

# LIBERAL ARTS: EMPHASIS IN HUMAN BEHAVIOR AND SELF DEVELOPMENT, ASSOCIATE IN ARTS DEGREE

**Banner code:** 2\_AA\_LAHBSD

**Financial aid:** Eligible

This program is designed for students who desire a broad knowledge of liberal arts and sciences, plus additional course work in an "Area of Emphasis." This program would be an ideal choice for students planning on transferring to the California State University (CSU) or University of California (UC), as the student may satisfy their general education requirements plus focus on transferable course work relating to baccalaureate majors at these institutions. Because admission and major preparation requirements vary at each transfer institution, courses used to fulfill requirements for an emphasis should be selected with the assistance of GWC Counselor.

All courses included in this major are transferable to the California State University (CSU) system, and the majority are transferable to the University of California (UC) system. The courses, with the appropriate selections made, will meet major preparation for entry to baccalaureate degree programs in Human Services, Social Services, Behavioral Sciences, and other related fields.

## Program Level Learning Outcomes

Upon completion of this program, students will be able to:

1. Discover understanding of themselves and others to communicate and collaborate more effectively.
2. Distinguish methods for personal wellness for themselves and others.
3. Identify methods for collaborating with others in their community.
4. Develop methods for participating in group activities and collaborative projects.
5. Evaluate group interactions in a variety of contexts.

## Associate Degree Graduation Requirements

(See GWC website (<http://www.goldenwestcollege.edu>) for the most up-to-date information on Associate Degree Requirements (<https://catalog.cccd.edu/golden-west/general-education/associate-degree/>).

1. Completion of General Education Requirements by one of the following methods:
  - a. Completion of a minimum of 18 units as listed under Areas A through E, including the Cultural Diversity Requirement.
  - b. Completion of a minimum of 39 units of CSU General Education requirements. Students who complete this pattern are also eligible to receive the Certificate of Achievement in CSU General Education Breadth (<https://catalog.cccd.edu/golden-west/general-education/csu-ge/>).
  - c. Completion of a minimum of 34 (UC) or 37 (CSU) units of Intersegmental General Education Transfer Curriculum (IGETC) requirements. Students who complete this pattern are also

eligible to receive the Certificate of Achievement in IGETC (<https://catalog.cccd.edu/golden-west/general-education/igetc/>).

2. Completion of a Major or Area of Emphasis—a minimum of 18 units.
3. Completion of additional elective units to a total of 60 units.
4. 2.0 overall Grade Point Average at GWC and 2.0 overall Grade Point Average for all colleges attended.
5. At least 12 units completed at GWC.

Students should consult a GWC counselor in order to select the best pathway to meet their educational goals. For students who intend to transfer, the choice of general education will be specific to both their major and transfer institution.

Course	Title	Units
<b>Select at least one course from each category below (A, B, and C), then select additional courses from categories A, B, and/or C, to total 18 credits (with no more than six credits of activity courses)</b>		
<b>A) Theory and Knowledge</b>		
ACCT G100	Introduction to Accounting	3
ANTH G100	Introduction To Cultural Anthropology	3
ANTH G185	Physical Anthropology	3
ANTH G190	Introduction to Linguistics	3
ANTH G200	Gender, Culture, and Society	3
COMM G100	Interpersonal Communication	3
COMM G110	Public Speaking	3
COMM G112	Small Group Dynamics	3
COMM G225	Negotiation and Mediation	3
COMM G255	Intercultural Communication	3
COMM G265	Gender Communication	3
CJ G110	Criminal Investigation	3
CJ G123	Juvenile Law	3
CJ G137	Community Relations And Special Issues In Criminal Justice	3
CJ G150	Introduction To Corrections	3
CJ G152	Probation and Corrections: Case Planning and Supervision	3
PEAC G110	Nonviolence and Conflict Resolution	3
PEAC G230	Leadership & Peacebuilding	3
PSYC G100	Introduction To Psychology	3
PSYC G116	Child Growth and Development	3
PSYC G255	Abnormal Psychology	3
PSYC G118	Life Span Developmental Psychology	3
PSYC G280	Research Methods in Psychology	4
PSYC G250	Psychobiology	3
PSYC G260	Social Psychology	3
SOC G100	Introduction To Sociology	3
SOC G110	Introduction To Marriage And The Family	3
SOC G133	Racial And Ethnic Relations In America	3
SOC G160	Sociology of Criminology	3
SOC G185	Analysis of Social Problems	3
<b>B) Growth and Purpose</b>		
BUS G121	Personal Finance	3
COLL G100	Becoming A Successful Student	3
COMM G110	Public Speaking	3
COMM G260	Organizational Communication	3

