

# DANCE (DANC)

## DANC A101 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours) Modern Dance 1

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

Offers instruction in movement vocabulary and technical skills necessary to prepare the body as an instrument of expression in modern dance. This dance style began in the United States in the early 1930's as a "modern expression" of American themes, personal and artistic ideas. The style has continued to evolve to include dance themes expressive of contemporary times. This course offers instruction at the beginning level. May be taken for grades or on a pass-no pass basis. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

## DANC A102 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours) Modern 2

**Advisory:** DANC A101 or successful audition.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

Offers instruction in movement vocabulary and technical skills necessary to prepare the body as an instrument of expression in modern dance. This dance style began in the United States in the early 1930's as a "modern expression" of American themes, personal and artistic ideas. The style has continued to evolve to include dance themes expressive of contemporary times. This course offers instruction at the intermediate level. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

## DANC A106 1-2 Units (9-18 lecture hours; 27-54 lab hours) Strength and Stretch

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

Strength and flexibility exercises and their application to dance technique will be selected to target major muscle groups that need maximum efficiency and range of motion. The course will address both the adaptation of exercises to the individual for maximum benefit and application to movement patterns. Also applicable to any sport. May be taken for grades or on a pass-no pass basis. This course may be taken two times.

## DANC A107 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours) Conditioning for Dance

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

A program combining skills from dance and exercise designed to improve alignments, strength, flexibility, coordination, balance and endurance for greater technical ability in dance and other athletic studies. May be taken for grades or on a pass-no pass basis. This course may be taken four times.

## DANC A108 1-2 Units (9-18 lecture hours; 27-54 lab hours) Pilates Mat Work

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

A course in alignment and correctives work based on concepts and exercises developed by Joseph H. Pilates. The focus is on mat work exercises for improved body alignment, strength, flexibility, control, coordination, and breathing. May be taken for grades or on a pass-no pass basis.

## DANC A110 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours) Ballet 1

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

Introduces and develops movement principles and skills necessary for the study of classical ballet. Course will include ballet terminology, use of 'turnout' positions of feet and legs, alignment of spine and placement of weight at the barre, in center floor and traveling patterns. Instruction is at the beginning level. May be taken for grades or on a pass-no pass basis. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

## DANC A111 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours) Ballet 2

**Advisory:** DANC A110 or successful audition.

**Grading Mode:** Standard Letter, Pass/No Pass, Conversion  
**Transfer Credit:** CSU, UC.

Introduces and develops movement principles and skills necessary for the study of classical ballet. Course will include ballet terminology, use of "turnout" positions of feet and legs, alignment of spine and placement of weight at the barre, in center floor and traveling patterns. Instruction is at the intermediate level. May be taken for grades or on a pass-no pass basis. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

## DANC A113 1-2 Units (9-18 lecture hours; 27-54 lab hours) Pointe Work

**Advisory:** Intermediate level ballet technique, validated in class during the first week of the course.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU, UC.

A course teaching the technique and movement skills needed to perform classical ballet on 'pointe'. Includes preparation and care of pointe shoes. May be taken for grades or on a pass-no pass basis.



**DANC A129 3 Units (54 lecture hours; 18 lab hours)****Pilates Methodology**

**Advisory:** Intermediate to advanced level skills in Pilates technique, validated during the first week of the course.

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU.

Designed for Pilates students to learn how to teach classes in Pilates techniques and dance conditioning for adults or teens in a variety of settings. This class covers assessment, goal setting, lesson plans, communication, cueing, precautions, and modifications for Pilate's clients. May be taken for grades or on a pass-no pass basis.

**DANC A130 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)****Mid-Eastern Dance 1**

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU; UC.

A technique course emphasizing the social and stage dances from the region designated as the Near and Middle East. Incorporates choreography, improvisation, movement vocabulary and styling, and finger cymbal playing. Instruction at the beginning and intermediate levels. May be taken for grades or on a pass-no pass basis.

**DANC A133 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)****Intro To World Dance**

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU; UC.

An introductory course designed to survey dances of selected world dance cultures. Through movement experiences and lecture, students will gain the technique and understanding necessary to perform the selected dances. May be taken for grades or on a pass-no pass basis..

**DANC A135 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)****Flamenco Dance 1**

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU; UC.

