

DANCE (DANC)

DANC A101 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours) Modern Dance 1

Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.

Offers instruction in movement vocabulary and technical skills necessary to prepare the body as an instrument of expression in modern dance. This dance style began in the United States in the early 1930's as a "modern expression" of American themes, personal and artistic ideas. The style has continued to evolve to include dance themes expressive of contemporary times. This course offers instruction at the beginning level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A102 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours) Modern 2

Advisory: DANC A101 or successful audition.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.

Offers instruction in movement vocabulary and technical skills necessary to prepare the body as an instrument of expression in modern dance. This dance style began in the United States in the early 1930's as a "modern expression" of American themes, personal and artistic ideas. The style has continued to evolve to include dance themes expressive of contemporary times. This course offers instruction at the intermediate level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A106 1-2 Units (9-18 lecture hours; 27-54 lab hours) Strength and Stretch

Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC; Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

Strength and flexibility exercises and their application to dance technique will be selected to target major muscle groups that need maximum efficiency and range of motion. The course will address both the adaptation of exercises to the individual for maximum benefit and application to movement patterns. Also applicable to any sport. Graded or Pass/No Pass option. This course may be taken two times.

DANC A107 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours) Conditioning for Dance

Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC; Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

A program combining skills from dance and exercise designed to improve alignments, strength, flexibility, coordination, balance and endurance for greater technical ability in dance and other athletic studies. Graded or Pass/No Pass option. This course may be taken four times.

DANC A108 1-2 Units (9-18 lecture hours; 27-54 lab hours) Pilates Mat Work

Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC; Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

A course in alignment and correctives work based on concepts and exercises developed by Joseph H. Pilates. The focus is on mat work exercises for improved body alignment, strength, flexibility, control, coordination, and breathing. Graded or Pass/No Pass option.

DANC A110 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours) Ballet 1

Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.

Introduces and develops movement principles and skills necessary for the study of classical ballet. Course will include ballet terminology, use of "turnout" positions of feet and legs, alignment of spine and placement of weight at the barre, in center floor and traveling patterns. Instruction is at the beginning level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A111 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours) Ballet 2

Advisory: DANC A110 or successful audition.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.

Introduces and develops movement principles and skills necessary for the study of classical ballet. Course will include ballet terminology, use of "turnout" positions of feet and legs, alignment of spine and placement of weight at the barre, in center floor and traveling patterns. Instruction is at the intermediate level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A113 1-2 Units (9-18 lecture hours; 27-54 lab hours) Pointe Work

Advisory: Intermediate level ballet technique, validated in class during the first week of the course.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.

A course teaching the technique and movement skills needed to perform classical ballet on 'pointe'. Includes preparation and care of pointe shoes. Graded or Pass/No Pass option.

DANC A114 1 Unit (9 lecture hours; 27 lab hours) Ballet Floor Barre and Correctives

Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC

This course is designed for students who want to enhance their dance training. Through a series of exercises performed on the floor to simulate the ballet barre, and with the use of an exercise ball, students will focus on core strength, weight placement and alignment of the body through carefully designed exercises to trigger muscle memory. Progressing Ballet Technique®, an innovative body conditioning and strengthening program designed to promote a safe, long and healthy career, may be included. Graded or Pass/No Pass option.

DANC A115 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**Yoga For Dancers****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC; Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

Using traditional yoga postures and breathing techniques, this course is designed for the needs of the training dancer. Yoga postures to increase strength and flexibility, as well as restorative postures will be taught in order to bring about improvement in the execution of dance movements. Instruction at the beginning, intermediate, and intermediate/advanced levels is offered.

DANC A116 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**Latin Dance Styles I****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

An introductory course in Latin dance styles designed to teach cha-cha, merengue, tango, salsa, and other Latin dances. Course will emphasize steps, styling, partnering, rhythm, cultural background materials. The beginning level is appropriate for students of all ages and training. Graded or Pass/No Pass option.

DANC A117 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**American Social Dance Styles****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

An introductory course in American social dance styles designed to teach foxtrot, waltz, swing, and Lindy hop. Course will emphasize steps, styling, partnering, rhythm, and cultural background material. Beginning level is appropriate for students of all ages and training. Graded or Pass/No Pass option.

DANC A118 1-2 Units (9-18 lecture hours; 27-54 lab hours)**Movement for Longevity****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC; Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

Designed to develop strength, flexibility, ease of motion for the maturing body. The course will address bone density and balance through dance and movement practices. Appropriate for non-dancers as well as dancers. Graded or Pass/No Pass option.

DANC A119 3 Units (54 lecture hours)**Kinesiology For Dance****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

This course is designed to introduce students to the basic principles of kinesiology focusing on the key body joints including the spine, shoulder, hip, knee, ankle, and foot. It addresses the specific needs of dancers and Pilates students. Graded or Pass/No Pass option.

