reader's Theater and Oral Interpretation	3
ART A115	Art of Africa, Oceania, and Indigenous North America	3	CMST A150	Forensics Workshop	1-4
ART A120	Beginning Drawing	3	CMST A155	Intercultural Communications	3
ART A125	Perspective Drawing	3	CMST A180	Introduction to Mass Communications	3
ART A141	Sculpture 1	3	ENGL A101	Critical Reasoning: Fiction	4
ART A142	Life Sculpture 1	3	ENGL A102	Critical Reasoning: Nonfiction	3
ART A145	Exhibition Design 1	3	ENGL A119	Introduction to Creative Writing	3
ART A147	Jewelry 1	3	ENGL A141	The Bible As Literature	3
ART A150	Ceramics 1	3	or ENGL A141H	The Bible As Literature Honors	
ART A263	Watercolor 1	3	ENGL A143	Children's Literature	3
ART A269	Cartooning 1	3	or ENGL A143H	Children's Literature Honors	
DANC A200	Appreciation Of Dance	3	ENGL A147	Introduction to Science Fiction	3
DANC A230	World Dance and Culture	3	or ENGL A147H	Introduction to Science Fiction Honors	
DMAD A181	Introduction to Computer Graphics	3	ENGL A148	Film As Literature	3
FILM A100	History and Appreciation of the Cinema	3	or ENGL A148H	Film As Literature Honors	
FILM A100H	History and Appreciation of the Cinema Honors	3	ENGL A150	American Literature Before the 20th Century	3
FILM A109	Science Fiction Film	3	or ENGL A150H	American Literature Before the 20th Century Honors	
FILM A109H	Science Fiction Film Honors	3	ENGL A151	American Literature in the 20th Century	3
FILM A150	History of Radio & Television	3	or ENGL A151H	American Literature in the 20th Century Honors	
HUM A100	Introduction to the Humanities ²	3	ENGL A152	Race, Culture, and Identity in Literature	3
ID A180	History of Interior Architecture and Furnishings 1	3	or ENGL A152H	Race, Culture, and Identify in Literature Honors	
ID A190	Hist Arch/Furnishings 2	3	ENGL A156	California Literature	3
MUS A100	History and Appreciation of Western Classical Music	3	or ENGL A156H	California Literature Honors	
MUS A105	Music from Bach Up to Rock	3	ENGL A160	World Literature Through Renaissance	3
MUS A115	Fundamentals of Music	3	or ENGL A160H	World Literature Through Renaissance Honors	
MUS A116	Basic Guitar	2	ENGL A161	World Literature Since Renaissance	3
MUS A139	History of Rock Music	3	or ENGL A161H	World Literature Since Renaissance Honors	
MUS A140	Beginning Instruments	2	ENGL A168	Popular Fiction	3
MUS A143	History of Jazz	3	ENGL A170	Contemporary Literature	3
MUS A180	Theory 1	3	or ENGL A170H	Contemporary Literature Honors	
PHOT A110	Photography with a Smartphone: Theory and Practice	3	ENGL A172	Unique Topics in Literature	3
PHOT A120	Introduction to Photography	3	ENGL A173	Women Writers	3
PHOT A123	Introduction to Digital Photography	3	or ENGL A173H	Women Writers Honors	
PHOT A130	History and Aesthetics of Still Photography	3	ENGL A176	World Mythology	3
RLST A135	Religion, Spirituality and Society	3	or ENGL A176H	World Mythology Honors	
THEA A100	Introduction to Theatre	3	ENGL A179	Gender and Sexuality in Literature and Film	3
THEA A101	Introduction to History and Literature of the Theatre	3	ENGL A181	Shakespeare	3
THEA A105	Drama And Acting	3	or ENGL A181H	Shakespeare Honors	
THEA A106	Acting Fundamentals	3	ENGL A187	Introduction to Literary Theory	3
			or ENGL A187H	Introduction to Literary Theory Honors	
			ENGL A270	Survey of British Literature Before 1800	3
			or ENGL A170H	Contemporary Literature Honors	
			ENGL A275	Survey of British Literature After 1800	3