A technique course in the study of various dance forms and rhythms in flamenco dance. Emphasizes on proper alignment, rhythm, footwork and arm work within a flamenco dance movement form. May be taken for grades or on a pass-no pass basis.

**DANC A137 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)****Classical Danc of India**

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU; UC.

A beginning level course that teaches the footwork, gestures, movement, music and history of Bharata Natyam dance style from Southern India. Includes lectures and field trips to introduce students to Indian culture and rituals. For dancers and non-dancers. May be taken for grades or on a pass-no pass basis.

**DANC A138 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)****African Dance and Drumming I**

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU; UC.

A movement course designed to teach traditional and contemporary dances of various African cultures. Includes rhythms, song forms, use of costume pieces, and information on the integral link between dance, chant and social/religious aspects of African cultures. May be taken for grades or on a pass-no pass basis.

**DANC A139 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)****Gyrokinesis**

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU; UC.

Designed for beginning level students, this course will present an introduction to Gyrokinesis®, an important component of the Juliu Horvath Method. The entire body is worked through fluid exercises focusing on the natural directions of spinal movements and joint articulations. The course will involve participatory labs and skills demonstrations. May be taken for grades or on a pass-no pass basis.

**DANC A142 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)****Folk Dance**

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU.

Emphasis on the knowledge of folk dance and the background which shapes the origins, themes and style of the dance. Fundamental elements of dance, rhythms and information about the link between dance and its cultural background. One particular culture will be focused on each semester. Topics may include folk dances from South America, North America, Europe, the Middle East and Asia. May be taken for grades or on a pass-no pass basis.

**DANC A143 2 Units (18 lecture hours; 54 lab hours)****Jazz Dance III**

**Advisory:** DANC A121 or successful audition.

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU; UC.

This course offers Jazz dance instruction for dancers at the high intermediate level. It includes thorough warm up exercises, technique, vocabulary skills and concepts to prepare the body as an instrument of expression in Jazz dance, with emphasis on lyrical and contemporary techniques. Students should be prepared to participate at the first class meeting. May be taken for grades or on a pass-no pass basis. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A144**                      **2 Units (18 lecture hours; 54 lab hours)**  
**Ballet III****Advisory:** DANC A111 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course in classical ballet, emphasizing movement skills at the barre, in center floor and traveling patterns. Instruction is at the high intermediate level. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A145**                      **2 Units (18 lecture hours; 54 lab hours)**  
**Modern Dance III****Advisory:** DANC A102 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course offers modern dance instruction for dancers at the high intermediate level. It includes thorough warm up exercises, technique, vocabulary skills and concepts to prepare the body as an instrument of expression in modern dance, with emphasis on traditional and contemporary techniques. Course may be taken for a letter grade or on a pass/no-pass basis. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A146**                      **1 Unit (9 lecture hours; 27 lab hours)**  
**Tap III****Advisory:** DANC A126 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course offers tap dance instruction at the high intermediate level, teaching techniques based on the style known as rhythm tap, emphasizing low to the ground, syncopated footwork, fundamental skills and rhythms, time steps, short combinations, and styling. Students should be prepared to participate at the first class meeting. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A147**                      **0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**  
**Flamenco Dance 2****Advisory:** DANC A135 or successful audition, validated in class during the first week of the course.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course in the study of various dance forms and rhythms in flamenco dance. Emphasizes on proper alignment, rhythm, footwork and arm work within a flamenco dance movement form at an intermediate and advanced level. May be taken for grades or on a pass-no pass basis.

**DANC A148**                      **0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**  
**Mid-Eastern Dance 2****Advisory:** DANC A130 or successful audition, validated in class during the first week of the course.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course emphasizing the social and stage dances from the region known as the Near and Middle East. Incorporates choreography, improvisation, movement vocabulary and styling, and finger cymbal playing. Instruction at the high intermediate/advanced levels are offered. May be taken for grades or on a pass-no pass basis.

**DANC A149**                      **0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**  
**Hip-Hop Dance I****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. Explores the use of space, energy, rhythm, and improvisation while emphasizing body control, alignment, balance, and use of weight changes. Instruction at the beginning and intermediate levels. May be taken for grades or on a pass-no pass basis.