DANC A120 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**Jazz Dance 1****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course in the study of various jazz styles. Emphasizes the use of energy, rhythm, improvisation while emphasizing body control, alignment, use of weight changes and quality within a jazz dance movement vocabulary. Instruction at the beginning level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A121 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**Jazz Dance 2****Advisory:** DANC A120 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course in the study of various jazz dance styles. Emphasizes the use of energy, rhythm, improvisation while emphasizing body control, alignment, use of weight changes and quality within a jazz dance movement vocabulary. Instruction at the intermediate level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A125 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**Tap 1****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Tap dance techniques based on the style known as rhythm tap emphasizing fundamental skills and rhythms, time steps, flash footwork, short combinations, and styling. Instruction at the beginning level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A126 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**Tap 2****Advisory:** DANC A125 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Tap dance techniques based on the style known as rhythm tap emphasizing fundamental skills and rhythms, time steps, flash footwork, short combinations, and styling. Instruction at the intermediate level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A129 1-2 Units (9-18 lecture hours; 27-54 lab hours)**Pilates Methodology 1****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

Designed for Pilates students to learn how to teach classes in Pilates Mat techniques for adults or teens in a variety of settings. This class covers assessment, goal setting, lesson plans, communication, cueing, precautions, safety and modifications for Pilates clients. Graded or Pass/No Pass option.

DANC A130 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)
Mid-Eastern Dance I**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course emphasizing the social and stage dances from the region designated as the Near and Middle East. Incorporates choreography, improvisation, movement vocabulary and styling, and finger cymbal playing. Instruction at the beginning and intermediate levels. Graded or Pass/No Pass option.

DANC A135 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)
Flamenco Dance I**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course in the study of various dance forms and rhythms in flamenco dance. Emphasizes on proper alignment, rhythm, footwork and arm work within a flamenco dance movement form. Graded or Pass/No Pass option.

DANC A138 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)
African Dance and Drumming I**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A movement course designed to teach traditional and contemporary dances of various African cultures. Includes rhythms, song forms, use of costume pieces, and information on the integral link between dance, chant and social/religious aspects of African cultures. Graded or Pass/No Pass option.

DANC A139 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)
Gyrokinesis**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC; Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

Designed for beginning level students, this course will present an introduction to Gyrokinesis®, an important component of the Juliu Horvath Method. The entire body is worked through fluid exercises focusing on the natural directions of spinal movements and joint articulations. The course will involve participatory labs and skills demonstrations. Graded or Pass/No Pass option.

DANC A143 2 Units (18 lecture hours; 54 lab hours)
Jazz Dance III**Advisory:** DANC A121 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course offers Jazz dance instruction for dancers at the high intermediate level. It includes thorough warm up exercises, technique, vocabulary skills and concepts to prepare the body as an instrument of expression in Jazz dance, with emphasis on lyrical and contemporary techniques. Students should be prepared to participate at the first class meeting. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A144 2 Units (18 lecture hours; 54 lab hours)
Ballet III**Advisory:** DANC A111 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course in classical ballet, emphasizing movement skills at the barre, in center floor and traveling patterns. Instruction is at the high intermediate level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A145 2 Units (18 lecture hours; 54 lab hours)
Modern Dance III**Advisory:** DANC A102 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course offers modern dance instruction for dancers at the high intermediate level. It includes thorough warm up exercises, technique, vocabulary skills and concepts to prepare the body as an instrument of expression in modern dance, with emphasis on traditional and contemporary techniques. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A146 1 Unit (9 lecture hours; 27 lab hours)
Tap III**Advisory:** DANC A126 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course offers tap dance instruction at the high intermediate level, teaching techniques based on the style known as rhythm tap, emphasizing low to the ground, syncopated footwork, fundamental skills and rhythms, time steps, short combinations, and styling. Students should be prepared to participate at the first class meeting. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A147 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)
Flamenco Dance 2**Advisory:** DANC A135 or successful audition, validated in class during the first week of the course.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course in the study of various dance forms and rhythms in flamenco dance. Emphasizes on proper alignment, rhythm, footwork and arm work within a flamenco dance movement form at an intermediate and advanced level. Graded or Pass/No Pass option.

DANC A148 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)
Mid-Eastern Dance 2

Advisory: DANC A130 or successful audition, validated in class during the first week of the course.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

A technique course emphasizing the social and stage dances from the region known as the Near and Middle East. Incorporates choreography, improvisation, movement vocabulary and styling, and finger cymbal playing. Instruction at the high intermediate/advanced levels are offered. Graded or Pass/No Pass option.

DANC A149 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)
Hip-Hop Dance I

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. Explores the use of space, energy, rhythm, and improvisation while emphasizing body control, alignment, balance, and use of weight changes. Instruction at the beginning and intermediate levels. Graded or Pass/No Pass option.

DANC A150 1 Unit (9 lecture hours; 27 lab hours)
Dance Improvisation I

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Directed exploration of dance movement including use of space, dynamics, and rhythm as expressed through individual movement vocabulary. Designed for all levels. Appropriate for the non-dancers. Students should be prepared to participate at the first class meeting. Graded or Pass/No Pass option.

DANC A151 1 Unit (18 lecture hours)
Pilates as a Profession

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

For students planning a career as a Pilates instructor (both Mat and/or Apparatus instructor), including Pilates-related career options, and resumes, contracts, fees, insurance and other aspects of Pilates as a business. Graded or Pass/No Pass option.

