

PSYCHOLOGY (PSYC)

PSYC G100 3 Units (54 lecture hours)

Introduction To Psychology

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course is an introduction to the scientific study of behavior. Topics include an exploration of major psychological theories and concepts, research methodology, memory, motivation, emotion, personality, intelligence, psychobiology, perception, cognition and consciousness, learning, development, social psychology, psychological disorders and therapeutic approaches, and applied psychology. Graded or Pass/No Pass option. **C-ID:** PSY 110.

PSYC G110 3 Units (54 lecture hours)

Psychology of Adjustment

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course will study of concepts and principles of personal and social adjustment, with an applied focus on how psychology is used in everyday life. Psychological theories regarding healthy adjustment are explored, including research on stress, coping, personal growth, self-esteem, self-actualization, and healthy vs. unhealthy relationships. Contemporary theories are examined, with an emphasis on how scientists, clinicians, and practitioners study and apply psychology. Graded or Pass/No Pass option. **C-ID:** PSY 115.

PSYC G116 3 Units (54 lecture hours)

Child Growth and Development

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Formerly: PSYC G150 – Child Psychology. Recommended for parents, future parents or teachers, and for majors in education, social service, and recreation. A study of the physical, emotional, mental and social development of the child. Emphasis on relations with parents, peers and teacher. Approaches to discipline and education are considered. Graded or Pass/No Pass option. **C-ID:** CDEV 100.

PSYC G118 3 Units (54 lecture hours)

Life Span Developmental Psychology

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Formerly: PSYC G160 – Human Growth and Development. This course examines psychological development across the lifespan, from prenatal development through childhood, adolescence, adulthood, aging, and dying. Biological and environmental influences on development will be explored, and the psychological research on cognitive, personality, and social development will be examined. Graded or Pass/No Pass option. **C-ID:** PSY 180.

PSYC G130 3 Units (54 lecture hours)

Critical Thinking in Psychology

Prerequisite(s): ENGL G100 or ENGL G100H.

Grading Mode: Standard Letter

Transfer Credit: CSU; UC.

This course focuses on the development of critical thinking skills through written argumentation, and analysis of complex issues in the field of psychology. Students will learn about the common fallacies of reasoning, analyzing arguments, questioning opinion versus facts, effective problem solving, and the common errors of human cognition which impede critical thinking. Emphasis is placed on using critical thinking skills to examine contemporary issues involving human behavior, and writing effective logical arguments. Graded.

PSYC G140 4 Units (72 lecture hours)

Statistics for the Behavioral Sciences

Prerequisite(s): MATH G030 or MATH G080.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

The use of probability techniques, hypothesis testing, and predictive techniques to facilitate decision-making. Topics include descriptive statistics; probability and sampling distributions; statistical inference; correlation and linear regression; t-tests; analysis of variance, chi-square tests; and application of technology for statistical analysis including the interpretation of the relevance of the statistical findings. Applications using data from disciplines including psychology, social sciences, life and health sciences, and education. Graded or Pass/No Pass option. UC credit limitations: PSYC G140, BIOL G260, MATH G103 and MATH G160 combined – maximum credit, 1 course. **C-ID:** MATH 110.

PSYC G165 3 Units (54 lecture hours)

Principles of Human Sexuality 1

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Formerly: Human Sexuality – Psychological Basis. This course involves an analysis of the interconnections between psychological experiences and the structure and function of the human sexual body. Topics include growth and development, reproduction and contraception, disabilities, dysfunction and therapy, as well as differing social values attached to each of these processes. Graded or Pass/No Pass option. **C-ID:** PSY 130.

PSYC G250 3 Units (54 lecture hours)

Psychobiology

Prerequisite(s): PSYC G100.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Recommended for transfer students to develop an appreciation of the psychological, biochemical and genetic factors that affect behavior. This course can give a foundation for further studies in developmental, learning, personality and motivational psychology. Graded or Pass/No Pass option. **C-ID:** PSY 150.

PSYC G255 3 Units (54 lecture hours)

Abnormal Psychology

Advisory: PSYC G100.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Formerly: PSYC G158. An overview of abnormal behavior as a portion of the continuum of human behavior. The course will cover the field's historical approaches, the range of psychological disorders, as well as their biological, psychological, social consequences, and treatment. Graded or Pass/No Pass option. **C-ID:** PSY 120.

PSYC G260 3 Units (54 lecture hours)

Social Psychology

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

The scientific study of the effects of social influences on human behavior and mental processes. Topics include interpersonal perception, attitudes and attitude change, conflict and cooperation, aggression, social cognition, prosocial behavior, gender roles and cultural norms, as well as applications of social psychological principles to social settings and social problems. Graded or Pass/No Pass option. **C-ID:** PSY 170.

PSYC G280 4 Units (54 lecture hours; 54 lab hours)

Research Methods in Psychology

Prerequisite(s): MATH G160 or PSYC G140 and PSYC G100.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Formerly: PSYC G185 – Introduction to Experimental Psychology. Introduction to basic research methods used in the social sciences including such topics as research design, experimental procedures, descriptive methods (naturalistic observation and correlational studies), instrumentation, and the collection, analysis, interpretation, and reporting of research data. Graded or Pass/No Pass option. **C-ID:** PSY 205B.