**DANC A150**                      **1 Unit (9 lecture hours; 27 lab hours)**  
**Dance Improvisation I****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Directed exploration of dance movement including use of space, dynamics, and rhythm as expressed through individual movement vocabulary. Designed for all levels. Appropriate for the non-dancers. Students should be prepared to participate at the first class meeting. May be taken for grades or on a pass-no pass basis.

**DANC A151**                      **1 Unit (18 lecture hours)**  
**Pilates as a Profession****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

For students planning a career in Pilates, including Pilates-related career options, and resumes, contracts, fees, insurance and other aspects of Pilates as a business. May be taken for grades or on a pass-no pass basis.

**DANC A152**                      **1-2 Units (9-18 lecture hours; 27-54 lab hours)**  
**Pilates Apparatus & Mat Work Level 1****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A course emphasizing alignment and correctives work based on exercises and concepts developed by Joseph H. Pilates using apparatus and mat work. Focus is on improved body alignment, strength, flexibility, control, coordination, and breathing.

**DANC A153 1-2 Units (9-18 lecture hours; 27-54 lab hours)****Pilates Apparatus & Mat Work Level 2****Advisory:** DANC A152 or equivalent skill level.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

An intermediate course emphasizing alignment and correctives work based on exercises and concepts developed by Joseph H. Pilates using apparatus and mat work. Focus is on improved body alignment, strength, flexibility, control, coordination, and breathing.

**DANC A154 1-2 Units (9-18 lecture hours; 27-54 lab hours)****Contemporary Commercial Dance****Grading Mode:** Standard Letter, Pass/No Pass

This course provides a study in beginning contemporary commercial dance, principles and terminology. This includes technical warm-up, progressions and beginning stylized dance combinations center floor. This technique course will focus on contemporary dance styles made popular from the television, film and video industry. The course content explores but not limited to dance conditioning, body awareness, flexibility and performance skills. Students are required to attend a live dance performance. Maybe taken for grade or pass-no pass basis. Transfer credit: CSU; UC.

**DANC A155 1 Unit (9 lecture hours; 27 lab hours)****Latin Dance Styles II****Advisory:** DANC A116 or successful audition, validated during the first week of the course.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC

An intermediate course in Latin dance styles designed to teach intermediate patterns and choreography of merengue, bachata, and salsa, and/or other Latin dances. Course will emphasize basic lifts and dips, styling, partnering, rhythm, cultural background material and choreography. May be taken for grades or on a pass-no pass basis.

**DANC A156 1 Unit (9 lecture hours; 27 lab hours)****Polynesian Dance****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A beginning level course in Polynesian dances designed to teach footwork, gestures, hip and body movements within the genre. Students will learn and be able to perform choreography as well as improvisation to selected music and drumbeats.

**DANC A158 1 Unit (9 lecture hours; 27 lab hours)****African Dance and Drumming II****Advisory:** DANC A138 or successful audition, validated during the first week of the course.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU, UC.

This intermediate level African dance course focuses on traditional African dances, drumming and songs from Guinee, West Africa. Each class is accompanied by live drumming, an integral, dynamic support to African dance. Additionally students will study Afro Haitian and/or Afro Cuban dances, songs and drumming. The course includes information about the integral link between dance and the social/religious aspects of African culture.

**DANC A159 1 Unit (9 lecture hours; 27 lab hours)****Hip-Hop Dance II****Advisory:** DANC A149 or successful audition, validated during the first week of the course.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. Explores the use of space, energy, rhythm, and improvisation while emphasizing body control, alignment, balance, and use of weight changes. The focus of this course will be floor work vocabulary, aerals, turns improvisation and choreography. Instruction is at the intermediate level. May be taken for grades or on a pass-no pass basis.

**DANC A160 3 Units (54 lecture hours; 18 lab hours)****Dance Composition/Choreography I****Advisory:** Intermediate to Advanced technique levels in modern dance or jazz or ballet.**Grading Mode:** Standard Letter**Transfer Credit:** CSU; UC.

A composition course for dancers with intermediate to advanced technique levels in modern dance, jazz or ballet. This course emphasizes basic skills in dance composition, problem solving and exploration of dance elements: space, shape, time and energy. Students will learn to analyze choreography, create short dance studies and learn about established choreographers through a variety of assignments. Students should be prepared to dance the first day.

**DANC A162** 3 Units (54 lecture hours; 18 lab hours)  
**Dance Composition/Choreography II**  
**Prerequisite(s):** DANC A160.