DANC A152 1-2 Units (9-18 lecture hours; 27-54 lab hours)
Pilates Apparatus 1

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC; Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

A course emphasizing alignment and correctives work based on exercises and concepts developed by Joseph H. Pilates using various apparatus. Focus is on improved body alignment, strength, flexibility, control, coordination, and breathing. Graded or Pass/No Pass option.

DANC A153 1-2 Units (9-18 lecture hours; 27-54 lab hours)
Pilates Apparatus 2

Advisory: DANC A152 or equivalent skill level.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

An intermediate level course emphasizing alignment and correctives work based on exercises and concepts developed by Joseph H. Pilates using various apparatus. Focus is on improved body alignment, strength, flexibility, control, coordination, and breathing. Graded or Pass/No Pass option.

DANC A154 1-2 Units (9-18 lecture hours; 27-54 lab hours)
Contemporary Commercial Dance

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course provides a study in beginning contemporary commercial dance, principles and terminology. This includes technical warm-up, progressions and beginning stylized dance combinations center floor. This technique course will focus on contemporary dance styles made popular from the television, film and video industry. The course content explores but not limited to dance conditioning, body awareness, flexibility and performance skills. Students are required to attend a live dance performance. Graded or Pass/No Pass option.

DANC A155 1 Unit (9 lecture hours; 27 lab hours)
Latin Dance Styles II

Advisory: DANC A116 or successful audition, validated during the first week of the course.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

An intermediate course in Latin dance styles designed to teach intermediate patterns and choreography of merengue, bachata, and salsa, and/or other Latin dances. Course will emphasize basic lifts and dips, styling, partnering, rhythm, cultural background material and choreography. Graded or Pass/No Pass option.

DANC A156 1 Unit (9 lecture hours; 27 lab hours)
Polynesian Dance

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

A beginning level course in Polynesian dances designed to teach footwork, gestures, hip and body movements within the genre. Students will learn and be able to perform choreography as well as improvisation to selected music and drumbeats.

DANC A157 1 Unit (9 lecture hours; 27 lab hours)
Polynesian Dance 2

Advisory: DANC A156 or successful audition, validated during the first week of the course.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

An intermediate level course covering a variety of Polynesian dances designed to teach footwork, gestures, hip and body movements within the specific genres. Students will be able to perform various choreographies and understand the history of Pacific Islanders and the evolution of these dances. Graded or Pass/No Pass option.

- DANC A158** 1 Unit (9 lecture hours; 27 lab hours)
African Dance and Drumming II
Advisory: DANC A138 or successful audition, validated during the first week of the course.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 This intermediate level African dance course focuses on traditional African dances, drumming and songs from Guinea, West Africa. Each class is accompanied by live drumming, an integral, dynamic support to African dance. Additionally students will study Afro Haitian and/or Afro Cuban dances, songs and drumming. The course includes information about the integral link between dance and the social/religious aspects of African culture. Graded or Pass/No Pass option.
- DANC A159** 1 Unit (9 lecture hours; 27 lab hours)
Hip-Hop Dance II
Advisory: DANC A149 or successful audition, validated during the first week of the course.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. Explores the use of space, energy, rhythm, and improvisation while emphasizing body control, alignment, balance, and use of weight changes. The focus of this course will be floor work vocabulary, aerials, turns improvisation and choreography. Instruction is at the intermediate level. Graded or Pass/No Pass option.
- DANC A160** 3 Units (54 lecture hours; 18 lab hours)
Dance Composition/Choreography I
Advisory: Intermediate to Advanced technique levels in modern dance or jazz or ballet.
Grading Mode: Standard Letter
Transfer Credit: CSU; UC.
 A composition course for dancers with intermediate to advanced technique levels in modern dance, jazz or ballet. This course emphasizes basic skills in dance composition, problem solving and exploration of dance elements: space, shape, time and energy. Students will learn to analyze choreography, create short dance studies and learn about established choreographers through a variety of assignments. Students should be prepared to dance the first day.
- DANC A162** 3 Units (54 lecture hours; 18 lab hours)
Dance Composition/Choreography II
Prerequisite(s): DANC A160.
Advisory: Intermediate to Advanced technique levels in modern dance or jazz or ballet; This will be validated in class during the first week of the course.
Grading Mode: Standard Letter
Transfer Credit: CSU; UC.
 A composition course designed for dancers with intermediate and advanced technique levels in modern dance, ballet and jazz. This course explores dance composition elements and methods for crafting movement phrases and short dances. Through a variety of assignments students will learn how to develop themes and motifs, choose music, direct rehearsals, collaborate and learn about established choreographers and their work. May be taken for a letter grade or on a pass/no-pass basis.
- DANC A165** 1 Unit (9 lecture hours; 27 lab hours)
Latin Dance Styles III
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 An Intermediate/Advanced course in Latin Dance Styles designed to teach intermediate/advanced patterns and choreography of Cha-Cha, Tango, Salsa and/or other Latin Dances. The course will emphasize intermediate lifts and dips, styling, partnering, complex rhythm patterns and choreography. Graded or Pass/No Pass option.
- DANC A168** 1 Unit (9 lecture hours; 27 lab hours)
African Dance and Drumming III
Advisory: DANC A138.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 This intermediate/advanced level African dance course focuses on traditional and ritual West African dances, drumming, rhythms and songs from Guinea ("Kakilambe"), Senegal ("Sunu") and Burkina Faso ("Folongoto") and/or others. Each class is accompanied by live drumming, an integral, dynamic support to African dance. Additionally, students will create and perform short group compositions, "village dances" based on vocabulary and rhythms learned in class. The course includes information about the integral link between dance and the social/religious aspects of African culture. Graded or Pass/No Pass option.
- DANC A169** 1 Unit (9 lecture hours; 27 lab hours)
Hip-Hop Dance III
Advisory: DANC A149.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. Explores the use of space, energy, rhythm and improvisation while emphasizing body control, alignment, balance, and use of weight changes. This course will focus on further developing the understanding of movement vocabulary, dynamics, performance techniques, and choreographic principles related to the dance style known as Hip-Hop. Instruction is at the intermediate/advanced level. Graded or Pass/No Pass option.
- DANC A170** 2 Units (36 lecture hours)
Music for Dancers
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 Assists the dancer-choreographer (non-musician) in building a knowledge of the fundamentals of music through the limited study of theory, terminology and notation. The course is designed to present the development of music and dance in historical perspective, to develop through listening an awareness of the musical literature available, to train dancer and musician to work together through development of a common vocabulary and a working knowledge of each other's craft. Graded or Pass/No Pass option.