Course	Title	Units	Course	Title	Units
or ENGL A275H	Survey of British Literature After 1800 Honors		RLST A100	Introduction to Religious Studies	3
ETHS A100	Contemporary Ethnic America	3	RLST A110	World Religion	3
FREN A180	Elementary French 1	5	RLST A115	Philosophy of Religion	3
or FREN A180H	Elementary French 1 Honors		RLST A135	Religion, Spirituality and Society	3
FREN A185	Elementary French 2	5	RLST A150	Eastern Thought	3
or FREN A185H	Elementary French 2 Honors		RLST A151	Early and Western Religions	3
FREN A280	Intermediate French 1	4	SPAN A160	Spanish for Spanish Speakers 1	5
FREN A285	Intermediate French 2	4	SPAN A165	Spanish for Spanish Speakers 2	5
GRMN A180	Elementary German 1	5	SPAN A180	Elementary Spanish 1	5
GRMN A185	Elementary German 2	5	or SPAN A180H	Elementary Spanish 1 Honors	
GRMN A280	Intermediate German 1	4	SPAN A185	Elementary Spanish 2	5
GRMN A285	Intermediate German 2	4	or SPAN A185H	Elementary Spanish 2 Honors	
HIST A101	Afro-American History	3	SPAN A280	Intermediate Spanish 1	5
HIST A151	History of the Middle East to 1500	3	or SPAN A280H	Intermediate Spanish 1 Honors	
HIST A152	History of the Middle East Since 1500	3	SPAN A285	Intermediate Spanish 2	5
HIST A161	World History 1	3	VIET A180	Elementary Vietnamese 1	5
or HIST A161H	World History 1 Honors		VIET A185	Elementary Vietnamese 2	5
HIST A162	World History 2	3	Area D: Social, Political, Economic Institutions and Behavior; Historical Background		
or HIST A162H	World History 2 Honors		minimum of 6 semester units (or 9 - 12 quarter units) with courses from at least two sub areas.		
HIST A170	History of the United States to 1876	3	ANTH A100	Cultural Anthropology	3
or HIST A170H	History of the United States to 1876 Honors		or ANTH A100H	Cultural Anthropology Honors	
HIST A175	History of the United States Since 1876	3	ANTH A102	Native American	3
or HIST A175H	History of the United States Since 1876 Honors		ANTH A105	Anthropology of Nonverbal Behavior	3
HIST A176	Women In U.S. History	3	ANTH A187	Introduction to Primate Studies	3
HIST A180	Western Civilization 1	3	ANTH A190	Introduction to Linguistic Anthropology	3
or HIST A180H	Western Civilization 1 Honors		ANTH A220	Magic, Witchcraft, and Religion	3
HIST A185	Western Civilization 2	3	ANTH A280	Introduction to Archaeology	3
or HIST A185H	Western Civilization 2 Honors		CMST A155	Intercultural Communications	3
HUM A100	Introduction to the Humanities ²	3	CMST A165	Men, Women, and Communication	3
HUM A101H	Themes in Humanities Honors	3	COUN A107	Chicana/o & Latina/o Experience and Success in Higher Education	3
ITAL A180	Elementary Italian 1	5	or COUN A107H	Chicana/o & Latina/o Experience and Success in Higher Education Honors	
ITAL A185	Elementary Italian 2	5	ECON A100	Economics: General Concepts	3
ITAL A280	Intermediate Italian 1	5	ECON A110	Consumer Economics	3
ITAL A285	Intermediate Italian 2	5	ECON A170	Microeconomics	3
JAPN A180	Elementary Japanese 1	5	or ECON A170H	Microeconomics Honors	
JAPN A185	Elementary Japanese 2	5	ECON A175	Macroeconomics	3
JAPN A185H	Elementary Japanese 2 Honors	5	or ECON A175H	Macroeconomics Honors	
JAPN A280	Intermediate Japanese 1	5	ETHS A100	Contemporary Ethnic America	3
JAPN A285	Intermediate Japanese 2	5	ETHS A150	Ethnic Groups in the U.S.: Their Histories	3
MATH A220	Introduction to Symbolic Logic	3	ETHS A190	The Ethnic Family	3
PHIL A100	Introduction to Philosophy	3	GNDR A100	Introduction to Gender Studies	3
PHIL A115	Philosophy of Religion	3	GNDR A130	Women, Politics, and Inequality	3
PHIL A118	Aesthetics/Philosophy of Art	3	GNDR A165	Men, Women, and Communication	3
PHIL A120	Ethics	3	GNDR A187	Women in History	3
PHIL A125	History of Ancient Philosophy	3	GEOG A100	World Regional Geography	3
PHIL A165	The Theory of Knowledge	3	or GEOG A100H	World Regional Geography Honors	
PHIL A185	Contemporary Philosophy	3	GEOG A150	California Geography	3
PHIL A220	Introduction to Symbolic Logic	3	GEOG A185	Cultural Geography	3
PHOT A101	Photography and Society	3			
PORT A180	Elementary Portuguese 1	5			
PORT A185	Elementary Portuguese 2	5			