**Advisory:** Intermediate to Advanced technique levels in modern dance or jazz or ballet; This will be validated in class during the first week of the course.

**Grading Mode:** Standard Letter  
**Transfer Credit:** CSU; UC.

A composition course designed for dancers with intermediate and advanced technique levels in modern dance, ballet and jazz. This course explores dance composition elements and methods for crafting movement phrases and short dances. Through a variety of assignments students will learn how to develop themes and motifs, choose music, direct rehearsals, collaborate and learn about established choreographers and their work. May be taken for a letter grade or on a pass/no-pass basis.

**DANC A165** 1 Unit (9 lecture hours; 27 lab hours)  
**Latin Dance Styles III**  
**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

An Intermediate/Advanced course in Latin Dance Styles designed to teach intermediate/advanced patterns and choreography of Cha-Cha, Tango, Salsa and/or other Latin Dances. The course will emphasize intermediate lifts and dips, styling, partnering, complex rhythm patterns and choreography. May be taken for grade or on a pass-no pass basis.

**DANC A168** 1 Unit (9 lecture hours; 27 lab hours)  
**African Dance and Drumming III**  
**Advisory:** DANC A138.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

This intermediate/advanced level African dance course focuses on traditional and ritual West African dances, drumming, rhythms and songs from Guinea ("Kakilambe"), Senegal ("Sunu") and Burkina Faso ("Folongoto") and/or others. Each class is accompanied by live drumming, an integral, dynamic support to African dance. Additionally, students will create and perform short group compositions, "village dances" based on vocabulary and rhythms learned in class. The course includes information about the integral link between dance and the social/religious aspects of African culture. May be taken for a letter grade or on a pass/no-pass basis.

**DANC A169** 1 Unit (9 lecture hours; 27 lab hours)  
**Hip-Hop Dance III**  
**Advisory:** DANC A149.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. Explores the use of space, energy, rhythm and improvisation while emphasizing body control, alignment, balance, and use of weight changes. This course will focus on further developing the understanding of movement vocabulary, dynamics, performance techniques, and choreographic principles related to the dance style known as Hip-Hop. Instruction is at the intermediate/advanced level. May be taken for grades or on a pass-no pass basis.

**DANC A170** 2 Units (36 lecture hours)  
**Music for Dancers**  
**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

Assists the dancer-choreographer (non-musician) in building a knowledge of the fundamentals of music through the limited study of theory, terminology and notation. The course is designed to present the development of music and dance in historical perspective, to develop through listening an awareness of the musical literature available, to train dancer and musician to work together through development of a common vocabulary and a working knowledge of each other's craft. May be taken for grades or on a pass-no pass basis.

**DANC A171** 2 Units (18 lecture hours; 54 lab hours)  
**Modern Dance Basics**  
**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU, UC.

This course is designed for students with no previous modern dance experience. It will focus on basic modern dance techniques: alignment, articulations of the spine and extremities, floor exercises, movement vocabulary, creative exercises and explorations of space, time, energy and weight/gravity – in order to prepare the body as an instrument of expression. Modern dance is a barefoot dance style that began in the United States in the early 1930's as a rebellion against ballet's upright torso, ethereal lines and literal storytelling themes. This course will continue the modern dance tradition of exploring abstract, structured dance movement, incorporating artistic concepts and personal expression. This course may be taken one time.

**DANC A172** 2 Units (18 lecture hours; 54 lab hours)  
**Ballet Dance Basics**  
**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU, UC.

A course designed for students without previous knowledge of ballet. This course introduces movement principles and concepts of classical ballet technique. Attention is focused on correct body alignment of the spine, the proper use of 'turn out' at the hip and the correct placement and use of feet. The course presents basic ballet terminology, barre, ballet stretches, center floor and traveling patterns. Instruction is at the most basic level. May be taken for grades or on a pass-no pass basis. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.