DANC A171 2 Units (18 lecture hours; 54 lab hours)**Modern Dance Basics****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course is designed for students with no previous modern dance experience. It will focus on basic modern dance techniques: alignment, articulations of the spine and extremities, floor exercises, movement vocabulary, creative exercises and explorations of space, time, energy and weight/gravity – in order to prepare the body as an instrument of expression. Modern dance is a barefoot dance style that began in the United States in the early 1930's as a rebellion against ballet's upright torso, ethereal lines and literal storytelling themes. This course will continue the modern dance tradition of exploring abstract, structured dance movement, incorporating artistic concepts and personal expression. This course may be taken one time. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification. Graded or Pass/No Pass option.

DANC A172 2 Units (18 lecture hours; 54 lab hours)**Ballet Dance Basics****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A course designed for students without previous knowledge of ballet. This course introduces movement principles and concepts of classical ballet technique. Attention is focused on correct body alignment of the spine, the proper use of "turn out" at the hip and the correct placement and use of feet. The course presents basic ballet terminology, barre, ballet stretches, center floor and traveling patterns. Instruction is at the most basic level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A173 2 Units (18 lecture hours; 54 lab hours)**Jazz Dance Basics****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course in the study of jazz dance basics. Emphasizes the use of energy, rhythm, body control, alignment, use of weight changes, coordinations and dynamics within a jazz dance movement vocabulary. Instruction at the basic level. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A174 1 Unit (9 lecture hours; 27 lab hours)**Tap Dance Basics****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This tap dance course is designed for students with no previous tap dance experience. It will focus on basic rhythm exercises, music listening, tap dance techniques and tap history. Emphasis will be placed on correct execution of tap dance rudiments, coordination, shifts of weight, basic time steps, short combinations, and styling. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A175 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**Mexican Folklorico Dance 1****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course is an introduction to the fundamentals of Mexican Folklorico dance. Folklore passes down through generations, stories, experiences, and, in Mexico, through dance. The focus of this course is on the movement techniques, forms, and the regional and historical background of dances from various states and regions of Mexico.

DANC A176 0.5-2 Units (4.5-18 lecture hours; 13.5-54 lab hours)**Mexican Folklorico Dance 2****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

An intermediate level Mexican Folklorico dance course exploring the stories, experiences, and dances from various regions of Mexico. The focus of this course is on intermediate level movement techniques (footwork, rhythmic patterns, use of props), forms, and performance styles, delving into their historical backgrounds.

DANC A180 3 Units (54 lecture hours)**Dance Wellness and Injury Prevention****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

This course is designed to give practical information on all aspects of safe dance practice. Alignment, nutrition, injury prevention, physical and psychological wellness concepts are among the topics covered. Graded or Pass/No Pass option.

DANC A191 1-2 Units (9-18 lecture hours; 27-54 lab hours)**Classical Technique and Variation Workshop****Advisory:** Intermediate level ballet technique; This advisory will be validated in class during the first week of the course.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course is designed to offer classical technique and variations of a selected period and style for the intermediate and advanced ballet dancer. Students should be prepared to participate at the first class meeting. Graded or Pass/No Pass option.

DANC A195 1 Unit (9 lecture hours; 27 lab hours)**Summer Dance Workshop****Grading Mode:** Pass/No Pass**Transfer Credit:** CSU; UC.

Intensive dance experience with a guest dance artist. Offered on a pass-no pass basis only.

DANC A199 0.5-3 Units (9-27 lecture hours; 18-81 lab hours)**Current Dance Topics****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

Movement and lecture/discussion of topics and issues of current interest in dance. Graded or Pass/No Pass option.

