

# NUTRITION CARE (NC)

**NC A100** 1 Unit (18 lecture hours; 9 lab hours)

## Careers-Dietetics/Fdsci

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

Exploration of the fields of Dietetics and Food Science/Culinology, including trends, future projections and employment opportunities. Guest speakers and field trips to nutrition services in health care and community agencies and food manufacturing plants are included. Same as Food and Nutrition A100. Students completing Nutrition Care A100 may not receive credit for Food and Nutrition A100.

**NC A175** 4 Units (27 lecture hours; 150 lab hours)

## Health Care Field Experience

**Prerequisite(s):** FSM A150; FN A170; and NC A180 or concurrent enrollment.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

Importance and scope of providing food and nutrition services in health care or community facilities to include clinical experience. Team concept approach and public relations will be emphasized. Students will be required to follow dress standards set by the facility in which they are working. TB clearance required. Lecture, Lab.

**NC A180** 3 Units (36 lecture hours; 36 lab hours)

## Introduction to Medical Nutrition Therapy

**Prerequisite(s):** FN A170 or FN A136 or HLED A136.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

The principles of nutrition as they relate to special and abnormal physical conditions and diseases and the dietary modifications necessary. Healthcare diets are studied and planned.

**NC A280** 2 Units (18 lecture hours; 54 lab hours)

## Intermediate Nutrition Care

**Prerequisite(s):** NC A180.

**Co-requisite(s):** NC A281.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

Nutrition education principles and techniques for individual, family, and small group instruction in normal and preventive nutrition care. Consideration is given to community and cultural influences on nutrition.

**NC A281** 3 Units (9 lecture hours; 150 other hours)

## Supervised Practice 1

**Co-requisite(s):** NC A280.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

Supervised clinical practice in community agencies and schools dealing with nutritional aspects of dietary evaluation, nutrition education and counseling. Students will be required to follow dress standards set by the facility.

**NC A285** 2 Units (18 lecture hours; 54 lab hours)

## Advanced Nutrition Care

**Prerequisite(s):** NC A281.

**Co-requisite(s):** NC A286.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

Advanced application of knowledge and skills related to food service management and the nutrition care process in preparation for entry-level practice as dietetic technicians in health care facilities.

**NC A286** 3 Units (9 lecture hours; 150 other hours)

## Supervised Practice 2

**Co-requisite(s):** NC A285.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

Supervised practice in food service management and nutrition care in acute medical care facility. Rotation through the various job responsibilities of the dietetic technician. Students will be required to follow dress standards set by the facility.