<p><b>DANC A205</b> <b>2 Units (36 lecture hours)</b>  <b>Dance as a Profession Seminar</b>  <b>Grading Mode:</b> Standard Letter, Pass/No Pass  <b>Transfer Credit:</b> CSU.</p> <p>For students planning a career in dance, including dance-related career options, auditions, resumes, photos, video presentations, contracts, choreography and performance fees, resources, and other aspects of professional dance. May be taken for grades or on a pass-no pass basis.</p>	<p><b>DANC A212</b> <b>1-4 Units (9-36 lecture hours; 27-108 lab hours)</b>  <b>Repertoire II</b>  <b>Prerequisite(s):</b> DANC A211.</p> <p><b>Grading Mode:</b> Standard Letter, Pass/No Pass  Designed to introduce students to the creative process and unique considerations for the development of a full-length dance for two to five dancers, including lifts and partnering, cause and effect relationships, studio rehearsals, critiques, performance skills and production responsibilities. This course provides an opportunity for a dancer to learn and perform, or choreograph and direct, choreography for duet, trio or small group. Student must be enrolled in any beginning through advanced level Tap, Modern, Middle Eastern, African, or Ballet class. Lecture/Lab/Arranged Lab. Transfer status: CSU, UC.</p>
<p><b>DANC A207</b> <b>1 Unit (9 lecture hours; 27 lab hours)</b>  <b>Rehearsal and Performance IV</b>  <b>Grading Mode:</b> Standard Letter, Pass/No Pass  <b>Transfer Credit:</b> CSU</p> <p>Structured dance time on stage in the theatre for a solo choreography including spacing rehearsals, lighting rehearsals, dress rehearsals, culminating in main stage performance in the OCC student dance concert. Lecture/Lab/Arranged Lab.</p>	<p><b>DANC A213</b> <b>1-4 Units (9-36 lecture hours; 27-108 lab hours)</b>  <b>Repertoire III</b>  <b>Prerequisite(s):</b> DANC A212.</p> <p><b>Grading Mode:</b> Standard Letter, Pass/No Pass  <b>Transfer Credit:</b> CSU.</p>
<p><b>DANC A208</b> <b>1.5-3 Units (22.5-45 lecture hours; 13.5-27 lab hours)</b>  <b>Pilates 3-4</b>  <b>Advisory:</b> DANCE A108; Intermediate level skills in Pilates mat and reformer work; This will be validated in class during the first week of the course.</p> <p><b>Grading Mode:</b> Standard Letter, Pass/No Pass  <b>Transfer Credit:</b> CSU; UC.</p> <p>Designed for students with intermediate to advanced-level Pilates skills. This course will present advanced-level Pilates skills, principles of movement facilitation, core stabilization, and re-education applied to mat work and to the equipment used in teaching the Pilates Method. May be taken for grades or on a pass-no pass basis.</p>	<p><b>Grading Mode:</b> Standard Letter, Pass/No Pass  <b>Transfer Credit:</b> CSU.</p> <p>Designed to introduce students to the creative process of a faculty member or guest artist for the development of a full-length dance, including studio rehearsals, critiques, performance skills and production responsibilities. This course provides an opportunity for students to learn and perform choreography by a professional choreographer, an OCC faculty member, or guest artist in modern dance, ballet, jazz, tap, hip hop, or world dance styles. Student must be enrolled in an OCC technique class in modern dance, jazz, ballet or the dance style being used by the dance choreographer. Lecture/Lab/Arranged Lab.</p>
<p><b>DANC A210</b> <b>3 Units (54 lecture hours; 18 lab hours)</b>  <b>Dance Methodology</b>  <b>Advisory:</b> DANC A150 or DANC A160; Intermediate to advanced level skills in dance technique (either modern dance, jazz or ballet).</p> <p><b>Grading Mode:</b> Standard Letter  <b>Transfer Credit:</b> CSU.</p> <p>Designed for dance students to learn how to teach classes in dance technique and creative movement for adults or youth in a variety of settings.</p>	<p><b>DANC A214</b> <b>1-4 Units (9-36 lecture hours; 27-108 lab hours)</b>  <b>Repertoire IV</b>  <b>Prerequisite(s):</b> DANC A213.</p> <p><b>Co-requisite(s):</b> Student must be enrolled in an OCC technique class in modern dance, jazz, ballet or the dance style being used by the dance choreographer.</p> <p><b>Grading Mode:</b> Standard Letter, Pass/No Pass  <b>Transfer Credit:</b> CSU.</p>
<p><b>DANC A211</b> <b>1-4 Units (9-36 lecture hours; 27-108 lab hours)</b>  <b>Repertoire I</b>  <b>Co-requisite(s):</b> Student must be enrolled in an OCC technique class in modern dance, jazz, ballet or the dance style being used by the dance choreographer.</p> <p><b>Grading Mode:</b> Standard Letter, Pass/No Pass  <b>Transfer Credit:</b> CSU.</p> <p>Designed to introduce students to the creative process for the development of a full-length ensemble dance, including unison and counterpoint dance sequences, studio rehearsals, critiques, performance skills and production responsibilities. This course provides an opportunity for a dancer to learn and perform, or choreograph and direct, choreography for a large ensemble. Lecture/Lab/Arranged Lab.</p>	<p>Designed to introduce dance students with high intermediate to advanced level skills to the creative process for the development of a full-length solo dance, including studio rehearsals, critiques, performance skills and production responsibilities. This course provides an opportunity for dancers to learn and perform, or choreograph and direct solo choreography for a mainstage performance, and provides preparation for university dance major solo auditions. Lecture/Lab/Arranged Lab.</p> <p><b>DANC A215</b> <b>1 Unit (62 other hours)</b>  <b>Pilates Internship I</b>  <b>Advisory:</b> DANC A108 and DANC A152 or DANC A153 or concurrent enrollment.</p> <p><b>Grading Mode:</b> Standard Letter  A supervised internship related to classroom-based learning at a Pilates-related work site and for the Pilates/Dance Conditioning Instructor. Recommendation: Ideally, the first level of internship should be taken at the same time as DANC A129 Pilates Methodology.</p>