<p>DANC A200 3 Units (54 lecture hours) Appreciation Of Dance Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC. Designed for students to view dance of all styles, including world dance and entertainment forms of dance through viewing videos, lecture/discussion, and attendance at live dance performances. Students will attend a minimum of two live dance performances. Expense for tickets is the student's responsibility; student rates are available. This course may also be offered online. Graded or Pass/No Pass option.</p>	<p>DANC A205 2 Units (36 lecture hours) Dance as a Profession Seminar Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU. For students planning a career in dance, including dance-related career options, auditions, resumes, photos, video presentations, contracts, choreography and performance fees, resources, and other aspects of professional dance. Graded or Pass/No Pass option.</p>
<p>DANC A201 1 Unit (9 lecture hours; 27 lab hours) Rehearsal and Performance I Co-requisite(s): Student must be enrolled in an OCC dance technique class. Grading Mode: Pass/No Pass Transfer Credit: CSU. Structured dance rehearsal time in the studio and on stage for a large ensemble choreographic work. Spacing rehearsals, lighting rehearsals, and dress rehearsals, all culminating in a main stage theatrical performance. Graded or Pass/No Pass option.</p>	<p>DANC A206 2 Units (18 lecture hours; 54 lab hours) Movement, the Camera and the Creative Process Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU. This course provides both technical and artistic training in the creating, performing, and documenting of dance works. Students will explore practices and principles of choreography for the camera and the choreography of the camera when recording dance. Students will design, develop, analyze, and perform movement as artistic expression focusing on camera techniques, editing, and developing choreography viewed through a lens. Dance students will leave this course prepared for more effective collaborations with filmmakers, along with basic tools to create promotional materials, social media content, and films of their own. Graded or Pass/No Pass option.</p>
<p>DANC A202 1 Unit (9 lecture hours; 27 lab hours) Rehearsal and Performance II Co-requisite(s): Student must be enrolled in an OCC technique class in modern dance, jazz, ballet or the dance style being used by the choreographer. Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU. Structured dance rehearsal time in the studio and on stage in the theatre for a small group choreographic work. Spacing rehearsals, lighting rehearsals, and dress rehearsals culminating in a main stage theatrical performance. Graded or Pass/No Pass option.</p>	<p>DANC A207 1 Unit (9 lecture hours; 27 lab hours) Rehearsal and Performance IV Co-requisite(s): Student must be enrolled in an OCC dance technique class. Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU. Structured dance time in the studio and on stage in the theatre for a solo choreographic work. Spacing rehearsals, lighting rehearsals, and dress rehearsals, culminating in a main stage theatrical performance. Graded or Pass/No Pass option.</p>
<p>DANC A203 3 Units (27 lecture hours; 81 lab hours) Performing Dance Ensemble I Advisory: Intermediate dance skills are required in jazz or ballet or modern or tap or world dance forms; This skill level will be validated in class during the first week of the course or by the recommendation of the instructor. Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC. Performing Dance Ensemble provides an opportunity for intermediate and advanced level dancers to improve their performing skills in structured rehearsal time, culminating in performances for public schools and the community. Graded or Pass/No Pass option. Lecture/Lab/Arranged Lab.</p>	<p>DANC A208 1-2 Units (9-18 lecture hours; 27-54 lab hours) Pilates 3-4 Advisory: DANC A108; Intermediate level skills in Pilates mat and reformer work; This will be validated in class during the first week of the course. Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC: Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units. Designed for students with intermediate to advanced-level Pilates skills. This course will present advanced-level Pilates skills, principles of movement facilitation, core stabilization, and re-education applied to mat work and to the equipment used in teaching the Pilates Method. Graded or Pass/No Pass option.</p>
<p>DANC A204 1 Unit (9 lecture hours; 27 lab hours) Rehearsal and Performance III Co-requisite(s): Student must be enrolled in an OCC dance technique class. Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU. Structured dance rehearsal time in the studio and on stage in the theatre for choreography created by faculty, student or guest artists. Spacing rehearsals, lighting rehearsals, and dress rehearsals culminating in a main stage theatrical performance. Graded or Pass/No Pass option.</p>	<p>DANC A209 0.5-1 Units (4.5-9 lecture hours; 13-27 lab hours) Pilates Mat Work 2 Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU. An intermediate level exercise and body conditioning course for improved body alignment, strength, flexibility, control, coordination, and breathing. The focus of the course will be on intermediate level Mat work exercises developed by Joseph H. Pilates, and the application and use of props. Graded or Pass/No Pass option.</p>

