

DANCE (DANC)

DANC G100 2 Units (27 lecture hours; 27 lab hours)

Modern Dance 1 - Beginning

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Formerly: Modern Dance 1. This course provides instruction and practice in fundamental modern dance techniques, improvisation and composition and promotes the development of an understanding and appreciation of modern dance as an art form. Graded or Pass/No Pass option.

DANC G101 3 Units (54 lecture hours)

Viewing Dance

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

This course is an introduction to contemporary dance theatre through viewing dance films and performances. The historical development of dance from ritual to contemporary forms will be primarily discussed in relation to Western-based genres of dance, such as, ballet, modern, tap, and jazz. Students will view associated dance works and discuss relevant components. Students will be required to attend a live performance and submit a critique. Discussions and assignments will address social and psychological concerns, sexuality, race, gender, and aesthetics as they come into play within the art form of dance. Graded or Pass/No Pass option.

DANC G105 1 Unit (18 lecture hours; 18 lab hours)

Strength and Stretch

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC: Credit Limitation: Any or all of these ATHL, DANC, PE Activity courses combined: maximum credit, 4 units.

Formerly: Dance Conditioning and Stretches. This course provides instruction and practice in fundamental stretching techniques, strength conditioning and correction of body alignment. Students will learn stretch combinations on the floor, with partners and at the ballet barre. There will be discussions of anatomical theories and exercises leading to correct body alignment. Graded or Pass/No Pass option.

DANC G106 1 Unit (18 lecture hours; 18 lab hours)

Strength and Stretch 2 - Intermediate

Advisory: DANC G105.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC: Credit Limitation: Any or all of these PE Activity courses combined: maximum credit, 4 units.

Formerly: Dance Conditioning, Intermediate. This course provides instruction and practice in intermediate level dance conditioning techniques, which can include Pilates training, Hatha yoga, gyrokinesis yoga, ballet floor and barre, and fitness training techniques. There will be discussion of nutrition and anatomical theories leading to correct body alignment. Graded or Pass/No Pass option.

DANC G108 1 Unit (18 lecture hours; 18 lab hours)

Pilates and Barre for Dancers

Advisory: DANC G105 or DANC G106 or instructor permission.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

This course is for the intermediate/advanced dancer to create a better understanding and application of the exercise principles, theory, and history of the Pilates method with classical ballet barre and is designed to improve and enhance dance technique and performance. This course will include training for dancers in Pilates principles, terminology, alignment, breath, strength and flexibility exercises, injury prevention, endurance and kinesiological awareness along with elements from classical ballet barre including pli , petite battement tendu, d gag , rond de jambe, fondu, d velopp , grande battement, barre stretch in all positions and basic ballet terminology. Elements from Pilates may include but are not limited to mat work, ball, magic circle, theraband, foam roller and reformer. Proper breathing techniques will be emphasized. Graded or Pass/No Pass option.

DANC G112 1 Unit (9 lecture hours; 27 lab hours)

Ballroom Dance

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

A course designed to acquaint students with the fundamentals and various styles of ballroom dancing. There will be an introduction and overview to smooth, Latin, swing, and various dances. The basics and variations of dances to be taught may include but are not limited to Fox Trot, Waltz, Cha Cha, Tango, Swing, Polka, Salsa, Country, Two Step, Cajun, and Hustle. The course overview is intended to cover the basic footwork, variations, styling, rhythm, timing, lead-follow, and dance characteristics of the dances taught. Graded or Pass/No Pass option.

DANC G113 1 Unit (9 lecture hours; 27 lab hours)

Ballroom Dance 2 - Beginning

Prerequisite(s): DANC G112 or instructor permission.

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

This course is designed for students with some experience in ballroom dance and/or to further the study of ballroom dance begun in DANC G112. The course will provide a review of ballroom dance styles including but not limited to smooth, Latin, swing, and various dances. The course will emphasize more complex ballroom dance and partnering techniques. The course is designed to further the understanding of ballroom dance forms while enhancing appropriate level footwork, variations, styling, rhythm, timing, lead-follow, and dance characteristics. Dances to be introduced and practiced may include but are not limited to Fox Trot, Waltz, Cha Cha, Tango, Swing, Polka, Salsa, Country, Two Step, Cajun, and Hustle. Graded or Pass/No Pass option.

