

PSYCHOLOGY (PSYC)

PSYC A100 3 Units (54 lecture hours)

Introduction to Psychology

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course is a scientific study of mental processes and behavior. The following psychology topics are explored: methodology, physiology, sensation, perception, states of consciousness, learning, memory, intelligence, thought, language, development, motivation, emotion, sexuality, health, stress, personality, abnormal disorders, and therapies. This course may also be offered online. May be taken for grades or on a pass-no pass basis. **C-ID:** PSY 110.

PSYC A100H 3 Units (54 lecture hours)

Introduction to Psychology Honors

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course is a scientific study of mental processes and behavior. The following psychology topics are explored: methodology, physiology, sensation, perception, states of consciousness, learning, memory, intelligence, thought, language, development, motivation, emotion, sexuality, health, stress, personality, abnormal disorders, and therapies. May be taken for grades or on a pass-no pass basis. **C-ID:** PSY 110.

PSYC A105 3 Units (54 lecture hours)

Psychology of Women

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Evaluates traditional theories of the psychology of women and how they relate to women today. Will examine what science has taught us about the nature of women and how their psychology is both similar to and different from that of men. Topics include communication styles, social relationships, body image, sexuality, motherhood, work, and physical and mental health. May be taken for grades or on a pass-no pass basis.

PSYC A110 3 Units (54 lecture hours)

Psychology of Adjustment

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

The study of concepts and principles of personal and social adjustment. Theories (e.g., biological, psychodynamic, behavioral, cognitive, humanistic) of healthy adjustment are explored and coupled with personal discipline and responsibility of the individual student. The material is geared to be relevant and applicable to contemporary society. May be taken for grades or on a pass-no pass basis.

PSYC A125 4 Units (72 lecture hours)

Introduction to Counseling Psychology

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

Designed for students who seek to acquire a basic understanding of counseling psychology and helping roles in the mental health profession. Theoretical and practical approaches to treating emotionally, developmentally, and cognitively impaired clients will be explored within the context of the rehabilitation and recovery model and other treatment models. May be taken for grades or on a pass-no pass basis.

PSYC A130 3 Units (54 lecture hours)

Life Span Developmental Psychology

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU, UC.

Psychological study of human development across the lifespan from prenatal development through childhood, adolescence, adulthood, and dying. Theories and research of physical, cognitive, personality, and social development are examined, as well as attention to developmental problems. Institutions impacting each stage of development also addressed. May be taken for grades or on a pass-no pass basis. **C-ID:** PSY 180.

PSYC A160 4 Units (72 lecture hours)

Statistics for the Behavioral Sciences

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course emphasizes the calculation, interpretation, and application of descriptive and inferential statistics in the behavioral sciences. Topics include research methods, mathematical concepts, distributions, estimation, correlation, regression, sampling and probability, hypothesis testing, z and t Tests, ANOVA, and nonparametric tests. Students completing MATH A160 may petition for alternative credit for PSYC A160. May be taken for grades or on a pass-no pass basis. **C-ID:** MATH 110.

PSYC A165 3 Units (54 lecture hours)

Principles of Human Sexuality 1

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Interdisciplinary approach to psychological, social, and physiological aspects of sexuality. Same as Sociology A165. Students completing Psychology A165 may not receive credit for Sociology A165. May be taken for grades or on a pass-no pass basis.

PSYC A185 3 Units (54 lecture hours)

Principles of Psychology

Prerequisite(s): PSYC A100 or PSYC A100H.

Grading Mode: Standard Letter

Transfer Credit: CSU; UC.

This course emphasizes contemporary interests, recent discoveries, and classic studies in psychology, with attention to developmental psychology, physiological psychology, abnormal psychology and the other subfields.

