

# THEA A188: BODY MOVEMENT FOR THE ACTOR

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	100700 - Dramatic Arts
Units	3 Total Units
Hours	72 Total Hours (Lecture Hours 45; Lab Hours 27)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)

## Course Description

Instruction in using the body as an expressive instrument in performance. Strength, flexibility, relaxation, control, and body relationship will be studied. Transfer Credit: CSU; UC.

## Course Level Student Learning Outcome(s)

1. Control and position their bodies to meet the physical and emotional demands of performance.

## Course Objectives

- 1. Repeat various warm ups, stretching, and space exercises.
- 2. Discuss and express the use of pantomime and stage movement in text and theme interpretation.
- 3. Demonstrate an understanding and control of physical demands of performance.
- 4. Distinguish the difference between indicating and expression in all movements.
- 5. Solve difficult movement and physical space problems.
- 6. Formulate a plan to ration and control physical endurance in performance and rehearsal.
- 7. Evaluate their physical performance in each scene performed.
- 8. Prepare a nonverbal story and convey the plot, character, obstacles, and theme through physical movement.

## Lecture Content

An Introduction to Movement Theory An exploration of classical dance moves, their purpose, and aesthetic value The unit includes text readings, lecture, and movement exercises in class Modern Dance and Ballet This unit includes an introduction to each of the dance forms of each style, the intrinsic difference between the two, and how they relate to dramatic acting In class the students will perform fundamental moves from each dance form Pantomime Pantomime is basically exaggerated acting movement with unique technique and students will study its important application to dramatic acting Text reading, demonstration, and class exercises form the basics of this unit Specific Problem Areas

for the Actor in the Visual Arts These areas include an introduction to and exercises in acrobatics, stage fighting, improvisation, story theatre, and deaf theatre Preparation and Presentation of the Final Scene The scenes will be chosen from dramatic literature and will demonstrate the students knowledge of techniques learned in class lecture, demonstration, and exercises

## Lab Content

See Course Content.

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Lectures and discussions Physical exercises and games Final scene presentations

## Reading Assignments

Text and written essay examinations Self and fellow student critiques Successful performances of scenes, exercises, and games

## Writing Assignments

Text and written essay examinations Self and fellow student critiques Successful performances of scenes, exercises, and games

## Out-of-class Assignments

Text and written essay examinations Self and fellow student critiques Successful performances of scenes, exercises, and games

## Demonstration of Critical Thinking

Attendance, two text and lecture written examinations, class exercises, four performance assignments, movement criticism, and one final scene

## Required Writing, Problem Solving, Skills Demonstration

Text and written essay examinations Self and fellow student critiques Successful performances of scenes, exercises, and games

## Other Resources

1. Handouts and play scripts provided by instructor.