

# CONSUMER STUDIES (COS)

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**COS A105** **2 Units (36 lecture hours)**

**Design Careers and Lifestyles**

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

A career exploration course designed to help students choose a career in a design-related discipline such as art, architecture, graphics, fashion, interiors, theater, industrial, or furniture. Emphasis on personal, educational, and professional qualifications required for entry into a design-related career. Formerly known as DSGN A105.

**COS A180** **3 Units (54 lecture hours)**

**Life Management**

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

This course develops skills in value clarification, goal setting, resource allocation, decision-making priority management, money management, workplace management, communication skills and healthy habits. Formerly known as FCS A180.