

CONSUMER STUDIES (COS)

COS A105**2 Units (36 lecture hours)****Design Careers and Lifestyles****Grading Mode:** Standard Letter**Transfer Credit:** CSU

A career exploration course designed to help students choose a career in a design-related discipline such as art, architecture, graphics, fashion, interiors, theater, industrial, or furniture. Emphasis on personal, educational, and professional qualifications required for entry into a design-related career. Formerly known as DSGN A105.

COS A180**3 Units (54 lecture hours)****Life Management****Grading Mode:** Standard Letter**Transfer Credit:** CSU.

This course develops skills in value clarification, goal setting, resource allocation, decision-making priority management, money management, workplace management, communication skills and healthy habits. Formerly known as FCS A180.