

CONSUMER STUDIES (COS)

COS A105 **2 Units (36 lecture hours)**

Design Careers and Lifestyles

Grading Mode: Standard Letter

Transfer Credit: CSU

A career exploration course designed to help students choose a career in a design-related discipline such as art, architecture, graphics, fashion, interiors, theater, industrial, or furniture. Emphasis on personal, educational, and professional qualifications required for entry into a design-related career.

COS A180 **3 Units (54 lecture hours)**

Life Management

Grading Mode: Standard Letter

Transfer Credit: CSU.

This course develops skills in value clarification, goal setting, resource allocation, decision-making priority management, money management, workplace management, communication skills and healthy habits.