- DANC A210** **3 Units (54 lecture hours; 18 lab hours)**
Dance Methodology
Advisory: DANC A150 or DANC A160; Intermediate to advanced level skills in dance technique (either modern dance, jazz or ballet).
Grading Mode: Standard Letter
Transfer Credit: CSU.
 Designed for dance students to learn how to teach classes in dance technique and creative movement for adults or youth in a variety of settings.
- DANC A211** **1-4 Units (9-36 lecture hours; 27-108 lab hours)**
Repertoire I
Co-requisite(s): Student must be enrolled in an OCC technique class in modern dance, jazz, ballet or the dance style being used by the dance choreographer.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU.
 Designed to introduce students to the creative process for the development of a full-length ensemble dance, including unison and counterpoint dance sequences, studio rehearsals, critiques, performance skills and production responsibilities. This course provides an opportunity for a dancer to learn and perform, or choreograph and direct, choreography for a large ensemble. Lecture/Lab/Arranged Lab. Graded or Pass/No Pass option.
- DANC A212** **1-4 Units (9-36 lecture hours; 27-108 lab hours)**
Repertoire II
Prerequisite(s): DANC A211.
Co-requisite(s): Student must be enrolled in any beginning through advanced level Tap, Modern, Middle Eastern, African, or Ballet class.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 Designed to introduce students to the creative process and unique considerations for the development of a full-length dance for two to five dancers, including lifts and partnering, cause and effect relationships, studio rehearsals, critiques, performance skills and production responsibilities. This course provides an opportunity for a dancer to learn and perform, or choreograph and direct, choreography for duet, trio or small group. Graded or Pass/No Pass option.
- DANC A213** **1-4 Units (9-36 lecture hours; 27-108 lab hours)**
Repertoire III
Prerequisite(s): DANC A212.
Co-requisite(s): Student must be enrolled in an OCC technique class in modern dance, jazz, ballet or the dance style being used by the dance choreographer.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU.
 Designed to introduce students to the creative process of a faculty member or guest artist for the development of a full-length dance, including studio rehearsals, critiques, performance skills and production responsibilities. This course provides an opportunity for students to learn and perform choreography by a professional choreographer, an OCC faculty member, or guest artist in modern dance, ballet, jazz, tap, hip hop, or world dance styles. Graded or Pass/No Pass option.
- DANC A214** **1-4 Units (9-36 lecture hours; 27-108 lab hours)**
Repertoire IV
Prerequisite(s): DANC A213.
Co-requisite(s): Student must be enrolled in an OCC technique class in modern dance, jazz, ballet or the dance style being used by the dance choreographer.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU.
 Designed to introduce dance students with high intermediate to advanced level skills to the creative process for the development of a full-length solo dance, including studio rehearsals, critiques, performance skills and production responsibilities. This course provides an opportunity for dancers to learn and perform, or choreograph and direct solo choreography for a mainstage performance, and provides preparation for university dance major solo auditions. Lecture/Lab/Arranged Lab. Graded or Pass/No Pass option.
- DANC A215** **1 Unit (62 other hours)**
Pilates Internship I
Advisory: DANC A108, DANC A129, and DANC A152 or DANC A153 or concurrent enrollment.
Grading Mode: Standard Letter
Transfer Credit: CSU.
 A supervised internship related to classroom-based learning at a Pilates-related work site for the Pilates Instructor Certificates.
- DANC A217** **1 Unit (62 other hours)**
Pilates Internship 2
Prerequisite(s): DANC A215.
Advisory: DANC A129 or DANC A153 or DANC A229.
Grading Mode: Standard Letter
Transfer Credit: CSU.
 A supervised internship related to classroom-based learning at a Pilates-related work site. Students will teach Pilates classes at one or more sites using lesson plans that they have developed. Recommendation: Ideally, the second level of internship should be taken after or at the same time as DANC A129 Pilates Methodology or concurrently with DANC A229 Pilates Methodology 2.
- DANC A218** **1 Unit (62 other hours)**
World Dance Internship I
Prerequisite(s): DANC A147 or concurrent enrollment or DANC A148 or concurrent enrollment.
Advisory: DANC A210.
Grading Mode: Standard Letter
Transfer Credit: CSU.
 A supervised internship related to classroom-based learning at a world dance related work site. Students should be in or have taken DANC A147 or DANC A148. Recommendation: Ideally, the first level of internship should be taken at the same time as DANC A210, Dance Methodology.