<p>PSYC A190 Cross-Cultural Psychology Grading Mode: Standard Letter Transfer Credit: CSU, UC</p>	<p>3 Units (54 lecture hours)</p>	<p>PSYC A220 Psychology of Personality Prerequisite(s): PSYC A100 or PSYC A100H.</p>	<p>3 Units (54 lecture hours)</p>
<p>This course is an introduction to essential theories and research in cross-cultural psychology. The course will explore how culture influences human behavior and psychological processes including cognition, lifespan development, emotion, language, personality, mental health, self concept, and social behavior. Topics include identity development, worldview, stereotypes, prejudice, discrimination, enculturation, acculturation, cultural competence, and mental health, with particular emphasis placed on the influence of race, ethnicity, sex, gender, disability, socioeconomic status, nationality, sexual orientation, and religion. Examination of these topics will prepare students to more fully engage in an increasingly diverse society where cross-cultural contact is a routine occurrence.</p>		<p>Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC.</p> <p>A survey of classical and contemporary personality theories, research, and applications. This course may also be offered online. May be taken for grades or on a pass-no pass basis.</p>	
<p>PSYC A190H Cross-Cultural Psychology Honors Grading Mode: Standard Letter Transfer Credit: CSU, UC</p>	<p>3 Units (54 lecture hours)</p>	<p>PSYC A250 Psychobiology Prerequisite(s): PSYC A100 or PSYC A100H.</p>	<p>3 Units (54 lecture hours)</p>
<p>This course is an introduction to essential theories and research in cross-cultural psychology. The course will explore how culture influences human behavior and psychological processes including cognition, lifespan development, emotion, language, personality, mental health, self concept, and social behavior. Topics include identity development, worldview, stereotypes, prejudice, discrimination, enculturation, acculturation, cultural competence, and mental health, with particular emphasis placed on the influence of race, ethnicity, sex, gender, disability, socioeconomic status, nationality, sexual orientation, and religion. Examination of these topics will prepare students to more fully engage in an increasingly diverse society where cross-cultural contact is a routine occurrence.</p>		<p>Advisory: ENGL A100.</p> <p>Grading Mode: Standard Letter Transfer Credit: CSU; UC.</p> <p>This course is an examination of the relationships between the brain and behavior and their application to self-management. The anatomy and physiology of the following will be explored: neurological disorders and their treatments, sensation, perception, sexuality, drug use, emotion, sleep, learning, memory, and internal bodily states. This course may also be offered online. C-ID: PSY 150.</p>	
<p>PSYC A199 Current Topics in Psychology Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU.</p>	<p>0.5-3 Units (9-54 lecture hours)</p>	<p>PSYC A255 Abnormal Psychology Prerequisite(s): PSYC A100 or PSYC A100H.</p>	<p>3 Units (54 lecture hours)</p>
<p>Study and discussion of topics and issues of current interest in psychology. Units vary according to topic selected, semester offered, and number of meetings scheduled. May be taken for grades or on a pass-no pass basis.</p>		<p>Advisory: ENGL A100.</p> <p>Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC.</p> <p>A survey of abnormal psychology, models of abnormal behavior, assessment and classification of psychological disorders, etiology and treatment, and legal and ethical issues. This course emphasizes a critical thinking approach for understanding content in the context of a culturally diverse society. C-ID: PSY 120.</p>	
<p>PSYC A200 Positive Psychology Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU.</p>	<p>3 Units (54 lecture hours)</p>	<p>PSYC A260 Social Psychology Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC.</p>	<p>3 Units (54 lecture hours)</p>
<p>Focus on presenting practical ways to promote and maintain well-being and happiness by managing emotions, strengthening positive character traits, and fostering better relationships. Topics include compassion, mindfulness, creativity and flow, self-knowledge, self-esteem, love, parenting, friendships, work ethics and achievement, spirituality, tolerance, resilience and humor. May be taken for grades or on a pass-no pass basis.</p>		<p>Topics explored include self-perceptions, attitudes and behavior, group influence and persuasion, attraction and relationships, stereotypes, prejudice, aggression, helping, and the application of social psychology to health, business, and law. This course may also be offered online. May be taken for grades or on a pass-no pass basis.</p>	
<p>PSYC A270 Psychology of Learning Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC.</p>	<p>3 Units (54 lecture hours)</p>	<p>PSYC A270 Psychology of Learning Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC.</p> <p>Investigates types of learning, the background and research that led to their discovery, and current models of learning, memory, and problem solving. Critical and analytical thinking applied to instances of everyday learning and memory. May be taken for grades or on a pass-no pass basis.</p>	