**DANC A217 1 Unit (62 other hours)****Pilates Internship II**

**Advisory:** DANC A129 or DANC A153 or DANC A215.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

A supervised internship related to classroom-based learning at a Pilates-related work site. Students will teach Pilates classes at one or more sites using lesson plans that they have developed. Recommendation: Ideally, the second level of internship should be taken after or at the same time as DANC A129 Pilates Methodology.

**DANC A218 1 Unit (62 other hours)****World Dance Internship I**

**Prerequisite(s):** DANC A147 or concurrent enrollment or DANC A148 or concurrent enrollment.

**Advisory:** DANC A210.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

A supervised internship related to classroom-based learning at a world dance related work site. Students should be in or have taken DANC A147 or DANC A148. Recommendation: Ideally, the first level of internship should be taken at the same time as DANC A210, Dance Methodology.

**DANC A219 1 Unit (62 other hours)****World Dance Internship II**

**Prerequisite(s):** DANC A147 or concurrent enrollment or DANC A148 or concurrent enrollment or DANC A218.

**Advisory:** DANC A210.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

A supervised internship related to classroom-based learning at a world dance-related work site. Students should be ready to teach world dance classes and must have taken DANC A147 or DANC A148. Recommendation: Ideally, students in the second level of internship should have taken DANC A210, Dance Methodology.

**DANC A220 1 Unit (62 other hours)****Dance Internship I**

**Prerequisite(s):** DANC A143 or concurrent enrollment or DANC A144 or concurrent enrollment or DANC A145 or concurrent enrollment; This prerequisite will be validated in class during the first week of the course.

**Advisory:** DANC A210.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

A supervised internship related to classroom-based learning at a dance-related work site. Recommendation: Ideally, the first level of internship should be taken at the same time as DANC A210, Dance Methodology.

**DANC A221 1 Unit (62 other hours)****Dance Internship II**

**Prerequisite(s):** DANC A143 or concurrent enrollment or DANC A144 or concurrent enrollment or DANC A145 or concurrent enrollment or DANC A244 or concurrent enrollment or DANC A245 or concurrent enrollment.

**Advisory:** DANC A210.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

A supervised internship related to classroom-based learning at a dance-related work site. Students will teach dance classes at one or more sites using lesson plans that they have developed. Students should be in or have taken a level III or higher course in Ballet, Jazz or Modern. Recommendation: Ideally, the internship should be taken after or at the same time as DANC A210 Dance Methodology.

**DANC A223 3 Units (27 lecture hours; 81 lab hours)****Performing Dance Ensemble II**

**Prerequisite(s):** DANC A203.

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU.

Performing Dance Ensemble (Small Group) provides an opportunity for intermediate and advanced level dancers to improve their performing skills in structured rehearsal time, culminating in Lecture-Demonstration performances for the public schools and the community. An emphasis will be placed on small group choreography.

