# **PUBLIC HEALTH (PUBH)**

#### PUBH A001N

## 72 Hours (54 lecture hours; 18 lab hours)

Community Health Worker I Grading Mode: P/NP/SP Non-Credit, Letter Non-Credit Not Transferable.

This course focuses on the core competencies of Community Health Workers (CHWs) relating to their role in the community and their responsibilities in serving it. They will learn the importance of health promotion education, disease prevention efforts of public health, and strategies for physical and emotional wellness. The students will be introduced to the principles and research methods of Public Health and develop the skills to navigate the U.S. healthcare insurance system to reduce health disparities in our communities. Noncredit. Pass/No Pass/Satisfactory Progress or Noncredit Letter Grade. NOT DEGREE APPLICABLE.

#### PUBH A002N

54 Hours (36 lecture hours; 18 lab hours)

Community Health Worker II Grading Mode: P/NP/SP Non-Credit, Letter Non-Credit Not Transferable.

The focus of this course is to describe and explain diversity in all its forms to address community health disparities. Care coordination skills and knowledge will be introduced to support clients and promote their own well-being. The lab portion of the course provides a space to practice culturally centered interpersonal communication skills. Motivational interviewing techniques will be taught and practiced preparing trainees for informal interviews with their clients. Noncredit. Pass/No Pass/Satisfactory Progress or Noncredit Letter Grade. NOT DEGREE APPLICABLE.

### PUBH A003N 54 Hours (36 lecture hours; 18 lab hours) Community Health Worker III

Prerequisite(s): PUBH A001N and PUBH A002N or concurrent enrollment.

Grading Mode: P/NP/SP Non-Credit, Letter Non-Credit Not Transferable.

The Community Health Workers (CHWs) III course focuses on developing the professional skills needed to succeed in the field while working independently or for a healthcare agency. Emphasis is given on self-care, resilience, and conflict resolution. CHWs come into direct contact with a diverse group of individuals and families and witness dysfunctional relationships that can impact their health and well-being. In this course, students will also learn how to build strong alliances with community partners and remain current on their field as a means to better serve the community. To complete the certificate, students must practice their skills through a supervised 20-hour field experience. Noncredit. Pass/ No Pass/Satisfactory Progress or Noncredit Letter Grade. NOT DEGREE APPLICABLE.