

# PUBLIC HEALTH (PUBH)

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**PUBH A001N** 72 Hours (54 lecture hours; 18 lab hours)

## Community Health Worker I

**Grading Mode:** P/NP/SP Noncredit, Letter Noncredit

Not Transferable.

This course focuses on the core competencies of Community Health Workers (CHWs) relating to their role in the community and their responsibilities in serving it. They will learn the importance of health promotion education, disease prevention efforts of public health, and strategies for physical and emotional wellness. The students will be introduced to the principles and research methods of Public Health and develop the skills to navigate the U.S. healthcare insurance system to reduce health disparities in our communities. Noncredit. NOT DEGREE APPLICABLE.

**PUBH A002N** 54 Hours (36 lecture hours; 18 lab hours)

## Community Health Worker II

**Grading Mode:** P/NP/SP Noncredit, Letter Noncredit

Not Transferable.

The focus of this course is to describe and explain diversity in all its forms to address community health disparities. Care coordination skills and knowledge will be introduced to support clients and promote their own well-being. The lab portion of the course provides a space to practice culturally centered interpersonal communication skills. Motivational interviewing techniques will be taught and practiced preparing trainees for informal interviews with their clients. Noncredit. NOT DEGREE APPLICABLE.

**PUBH A003N** 144 Hours (36 lecture hours; 108 other hours)

## Community Health Worker III

**Prerequisite(s):** PUBH A001N and PUBH A002N or concurrent enrollment.

**Grading Mode:** P/NP/SP Noncredit, Letter Noncredit

Not Transferable.

The Community Health Workers (CHWs) III course focuses on developing the professional skills needed to succeed in the field while working independently or for a healthcare agency. Emphasis is given on self-care, resilience, and conflict resolution. CHWs come into direct contact with a diverse group of individuals and families and witness dysfunctional relationships that can impact their health and well-being. In this course, students will also learn how to build strong alliances with community partners and remain current on their field as a means to better serve the community. To complete the certificate, students must practice their skills through a 120-hour supervised internship to gain field experience. Noncredit. NOT DEGREE APPLICABLE.

**PUBH A004N** 90 Hours (54 lecture hours; 36 lab hours)

## Community Health Worker Supervisor

**Advisory:** PUBH A001N, PUBH A002N, and PUBH A003N; Prior to transitioning to a supervisor position, it is highly recommended that students have at least two years of experience working as CHWs.

**Grading Mode:** P/NP/SP Noncredit, Letter Noncredit

Not Transferable.

This course focuses on Community Health Worker Supervisors' (CHW-S) core competencies relating to their role in effectively supervising CHWs and their responsibilities. They will learn how to hire and supervise CHWs, develop effective communication techniques, and address common challenges specifically related to supervising CHWs.