<p>DANC A219 1 Unit (62 other hours) World Dance Internship II Prerequisite(s): DANC A147 or concurrent enrollment or DANC A148 or concurrent enrollment or DANC A218. Advisory: DANC A210. Grading Mode: Standard Letter Transfer Credit: CSU. A supervised internship related to classroom-based learning at a world dance-related work site. Students should be ready to teach world dance classes and must have taken DANC A147 or DANC A148. Recommendation: Ideally, students in the second level of internship should have taken DANC A210, Dance Methodology.</p>	<p>DANC A225 0.5-2 Units (5-18 lecture hours; 14-54 lab hours) Yoga for Dancers 2 Advisory: DANC A115. Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC. This course will introduce students to intermediate/advanced yoga postures (asanas), breathing techniques (pranayama), meditation, and Yogic philosophies. This course will guide students to create a rigorous daily practice designed to improve their individual fitness and overall health. Designed for dancers, athletes, and anyone interested in the integration of mind, body and spirit. Graded or Pass/No Pass option.</p>
<p>DANC A220 1 Unit (62 other hours) Dance Internship I Prerequisite(s): DANC A143 or concurrent enrollment or DANC A144 or concurrent enrollment or DANC A145 or concurrent enrollment; This prerequisite will be validated in class during the first week of the course. Advisory: DANC A210. Grading Mode: Standard Letter Transfer Credit: CSU. A supervised internship related to classroom-based learning at a dance-related work site. Recommendation: Ideally, the first level of internship should be taken at the same time as DANC A210, Dance Methodology.</p>	<p>DANC A229 1-2 Units (9-18 lecture hours; 27-54 lab hours) Pilates Methodology 2 Advisory: DANC A129 or Intermediate to advanced level skills in Pilates Mat and Apparatus techniques. Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU. Designed for Pilates students to learn how to teach classes in Pilates Apparatus techniques for various age groups in a variety of settings. This class covers assessments, goal setting, lesson plans, communication, cueing, precautions, safety and modifications for Pilates Clients utilizing a variety of apparatus. May be taken for grade or on a pass-no pass basis. This will be validated during the first week of the course. Graded or Pass/No Pass option.</p>
<p>DANC A221 1 Unit (62 other hours) Dance Internship II Prerequisite(s): DANC A143 or concurrent enrollment or DANC A144 or concurrent enrollment or DANC A145 or concurrent enrollment or DANC A244 or concurrent enrollment or DANC A245 or concurrent enrollment. Advisory: DANC A210. Grading Mode: Standard Letter Transfer Credit: CSU. A supervised internship related to classroom-based learning at a dance-related work site. Students will teach dance classes at one or more sites using lesson plans that they have developed. Students should be in or have taken a level III or higher course in Ballet, Jazz or Modern. Recommendation: Ideally, the internship should be taken after or at the same time as DANC A210 Dance Methodology.</p>	<p>DANC A230 3 Units (54 lecture hours) World Dance and Culture Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC. Designed for students to view dance of diverse cultures from around the world through viewing videos, lecture/discussion and attendance at live dance concerts. The course examines dance forms in relation to their specific cultural contexts. Students will attend a minimum of two live dance performances. Expense of tickets is the student's responsibility. Graded or Pass/No Pass option.</p>
<p>DANC A223 3 Units (27 lecture hours; 81 lab hours) Performing Dance Ensemble II Prerequisite(s): DANC A203. Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU. Performing Dance Ensemble (Small Group) provides an opportunity for intermediate and advanced level dancers to improve their performing skills in structured rehearsal time, culminating in Lecture-Demonstration performances for the public schools and the community. An emphasis will be placed on small group choreography. Graded or Pass/No Pass option.</p>	<p>DANC A233 3 Units (27 lecture hours; 81 lab hours) Performing Dance Ensemble III Prerequisite(s): DANC A223. Grading Mode: Standard Letter, Pass/No Pass Transfer Credit: CSU; UC. Performing Dance Ensemble (Guest Choreographer) provides an opportunity for intermediate and advanced level dancers to improve their performing skills in structured rehearsal time, culminating in lecture-demonstration performances touring the public schools and the community. An emphasis will be placed on directing, choreography, and solo/duet performances. Graded or Pass/No Pass option.</p>

DANC A243 2 Units (18 lecture hours; 54 lab hours)**Jazz IV**

Prerequisite(s): DANC A143 and/or successful audition; This prerequisite will be validated in class during the first week of the course.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course offers instruction at the high intermediate and advanced levels in jazz dance techniques and it focuses on developing individual style and integrating personal and artistic phrasing and expression.

Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A244 2 Units (18 lecture hours; 54 lab hours)**Ballet IV**

Prerequisite(s): DANC A144 or successful audition; This prerequisite will be validated in class during the first week of the course.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

An advanced technique course in classical ballet, emphasizing movement skills at the barre, in center floor and traveling patterns. Complex movement combinations, extensive ballet terminology and diverse rhythms will be introduced throughout the semester. Students should be prepared to participate at the first class meeting. May be taken for grades or on a pass-no pass basis. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A245 2 Units (18 lecture hours; 54 lab hours)**Modern IV**

Prerequisite(s): DANC A145; This prerequisite will be validated in class during the first week of the course.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course offers instruction at the high intermediate and advanced levels in modern dance, emphasizing traditional and contemporary techniques. It includes thorough warm up exercises, technique, vocabulary skills, creative work, and integrates personal phrasing and expression. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A246 1 Unit (9 lecture hours; 27 lab hours)**Tap IV**

Prerequisite(s): DANC A146 or successful audition.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course offers tap dance instruction at the high intermediate and advanced levels, emphasizing advanced footwork skills, complex rhythms, traveling time steps, flash footwork, traveling combinations, and historic tap repertoire with total body integration and appropriate styling.

Students should be prepared to participate at the first class meeting. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A247 1-2 Units (9-18 lecture hours; 27-54 lab hours)**Flamenco Dance 3**

Advisory: DANC A135 and DANC A147.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

An advanced course in the technique, dance forms and rhythms of flamenco dance. Emphasis is placed on proper body alignment, arm and footwork precision and artistry, rhythm and improvisational skills at a high intermediate/advanced level. Graded or Pass/No Pass option.

DANC A248 1 Unit (9 lecture hours; 27 lab hours)**Mid-Eastern Dance 3**

Prerequisite(s): Successful audition; this prerequisite will be validated in the class during the first week of the course.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

A technique course emphasizing the social and stage dances from the region known as the Near and Middle East. Incorporates choreography, improvisation, movement vocabulary, styling, music and finger cymbal playing, use of various props, and costuming. Instruction at the high intermediate/advanced levels are offered. Graded or Pass/No Pass option.

DANC A250 1 Unit (9 lecture hours; 27 lab hours)**Dance Improvisation II**

Prerequisite(s): DANC A150.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This dance improvisation course is designed for instruction at the intermediate level for any student who has successfully completed DANC A150. The focus will be on contact improvisation, partnering, weight and support, shape, design, exploration of imagery and props, theatrical contexts, various music styles, rhythm, phrasing and other themes. Directed improvisation assignments and problem solving lead to free exploration of movement expressed through individual movement vocabulary. Students should be prepared to participate at the first class meeting. Graded or Pass/No Pass option.

