

# COUNSELING (COUN)

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COUN A035N

54 Hours (54 lecture hours)

**Effective Parenting**

**Grading Mode:** P/NP/SP Noncredit

Not Transferable.

Designed for students who are interested in improving parenting skills and promoting healthy functioning in the context of all relationships. The course focuses on developing healthier interpersonal relationships that ultimately increase self-awareness and self-esteem which are essential to effective parenting and personal success. NOT DEGREE APPLICABLE.