**DANC A230 3 Units (54 lecture hours)****World Dance and Culture**

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU, UC

Designed for students to view dance of diverse cultures from around the world through viewing videos, lecture/discussion and attendance at live dance concerts. The course examines dance forms in relation to their specific cultural contexts. Students will attend a minimum of two live dance performances. Expense of tickets is the student's responsibility. May be taken for a grade or on a pass-no pass basis.

**DANC A233 3 Units (27 lecture hours; 81 lab hours)****Performing Dance Ensemble III**

**Prerequisite(s):** DANC A223.

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU, UC.

Performing Dance Ensemble (Guest Choreographer) provides an opportunity for intermediate and advanced level dancers to improve their performing skills in structured rehearsal time, culminating in lecture-demonstration performances touring the public schools and the community. An emphasis will be placed on directing, choreography, and solo/duet performances. May be taken for grades or on a pass no-pass basis.

**DANC A243** **2 Units (18 lecture hours; 54 lab hours)**  
**Jazz IV**

**Prerequisite(s):** DANC A143 and/or successful audition; This prerequisite will be validated in class during the first week of the course.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU, UC.

This course offers instruction at the high intermediate and advanced levels in jazz dance techniques and it focuses on developing individual style and integrating personal and artistic phrasing and expression. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A244** **2 Units (18 lecture hours; 54 lab hours)**  
**Ballet IV**

**Prerequisite(s):** DANC A144 or successful audition; This prerequisite will be validated in class during the first week of the course.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU, UC.

An advanced technique course in classical ballet, emphasizing movement skills at the barre, in center floor and traveling patterns. Complex movement combinations, extensive ballet terminology and diverse rhythms will be introduced throughout the semester. Students should be prepared to participate at the first class meeting. May be taken for grades or on a pass-no pass basis. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A245** **2 Units (18 lecture hours; 54 lab hours)**  
**Modern IV**

**Prerequisite(s):** DANC A145; This prerequisite will be validated in class during the first week of the course.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU, UC.

This course offers instruction at the high intermediate and advanced levels in modern dance, emphasizing traditional and contemporary techniques. It includes thorough warm up exercises, technique, vocabulary skills, creative work, and integrates personal phrasing and expression. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A246** **1 Unit (9 lecture hours; 27 lab hours)**  
**Tap IV**

**Prerequisite(s):** DANC A146 or successful audition.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU, UC.

This course offers tap dance instruction at the high intermediate and advanced levels, emphasizing advanced footwork skills, complex rhythms, traveling time steps, flash footwork, traveling combinations, and historic tap repertoire with total body integration and appropriate styling. Students should be prepared to participate at the first class meeting. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A247** **1-2 Units (9-18 lecture hours; 27-54 lab hours)**  
**Flamenco Dance 3**

**Advisory:** DANC A135 and DANC A147.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

An advanced course in the technique, dance forms and rhythms of flamenco dance. Emphasis is placed on proper body alignment, arm and footwork precision and artistry, rhythm and improvisational skills at a high intermediate/advanced level. May be taken for a grade or on a pass-no pass basis.

**DANC A248** **1 Unit (9 lecture hours; 27 lab hours)**  
**Mid-Eastern Dance 3**

**Prerequisite(s):** Successful audition; this prerequisite will be validated in the class during the first week of the course.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU.

A technique course emphasizing the social and stage dances from the region known as the Near and Middle East. Incorporates choreography, improvisation, movement vocabulary, styling, music and finger cymbal playing, use of various props, and costuming. Instruction at the high intermediate/advanced levels are offered. May be taken for grades or on a pass-no pass basis.

**DANC A250** **1 Unit (9 lecture hours; 27 lab hours)**  
**Dance Improvisation II**

**Prerequisite(s):** DANC A150.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU, UC.

This dance improvisation course is designed for instruction at the intermediate level for any student who has successfully completed DANC A150. The focus will be on contact improvisation, partnering, weight and support, shape, design, exploration of imagery and props, theatrical contexts, various music styles, rhythm, phrasing and other themes. Directed improvisation assignments and problem solving lead to free exploration of movement expressed through individual movement vocabulary. Students should be prepared to participate at the first class meeting.