DANC A253 2 Units (18 lecture hours; 54 lab hours)**Preparation for Audition - Jazz**

Prerequisite(s): DANC A243 or successful audition.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

This course offers instruction at the advanced level in Jazz dance, emphasizing contemporary Jazz technique and current vocabularies, with a focus on rhythmic challenges, athleticism, strength, endurance, phrasing and personal expression. The course is designed specifically to prepare the serious dancer for successful audition and university transfer as a dance major. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A254 2 Units (18 lecture hours; 54 lab hours)**Preparation for Audition - Ballet****Prerequisite(s):** DANC A244 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

An advanced course in classical ballet intended to improve the technique and performance qualities of dance majors who plan on auditioning for university transfer and/or stage performance experience in the professional field. The class guides students who will seek a career in teaching by attention to alignment corrections and use of intricate movement combinations, diverse rhythms and extensive ballet vocabulary. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A255 2 Units (18 lecture hours; 54 lab hours)**Preparation for Audition - Modern****Prerequisite(s):** DANC A245 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

This course offers instruction at the advanced level in modern dance, emphasizing release technique and current vocabularies, with a focus on rhythmic challenges, athleticism, strength, endurance, phrasing and personal expression. The course is designed specifically to prepare the serious dancer for successful audition and university transfer as a dance major. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A256 1 Unit (9 lecture hours; 27 lab hours)**Preparation for Audition - Tap****Prerequisite(s):** DANC A246 or successful audition.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

This course offers tap instruction at the advanced level in traditional and contemporary tap styles, including tap improvisation and presentation skills needed for successful auditions for university musical theatre programs, and to gain employment in the commercial dance field for stage, television, touring productions and films. Areas of focus include tap dance techniques to enhance speed, weight changes, athletic "flash" steps and spatial patterns and turns. Graded or Pass/No Pass option. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

DANC A257 1-2 Units (9-18 lecture hours; 27-54 lab hours)**Contemporary Commercial Dance 2****Advisory:** DANC A154, or successful audition, validated during the first week of the course.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

This course provides instruction in intermediate level Contemporary Commercial Dance movement vocabulary, technical skills, principles and terminology. This constantly evolving dance style includes themes expressive of our contemporary times made popular through television, film and video. This movement course explores intermediate level dance conditioning and focused exercises for a dynamic mind-body connection and artistic expression. This includes stylized dance phrase work focusing on performance skills. Graded or Pass/No Pass option.

DANC A262 3 Units (54 lecture hours; 18 lab hours)**Dance Composition/Choreography III****Prerequisite(s):** DANC A162.**Advisory:** DANC A102 or DANC A111 or DANC A121.**Grading Mode:** Standard Letter**Transfer Credit:** CSU; UC.

A composition course designed for dancers with intermediate and advanced technique levels in modern dance, ballet and jazz. Through a variety of assignments this course explores choreographic structures and forms, and emphasizes production elements: staging, costumes, lighting, marketing, as well as learning about post modern and avant garde choreographers and their work.

DANC A263 3 Units (27 lecture hours; 81 lab hours)**Performing Dance Ensemble IV****Advisory:** DANC A233.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

Performing Dance Ensemble IV provides an opportunity for advanced level dancers to improve their performing and career skills through rehearsals culminating in performances on campus and in the R. B. Moore Theatre. There may be additional performances and lecture-demonstrations in public schools and the community. This is the culmination of the Performing Dance Ensemble so includes Individualized assignments and responsibilities in the rehearsing, choreographing, staging, costuming, publicizing and promoting concerts and performances. Graded or Pass/No Pass option.

DANC A264 1 Unit (9 lecture hours; 27 lab hours)**Mid-Eastern Dance 4****Prerequisite(s):** Successful audition; this prerequisite will be validated in class during the first week of the course.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

A technique course emphasizing the social and stage dances from the region known as the Near and Middle East. Incorporates choreography, improvisation, movement vocabulary, styling, music and finger cymbal playing, the use of various props, and costuming. Instruction at the advanced level is offered. Graded or Pass/No Pass option.

DANC A267 1 Unit (9 lecture hours; 27 lab hours)**Flamenco Dance 4****Advisory:** DANC A247.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

An advanced course in technique, dance forms and rhythms of flamenco dance. Emphasis is placed on proper body alignment, arm and footwork precision and artistry, rhythm and improvisational skills with live musicians at a high intermediate/advanced level. Graded or Pass/No Pass option.

DANC A269 **1 Unit (9 lecture hours; 27 lab hours)**

Hip Hop 4

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Instruction in the movement vocabulary and technical skills that are needed for the dance style known as Hip-Hop. This course will focus on further developing the understanding of movement vocabulary, dynamics, performance techniques, and choreographic principals related to the dance style known as Hip-Hop. The course will focus on developing individual style and integrating personal and artistic phrasing and expression within the Hip Hop genre of dance. Instruction is at the advanced level. Graded or Pass/No Pass option.