Course	Title	Units	Course	Title	Units
GLST A101	Introduction to Global Studies	3	SOC A150	Introduction to Race and Ethnicity	3
GLST A102	Introduction to Global Issues	3	SOC A185	Analysis of Social Problems	3
HLED A122	Drugs, Health and Society	3	or SOC A185H	Analysis of Social Problems Honors	
HIST A101	Afro-American History	3	SOC A200	Introduction to Research Methods	3
HIST A150	Ethnic Groups of the United States: Their Histories	3	Area E: Life Long Learning and Self-Development		
HIST A151	History of the Middle East to 1500	3	Three semester units (or four-five quarter units); no more than one unit of activity courses.		
HIST A152	History of the Middle East Since 1500	3	<i>Non-Activity</i>		
HIST A161H	World History 1 Honors	3	ANTH A105	Anthropology of Nonverbal Behavior	3
or HIST A161H	World History 1 Honors		CMST A100	Interpersonal Communication	3
HIST A162H	World History 2 Honors	3	CMST A170	Nonverbal Communication	3
or HIST A162H	World History 2 Honors		COS A180	Life Management	3
HIST A170	History of the United States to 1876	3	COUN A104	Career & Life Planning: A Holistic Approach	3
or HIST A170H	History of the United States to 1876 Honors		COUN A105	Strategies for College Success	3
HIST A175	History of the United States Since 1876	3	COUN A107	Chicana/o & Latina/o Experience and Success in Higher Education	3
or HIST A175H	History of the United States Since 1876 Honors		or COUN A107H	Chicana/o & Latina/o Experience and Success in Higher Education Honors	
HIST A176	Women In U.S. History	3	COUN A109	Developing and Understanding Happiness	3
HIST A180	Western Civilization 1	3	COUN A110	Applied Stress Management	2
or HIST A180H	Western Civilization 1 Honors		COUN A120	Career Decision Making/Accelerated	2
HIST A185	Western Civilization 2	3	COUN A135	Principles of Effective Parenting	3
or HIST A185H	Western Civilization 2 Honors		DANC A113	Pointe Work	1-2
HIST A187	Women in History	3	ECON A110	Consumer Economics	3
HIST A195	History of England and Greater Britain	3	EMS A100	Emergency Medical Responder	4
HMDV A180	Child Growth and Development	3	FN A136	Nutrition, Fitness and Performance	3
PSCI A101	Survey of Current Issues	3	FN A140	Introduction to Nutrition Concepts	2
PSCI A110	International Relations	3	FN A170	Nutrition	3
PSCI A180	American Government	3	HLED A100	Personal Health Education	3
or PSCI A180H	American Government Honors		HLED A122	Drugs, Health and Society	3
PSCI A185	Comparative Politics	3	HLED A270	Fitness and Health	3
PSCI A188	Introduction to Political Theory	3	HMDV A180	Child Growth and Development	3
PSCI A190	Introduction to American Legal System	3	KIN A202	Introduction to Kinesiology	3
PSCI A200	Introduction to Political Science	3	KIN A118	Strength and Conditioning Level 2	0.5-3
PSYC A100	Introduction to Psychology	3	KIN A119	Cardiovascular Training and Strength Development Level 2	0.5-3
or PSYC A100H	Introduction to Psychology Honors		KIN A177	Adapted Yoga	0.5-1.5
PSYC A105	Psychology of Women	3	KIN A218	Strength and Conditioning Level 4	0.5-3
PSYC A130	Life Span Developmental Psychology	3	KIN A225	Self Defense for Women Level 2	1-2
PSYC A165	Principles of Human Sexuality 1	3	KIN A256	Rock Climbing Level 2	1-2
PSYC A185	Principles of Psychology	3	KIN A270	Fitness and Health	3
PSYC A190	Cross-Cultural Psychology	3	KIN A271	Drugs & Sports	3
or PSYC A190H	Cross-Cultural Psychology Honors		PSYC A105	Psychology of Women	3
PSYC A220	Psychology of Personality	3	PSYC A110	Psychology of Adjustment	3
PSYC A255	Abnormal Psychology	3	PSYC A130	Life Span Developmental Psychology	3
PSYC A260	Social Psychology	3	PSYC A165	Principles of Human Sexuality 1	3
PSYC A270	Psychology of Learning	3	PUBH A100	Personal Health	3
PSYC A280	Introduction to Experimental Methods	4	PSYC A200	Positive Psychology	3
SJS A101	Introduction to Race and Ethnicity	3	PUBH A202	Drugs, Health, and Society	3
SJS A102	Social Justice and Activism	3	<i>Activity</i>		
SOC A100	Introduction to Sociology	3	ATHL A109	Sports Conditioning	0.5-2.5
or SOC A100H	Introduction to Sociology Honors		ATHL A119	Athletic Team Training	0.5-5
SOC A110	Introduction to Dating, Relationships, and Marriage	3			