**DANC A253** **2 Units (18 lecture hours; 54 lab hours)**  
**Preparation for Audition - Jazz**

**Prerequisite(s):** DANC A243 or successful audition.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU.

This course offers instruction at the advanced level in Jazz dance, emphasizing contemporary Jazz technique and current vocabularies, with a focus on rhythmic challenges, athleticism, strength, endurance, phrasing and personal expression. The course is designed specifically to prepare the serious dancer for successful audition and university transfer as a dance major. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A254** 2 Units (18 lecture hours; 54 lab hours)  
**Preparation for Audition - Ballet**  
**Prerequisite(s):** DANC A244 or successful audition.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU.

An advanced course in classical ballet intended to improve the technique and performance qualities of dance majors who plan on auditioning for university transfer and/or stage performance experience in the professional field. The class guides students who will seek a career in teaching by attention to alignment corrections and use of intricate movement combinations, diverse rhythms and extensive ballet vocabulary. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A255** 2 Units (18 lecture hours; 54 lab hours)  
**Preparation for Audition - Modern**  
**Prerequisite(s):** DANC A245 or successful audition.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU.

This course offers instruction at the advanced level in modern dance, emphasizing release technique and current vocabularies, with a focus on rhythmic challenges, athleticism, strength, endurance, phrasing and personal expression. The course is designed specifically to prepare the serious dancer for successful audition and university transfer as a dance major. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A256** 1 Unit (9 lecture hours; 27 lab hours)  
**Preparation for Audition - Tap**  
**Prerequisite(s):** DANC A246 or successful audition.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU.

This course offers tap instruction at the advanced level in traditional and contemporary tap styles, including tap improvisation and presentation skills needed for successful auditions for university musical theatre programs, and to gain employment in the commercial dance field for stage, television, touring productions and films. Areas of focus include tap dance techniques to enhance speed, weight changes, athletic "flash" steps and spatial patterns and turns. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

**DANC A262** 3 Units (54 lecture hours; 18 lab hours)  
**Dance Composition/Choreography III**  
**Prerequisite(s):** DANC A162.

**Advisory:** DANC A102 or DANC A111 or DANC A121.

**Grading Mode:** Standard Letter  
**Transfer Credit:** CSU, UC.

A composition course designed for dancers with intermediate and advanced technique levels in modern dance, ballet and jazz. Through a variety of assignments this course explores choreographic structures and forms, and emphasizes production elements: staging, costumes, lighting, marketing, as well as learning about post modern and avant garde choreographers and their work.

**DANC A263** 3 Units (27 lecture hours; 81 lab hours)  
**Performing Dance Ensemble IV**  
**Advisory:** DANC A233.

**Grading Mode:** Standard Letter, Pass/No Pass  
 Performing Dance Ensemble IV provides an opportunity for advanced level dancers to improve their performing and career skills through rehearsals culminating in performances on campus and in the R. B. Moore Theatre. There may be additional performances and lecture-demonstrations in public schools and the community. This is the culmination of the Performing Dance Ensemble so includes Individualized assignments and responsibilities in the rehearsing, choreographing, staging, costuming, publicizing and promoting concerts and performances.

**DANC A264** 1 Unit (9 lecture hours; 27 lab hours)  
**Mid-Eastern Dance 4**  
**Prerequisite(s):** Successful audition; this prerequisite will be validated in class during the first week of the course.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

A technique course emphasizing the social and stage dances from the region known as the Near and Middle East. Incorporates choreography, improvisation, movement vocabulary, styling, music and finger cymbal playing, the use of various props, and costuming. Instruction at the advanced level is offered. May be taken for grades or on a pass-no pass basis.

**DANC A267** 1 Unit (9 lecture hours; 27 lab hours)  
**Flamenco Dance 4**  
**Advisory:** DANC A247.

**Grading Mode:** Standard Letter, Pass/No Pass  
**Transfer Credit:** CSU; UC.

An advanced course in technique, dance forms and rhythms of flamenco dance. Emphasis is placed on proper body alignment, arm and footwork precision and artistry, rhythm and improvisational skills with live musicians at a high intermediate/advanced level.

**DANC A269** **1 Unit (9 lecture hours; 27 lab hours)**

**Hip Hop 4**

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU; UC.

Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. This course will focus on further developing the understanding of movement vocabulary, dynamics, performance techniques, and choreographic principals related to the dance style known as Hip-Hop. The course will focus on developing individual style and integrating personal and artistic phrasing and expression within the Hip Hop genre of dance. Instruction is at the advanced level.