DANC G115 2 Units (27 lecture hours; 27 lab hours)

Tap Dance 1 - Beginning

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU; UC.

Formerly: Beginning Tap Dance. This course is designed to develop beginning tap dance techniques. Graded or Pass/No Pass option.

DANC G119 2 Units (27 lecture hours; 27 lab hours)**Hip Hop Dance****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

This course will instruct students in various styles of hip hop dance such as breaking, freestyle, locking, popping and other evolving contemporary dance forms at the beginning/intermediate level. Course overview is intended to cover the basic footwork, variations, styling, rhythms and timing. Instruction might also include additional hip hop techniques such as street dance, B-boying and improvisation. Course is designed for the student with little or no previous hip hop dance instruction. Graded or Pass/No Pass option.

DANC G120 2 Units (27 lecture hours; 27 lab hours)**Ballet 1 - Beginning****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Formerly: Ballet 1. Instruction and practice in fundamental ballet techniques and correct use of ballet terminology at a beginning level. Students will learn basic alignment, warm-ups, barre work, centre floor adagio and allegro dance combinations. Graded or Pass/No Pass option.

DANC G125 2 Units (27 lecture hours; 27 lab hours)**Jazz Dance 1 - Beginning****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Formerly: Jazz Dance 1. This course provides instruction and practice in the techniques and styles of jazz dance. It is a course designed to develop jazz dance techniques using resource and movement materials. Experience in the creation, development and performance of jazz dance using jazz and rock music as the accompaniment. Graded or Pass/No Pass option.

DANC G130 2 Units (27 lecture hours; 27 lab hours)**Dance For Musical Theater****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course is designed to acquaint the students with basic dance movements and techniques for musical stage productions. Students will learn choreography from famous stage and film musicals. Graded or Pass/No Pass option.

DANC G135 0.5,1 Units (9, 18 lecture hours; 9, 18 lab hours)**Mid-Eastern Dance****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This is a technique course emphasizing the social and stage dances from the region designated as the Near and Middle East. Graded or Pass/No Pass option.

DANC G136 0.5,1 Units (9, 18 lecture hours; 9, 18 lab hours)**Intermediate/Advanced Mid-Eastern Dance****Advisory:** DANC G135.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This is a technique course emphasizing the social and stage dances from the region designated as the Near and Middle East which incorporates choreography, improvisation, movement, vocabulary, styling, veil work, and finger cymbal playing. Instruction at the intermediate and advanced levels is offered. Graded or Pass/No Pass option.

DANC G145 2 Units (27 lecture hours; 27 lab hours)**Modern Dance 2 - Intermediate****Prerequisite(s):** DANC G100 or permission of instructor.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Formerly: Intermediate Modern Dance. This course provides instruction and practice in intermediate level modern dance technique including modern dance warm-up exercises and combinations choreographed to live and recorded accompaniment. Students will have the opportunity to improvise and choreograph their own modern dance studies at an intermediate level. Graded or Pass/No Pass option.

DANC G150 2 Units (27 lecture hours; 27 lab hours)**Tap Dance 2 - Intermediate****Prerequisite(s):** DANC G115 or instructor permission.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Formerly: Rhythm Tap Styles. This course focuses on the instruction and practice of intermediate tap dance techniques with emphasis on rhythms and tempos using tap sounds as the medium for the composition. Graded or Pass/No Pass option.

DANC G155 2 Units (27 lecture hours; 27 lab hours)**Ballet 2 - Intermediate****Prerequisite(s):** DANC G120 or instructor permission.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Formerly: Intermediate Ballet. Instruction and practice in intermediate ballet techniques. Classroom participation in barre work, complex centre practice and intermediate adagio and allegro ballet combinations. Graded or Pass/No Pass option.

DANC G160 2 Units (27 lecture hours; 27 lab hours)**Contemporary Dance Styles****Advisory:** DANC G125.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Formerly: Commercial Dance Styles. Instruction and practice in intermediate jazz exercise techniques, jazz dance combinations, and complete jazz dances choreographed to jazz, rock and musical theater music. Graded or Pass/No Pass option.