Course	Title	Units	Course	Title	Units
ATHL A222	Pep Squad	3	DANC A147	Flamenco Dance 2	0.5-2
ATHL A235	Basketball Team - Women's	3	DANC A148	Mid-Eastern Dance 2	0.5-2
ATHL A236	Cross Country Team - Women's	3	DANC A149	Hip-Hop Dance I	0.5-2
ATHL A238	Crew Team - Women's	3	DANC A150	Dance Improvisation I	1
ATHL A240	Soccer Team - Women's	3	DANC A152	Pilates Apparatus & Mat Work Level 1	1-2
ATHL A241	Fastpitch Team	3	DANC A153	Pilates Apparatus & Mat Work Level 2	1-2
ATHL A242	Swimming Team - Women's	3	DANC A155	Latin Dance Styles II	1
ATHL A243	Tennis Team - Women's	3	DANC A156	Polynesian Dance	1
ATHL A244	Track and Field Team - Women's	3	DANC A158	African Dance and Drumming II	1
ATHL A245	Volleyball Team - Women's	3	DANC A159	Hip-Hop Dance II	1
ATHL A246	Water Polo Team - Women's	3	DANC A171	Modern Dance Basics	2
ATHL A250	Baseball Team	3	DANC A172	Ballet Dance Basics	2
ATHL A251	Basketball Team - Men's	3	DANC A173	Jazz Dance Basics	2
ATHL A252	Crew Team - Men's	3	DANC A174	Tap Dance Basics	1
ATHL A253	Cross Country Team - Men's	3	DANC A201	Rehearsal and Performance I	1
ATHL A254	Football Team	3	DANC A202	Rehearsal and Performance II	1
ATHL A255	Golf Team - Men's	3	DANC A203	Performing Dance Ensemble I	3
ATHL A257	Soccer Team - Men's	3	DANC A208	Pilates 3-4	1.5-3
ATHL A258	Swimming Team - Men's	3	DANC A211	Repertoire I	1-4
ATHL A259	Tennis Team - Men's	3	DANC A212	Repertoire II	1-4
ATHL A260	Track and Field Team - Men's	3	DANC A223	Performing Dance Ensemble II	3
ATHL A261	Volleyball Team - Men's	3	DANC A243	Jazz IV	2
ATHL A263	Water Polo Team - Men's	3	DANC A244	Ballet IV	2
DANC A101	Modern Dance 1	0.5-2	DANC A245	Modern IV	2
DANC A102	Modern 2	0.5-2	DANC A246	Tap IV	1
DANC A106	Strength and Stretch	1-2	DANC A248	Mid-Eastern Dance 3	1
DANC A107	Conditioning for Dance	0.5-2	DANC A250	Dance Improvisation II	1
DANC A108	Pilates Mat Work	1-2	DANC A253	Preparation for Audition - Jazz	2
DANC A110	Ballet 1	0.5-2	DANC A254	Preparation for Audition - Ballet	2
DANC A111	Ballet 2	0.5-2	DANC A255	Preparation for Audition - Modern	2
DANC A113	Pointe Work	1-2	DANC A256	Preparation for Audition - Tap	1
DANC A115	Yoga For Dancers	0.5-2	KIN A105	Cardiovascular Fitness	0.5-2.5
DANC A116	Latin Dance Styles I	0.5-2	KIN A106	Weight Training Level 1	1-2
DANC A117	American Social Dance Styles	0.5-2	KIN A107	Fitness Programs I	0.5-3
DANC A118	Movement for Longevity	1-2	KIN A108	Strength and Conditioning	0.5-3
DANC A120	Jazz Dance 1	0.5-2	KIN A110	Walking for Fitness Level 1	1-2
DANC A121	Jazz Dance 2	0.5-2	KIN A111	Step Cardio & Core Level 1	1-2
DANC A125	Tap 1	0.5-2	KIN A112	Body Sculpting Level 1	1-1.5
DANC A126	Tap 2	0.5-2	KIN A115	Cross Training Level 1	1-2
DANC A129	Pilates Methodology	3	KIN A116	Triathlon Techniques	2.5
DANC A130	Mid-Eastern Dance 1	0.5-2	KIN A126	Aikido	0.5-1.5
DANC A133	Intro To World Dance	0.5-2	KIN A127	Karate	0.5-1.5
DANC A135	Flamenco Dance 1	0.5-2	KIN A128	Hatha Yoga - Level I	0.5-1.5
DANC A137	Classical Danc of India	0.5-2	KIN A129	T'ai Chi Chih	0.5-2
DANC A138	African Dance and Drumming I	0.5-2	KIN A130	Aqua Fitness	0.5-1.5
DANC A139	Gyrokinesis	0.5-2	KIN A131	Swimming for Fitness Level 1	1-2
DANC A142	Folk Dance	0.5-2	KIN A132	Swimming Level 1	1-2
DANC A143	Jazz Dance III	2	KIN A137	Introduction to Keel Boats	1
DANC A144	Ballet III	2	KIN A138	Introduction to Ocean Sailing	1
DANC A145	Modern Dance III	2	KIN A139	Kayaking	0.5-1.5
DANC A146	Tap III	1	KIN A140	Outrigger Canoeing	0.5-1.5