Course	Title	Units	Course	Title	Units
COUN G100	Career Planning	1.5	PE G180	Strength And Muscle Power Training	2
COUN G103	Educational Planning For Student Success	1	PE G181	Muscular Strength Training	1
COUN G104	Career And Life Planning	3	PE G186	Activities - Basketball	0.5-1
COUN G115	Student-Athlete Success & Educational Planning	2	PE G192	Soccer	1
COUN G150/G151/ G152/G153/G154/ G155	Planning for Arts, Languages, and Humanities	3	PE G195	Volleyball	0.5-1
COUN G199	Employability Skills	1.5	PE G196	Sand Volleyball	0.5-1
COUN G205	Navigating the Transfer Process	1	ATHL G235	Basketball Team - Women	3
EDUC G102	Teaching Diverse Contemporary Classrooms	1	ATHL G236	Basketball Team - Men	3
EDUC G103	Technology Proficiencies For Teachers I	2	ATHL G239	Softball Team - Women	3
EDUC C200	The Teaching Profession	3.5	ATHL G240	Baseball Team	3
LIBR G110	Information Competency and Library Research	1	ATHL G243	Cross Country Team - Women	3
LIBR G120	Libraries And The Internet	1	ATHL G244	Cross Country Team - Men	3
PSYC G110	Psychology of Adjustment	3	ATHL G246	Football Team	3
PSYC G165	Principles of Human Sexuality 1	3	ATHL G249	Soccer Team - Women	3
<b>C) Health and Wellness</b>			ATHL G250	Soccer Team - Men	3
<i>Non-Activity</i>			ATHL G253	Swimming Team - Women	3
HLED G100	Personal Health	3	ATHL G254	Swimming Team - Men	3
HLED G107	Drugs, Health, and Society	3	ATHL G255	Track Team - Women	3
HLED G135	Nutrition	3	ATHL G256	Track Team - Men	3
KIN G100	Introduction to Kinesiology	3	ATHL G259	Volleyball Team - Women	3
KIN G101	First Aid/Cardio-Pulmonary Resuscitation	3	ATHL G260	Volleyball Team - Men	3
KIN G110	Mental Skills for Performance	3	ATHL G263	Water Polo Team - Women	3
KIN G281	Prevention and Care of Athletic Injuries	3	ATHL G264	Water Polo Team - Men	3
PE G103	Exercise For Healthy Living	2	ATHL G279	Beach Volleyball - Women	3
<i>Activity</i>			<b>Major Total</b>		<b>18</b>
DANC G100	Modern Dance 1 - Beginning	2	<b>GE Pattern (Local, CSU GE-Breadth, or IGETC)</b>		<b>18-39</b>
DANC G105	Strength and Stretch	1	<hr/>		
DANC G112	Ballroom Dance	1	Total Units		60
DANC G115	Tap Dance 1 - Beginning	2			
DANC G119	Hip Hop Dance	1			
DANC G120	Ballet 1 - Beginning	2			
DANC G125	Jazz Dance 1 - Beginning	2			
DANC G130	Dance For Musical Theater	2			
DANC G135	Mid-Eastern Dance	0.5,1			
DANC G230	Choreography	2			
DANC G235	Modern Dance Ensemble	2			
DANC G240	Tap Dance Ensemble	1,2			
DANC G245	Performance Ensemble	1-2			
PE G110	Swimming For Fitness	0.5,1			
PE G111	Swimming	1			
PE G130	Yoga	1			
PE G132	Pilates For Fitness	1			
PE G137	Golf	0.5			
PE G150	Badminton	1			
PE G158	Tennis	1			
PE G173	Introduction To Weight Training	1			
PE G176	Total Fitness For Women	1			