DANC G200 2 Units (27 lecture hours; 27 lab hours)**Modern Dance 3 - Advanced****Prerequisite(s):** DANC G145 or instructor permission.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

Formerly: Advanced Modern Dance. Instruction and practice in advanced level modern dance techniques, theory, improvisation and composition. Graded or Pass/No Pass option.

DANC G201 2 Units (27 lecture hours; 27 lab hours)**Modern Dance 4 - Professional****Prerequisite(s):** DANC G200 or instructor permission.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course provides modern dance instruction and practice as a continuation of Modern Dance 3 - Advanced Level, with emphasis on professional level modern dance technique, theory, improvisation and composition. Graded or Pass/No Pass option.

- DANC G212** 1 Unit (9 lecture hours; 27 lab hours)
Ballroom Dance 3 - Intermediate
Prerequisite(s): DANC G113 or instructor permission.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU.
 A course designed to acquaint students with the fundamentals and various styles of ballroom dancing at an intermediate level. Dances to be taught may include but are not limited to Fox Trot, Waltz, Cha Cha, Tango, Swing, Polka, Salsa, Country, Two Step, Cajun, and Hustle at an intermediate level. The course will cover intermediate level footwork, variations, styling, rhythm, timing, lead-follow, and dance characteristics. Student is expected to be at intermediate level for smooth, Latin, swing, and variety dances. Graded or Pass/No Pass option.
- DANC G213** 1 Unit (9 lecture hours; 27 lab hours)
Ballroom Dance 4 - Advanced
Prerequisite(s): DANC G212 or instructor permission.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU.
 This course will further the study of ballroom dance begun in previous levels of ballroom dance instruction with emphasis on the complex structure and styles of advanced level ballroom dancing. This course will cover footwork, variations, styling, rhythm, timing, lead-follow, and dance characteristics of the advanced level dance styles taught. The advanced level ballroom dance styles to be demonstrated and taught may include but are not limited to Fox Trot, Waltz, Cha Cha, Tango, Swing, Polka, Salsa, Country, Two Step, Cajun, and Hustle. Graded or Pass/No Pass option.
- DANC G215** 2 Units (27 lecture hours; 27 lab hours)
Tap Dance 3 - Advanced
Prerequisite(s): DANC G150 or instructor permission.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 Formerly: Advanced Tap Dance. This course is a complete study in advanced tap techniques in both rhythm & Broadway tap styles. Graded or Pass/No Pass option.
- DANC G219** 2 Units (27 lecture hours; 27 lab hours)
Hip Hop Dance 2
Prerequisite(s): DANC G119 or instructor permission.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU.
 This course will further the study of hip hop dance at the intermediate/advanced level. Emphasis will be on vocabulary, footwork, technical skills, styling and rhythms found in various styles of hip hop dance including but not limited to breaking, locking, popping, freestyle/improvisation, street dance and B-boying. Students will create hip hop choreography in preparation for auditions and/or performance. Graded or Pass/No Pass option.
- DANC G220** 2 Units (27 lecture hours; 27 lab hours)
Ballet 3 - Advanced
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 Formerly: Advanced Ballet. Advanced level ballet techniques. Classroom participation in barre work, complex centre practice and advanced adagio and allegro combinations. Graded or Pass/No Pass option.
- DANC G225** 2 Units (27 lecture hours; 27 lab hours)
Jazz Dance 2 - Advanced
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 Formerly: Advanced Jazz Dance. Instruction and practice in advanced jazz dance techniques. Students will learn jazz warm-up exercises, jazz combinations and complete dances choreographed to jazz, rock, and musical theater music. Current styles, staging, and composition of jazz dances will be included. Graded or Pass/No Pass option.
- DANC G230** 2 Units (18 lecture hours; 54 lab hours)
Choreography
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 Instruction and practice of the elements of dance and the theories of choreography. Students will improvise and choreograph their own solo and group studies. There will be a variety of performance opportunities. Placement by audition only. Enrollment not accepted until audition is held at the first class meetings each semester. Graded or Pass/No Pass option.
- DANC G231** 2 Units (18 lecture hours; 54 lab hours)
Choreography 2 - Intermediate/Advanced
Prerequisite(s): DANC G230 or instructor permission.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU.
 This course continues the study of the art of making dances. Instruction and practice of the elements of dance and the theories of choreography will be at the intermediate/advanced level and will continue to emphasize the elements of dance choreography composition: space, shape, time and energy. Students will improvise and choreograph solo and group compositions at the intermediate/advanced level while enjoying a variety of performance opportunities. Placement by audition only. Enrollment not accepted until audition at the first class meeting. Graded or Pass/No Pass option.
- DANC G235** 2 Units (27 lecture hours; 27 lab hours)
Modern Dance Ensemble
Prerequisite(s): Instructor permission.
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 This course is designed for the dance student to learn new or previously choreographed modern dance works. These dances will be learned in their entirety and perfected to performance level. Students will perform the work at public performances during the semester. Graded or Pass/No Pass option.
- DANC G240** 1,2 Units (9, 18 lecture hours; 27, 54 lab hours)
Tap Dance Ensemble
Grading Mode: Standard Letter, Pass/No Pass
Transfer Credit: CSU; UC.
 A performance group for the advanced tap dancer. Students will learn and perfect several new or previously choreographed tap works. Students will be expected to perform publicly during the semester. Graded or Pass/No Pass option.