Course	Title	Units
KIN A141	Surfing and Ocean Safety Level 1	2
KIN A145	Badminton Level 1	0.5,1
KIN A146	Tennis Level 1	1-1.5
KIN A147	Table Tennis Level 1	1-2
KIN A150	Basketball	0.5-1.5
KIN A151	Futsal/Indoor Soccer Level 1	1-2
KIN A152	Soccer Level 1	1-2
KIN A153	Golf Level 1	1-2
KIN A154	Volleyball Level 1	1-1.5
KIN A155	Bowling Level 1	1-2
KIN A156	Rock Climbing Level 1	0.5-2
KIN A157	Sand Volleyball	1-2
KIN A170	Adapted Strength Training	0.5-1.5
KIN A171	Adapted Individual Sports - Bowling	0.5-1.5
KIN A172	Adapted Aquatics	0.5-1.5
KIN A173	Adapted Strength and Balance	0.5-1.5
KIN A174	Adapted Cardiovascular Fitness	0.5-1.5
KIN A175	Adapted Aerobic Exercise	0.5-1.5
KIN A176	Adapted Stretching	0.5-1.5
KIN A207	Fitness Programs II	0.5-3
KIN A208	Strength and Conditioning Level 3	0.5-3
KIN A211	Step Cardio and Core Level 2	1-2
KIN A212	Body Sculpting Level 2	1-1.5
KIN A215	Cross Training Level 2	1-2
KIN A228	Hatha Yoga Level II	0.5-1.5
KIN A231	Swimming for Fitness - Level 2	1-2
KIN A232	Swimming Level 2	1-2
KIN A241	Surfing and Ocean Safety Level 2	2
KIN A246	Tennis Level 2	1-1.5
KIN A247	Table Tennis - Level 2	1-2
KIN A251	Futsal/Indoor Soccer Level 2	1-2
KIN A252	Soccer Level 2	1-2
KIN A253	Golf Level 2	1-2
KIN A254	Volleyball Level 2	1-1.5
KIN A271	Drugs & Sports	3
KIN A282	Introduction to Exercise Physiology	3
MARA A136	Introduction to Sailing	1
MARA A137	Intermediate Sailing - Intro to Keel Boats	1
MARA A138	Introduction to Ocean Sailing	1
MARA A139	Kayaking	0.5-1.5

History of the United States Since 1876 or HIST A175H History of the United States Since 1876 Honors, in Area D and PSCI A180 American Government or PSCI A180H American Government Honors in Area D will fulfill this requirement.

Area F: Ethnic Studies

A minimum of 3 semester units (or four-five quarter units).

ETHS A100	Contemporary Ethnic America	3
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¹ Lab course

² Course will satisfy either C1 or C2

American Institutions Requirement (*Not part of CSU General Education Breadth. May be completed prior to transfer.*) In addition to the General Education Requirements listed above, all students must complete coursework in American History and Constitution for graduation from CSU. Completion of HIST A170 History of the United States to 1876 or HIST A170H History of the United States to 1876 Honors, HIST A175