DANC G245 2 Units (27 lecture hours; 27 lab hours)**Performance Ensemble****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course provides a performance ensemble for the intermediate and advanced dancer. Students will learn and perfect several new or previously choreographed works. Students will be expected to perform publicly during the semester. Graded or Pass/No Pass option.

DANC G250 1,2 Units (18 lecture hours; 18, 54 lab hours)**Studio Production And Performance****Prerequisite(s):** Audition.**Co-requisite(s):** DANC G145, DANC G150, DANC G155, or DANC G160.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course will focus on the creative and production aspects of running a dance ensemble for the purpose of community outreach and performance. The course will allow continuing opportunities for students interested in producing original choreography and performing in the dance studio at GWC, on the GWC Mainstage and elsewhere in the community at a beginning level. Students will be provided performance opportunities and experiences required for management of a dance company. All aspects of dance concert production are studied including choreography, lighting, costuming, publicity, music, scenery design, special effects and staging. Placement by audition only. Enrollment not accepted until auditions at the first class meetings. Graded or Pass/No Pass option.

DANC G251 1,2 Units (18, 36 lecture hours; 18, 36 lab hours)**Studio Production and Performance 2****Prerequisite(s):** DANC G230, DANC G250, or instructor permission.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

This course will further the study of the creative and production aspects of running a dance ensemble for the purpose of community outreach and performance. This course is designed to allow continuing opportunities for students interested in producing original choreography and performing in the dance studio at GWC, on the GWC Mainstage and elsewhere in the community at an intermediate/advanced level. Students will be provided performance opportunities and experiences required for management of a dance company. All aspects of dance concert production are studied including choreography, lighting, costuming, publicity, music, scenery design, special effects and staging. Placement by audition only. Enrollment not accepted until auditions at the first class meetings. Graded or Pass/No Pass option.

DANC G255 2 Units (27 lecture hours; 27 lab hours)**Ballet 4 - Professional****Prerequisite(s):** DANC G220 or instructor permission.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course provides professional-level ballet technique for barre, centre combinations, and adagio and allegro combinations. Advanced comprehension of ballet terminology, musical rhythms and ballet history will be emphasized. Graded or Pass/No Pass option.

DANC G260 2 Units (27 lecture hours; 27 lab hours)**Dance Production and Performance****Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU; UC.

This course prepares students for the creation and performance of dance in concert. All elements of the concert dance experience including choreography, lighting, costuming, and music are explored. Practical experience is obtained through college and community dance performances. Graded or Pass/No Pass option.

DANC G261 2,3 Units (18, 27 lecture hours; 54, 81 lab hours)**Dance Production and Performance 2****Prerequisite(s):** DANC G260.**Grading Mode:** Standard Letter, Pass/No Pass**Transfer Credit:** CSU.

This course continues students creation and performance of live concert dance at the intermediate/advanced level. All the aspects of dance production, including choreography, music and technical elements such as lighting, costuming, sound, special effects and set design will be emphasized. Practical experience is obtained through college and community dance performances including student dance concerts in the Golden West College Mainstage Theater. Placement by audition only. Enrollment not accepted until audition at the first class meeting. Graded or Pass/No Pass option.