

SWHS G110: INTRODUCTION TO SOCIAL WORK AND HUMAN SERVICES

Item	Value
Curriculum Committee Approval Date	11/02/2021
Top Code	210400 - Human Services
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S)
Local General Education (GE)	• GWC Soc, Pol, Econ (GD)

Course Description

Formerly: SWHS G100. This course provides an overview of social welfare and the societal institutions in the U.S. that structure the provision of social services and services. The course presents a historical perspective of U.S. social work and human services, with emphasis on the evolution of social welfare programs and institutions, major U.S. court and policy decisions, contemporary social problems, and modern service delivery systems. Further exploration of current policies, procedures, and the tasks of culturally responsive social workers and human service workers is also covered. Students will explore professional, ethical, and cultural issues facing the fields of social work and human services. ADVISORY: ENGL C1000 or ENGL C1000E. Transfer Credit: CSU; UC.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Identify the major historical transitions of social welfare and human services in the United States.
3. Discuss theories and models of social work practice utilized by human service specialists.
4. Assess the way that clients' needs are identified to determine services.
5. Compare and contrast the impact of cultural humility legal, ethnical, and professional responsibilities within the practice of social work and human services organizations through the lens of oppression and privilege.

Course Objectives

- 1. Construct a historical overview identifying the frameworks of social work, human services, and social welfare.
- 2. Analyze the current methods to deliver social work and human service programming that address specific clients needs.
- 3. Complete an analysis of social policies that address social work and human services through the lens of ethnicity, race, age, sex, gender identity, religion, abilities, and other categories in which individuals have been historically marginalized and oppressed.

- 4. Research the major social welfare legal policies and decisions that address social problems and the delivery of services to clients within the general society.
- 5. Analyze the legal, ethical, and professional practice responsibilities of working with social work and human service organizations with an emphasis on cultural humility and oppressed groups.
- 6. Assess the skills and personal qualities, including personal biases, multicultural competency, and practitioner strategies required in helping professions.
- 7. Explore careers and professional development options in social work and human services settings including the ethics, values, and professional standards of practice.

Lecture Content

Introduction of Social Welfare and Human Services Identifying common terms in the field Direct and Indirect Aid Primary Prevention Counseling Psychotherapy Crisis Intervention Rehabilitation Social Support Community Organization History of helping and Human Services in the U.S. and the institutionalization of help Early History Time of Change-19th century 20th Century-New Directions The influence of religious values, ethics, and social and political climates on the professions development Careers and Career Ladders in Social Work and Human Services. Typology of Social Work and Human Service professionals Human Services Roles Succeeding in the agency environment Perceptions of Client Issues Maslows hierarchy of needs Ericksons stages of psychosocial development Human Motivational Theory Systems Theory Strengths Approach Planned Change Model Evidence Based Practice Social Policy Perspectives addressing Social Work and Human Services: Ethnicity Culture Class Age Religion Physical and cognitive abilities Gender and sexual orientation Examination of U.S. legal and major court decisions impacting Social Work and Human Services Major decisions in the 20th century Decisions of the 21st century Profile of the current U.S. social welfare, human services delivery system The Medical Model The Public Health Model The Human Services Model The profile, role and orientation of the social welfare and human services practitioner Essential skills and qualities Social Work process Practice perspectives Values and ethics Philosophies of practice Trust Autonomy The Whole Person Acceptance Individuality Self-determination Competence and responsibility Confidentiality Self-support and stress management techniques Professional development Outside support and nurturing activities Current trends and issues in Social Work and Human Services International Focus Aging in America Diversity

Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

Instructional Techniques

Lecture and discussion regarding reading materials. Case studies to critically examine issues within the profession. In-class group work, discussions, and reflective writing to explore professional roles and expectations. Supplemental electronic resources, and guest speakers may also be utilized.

Reading Assignments

Assigned readings from the text and ancillary readings. Legal and Ethical guidelines for the field. Research journals and case studies. Professional Associations for Social Work and Human Services websites.

Writing Assignments

Formal research papers, reflective journals. Summary of group projects, group discussions, reflections and journal entries. Short answer essay quiz questions.

Out-of-class Assignments

Written essays and reports. Homework assignments and group and individual projects. Exams and quizzes. Independent research and evaluation of case studies.

Demonstration of Critical Thinking

Review case studies and critically analyze ethical and legal issues within the profession. Research paper in which students will need to gather data and make arguments related to professional issues and cultural and behavioral problems, then devise solutions based on related course theories.

Required Writing, Problem Solving, Skills Demonstration

Students will reflect critical thinking skills in written assignments which may include written reports, guided journal entries reflecting on case studies, and short answer exercises and exams. Each student will submit a written paper based on a case study scenario, and will need to outline the legal, ethical, and identify professional issues, cultural and behavioral problems, and devise solutions based on related course theories.

Eligible Disciplines

Counseling: Masters degree in counseling, rehabilitation counseling, clinical psychology, counseling psychology, guidance counseling, educational counseling, social work, or career development, marriage and family therapy, or marriage, family and child counseling, OR the equivalent. (NOTE: A bachelors degree in one of the above listed degrees and a license as a Marriage and Family Therapist (MFT) is an alternative qualification for this discipline.) Masters degree required. Title 5, section 53410.1 Psychology: Masters degree in psychology OR bachelors degree in psychology AND masters degree in counseling, sociology, statistics, neuroscience, or social work OR the equivalent. Masters degree required. Sociology: Masters degree in sociology OR bachelors degree in sociology AND masters degree in anthropology, any ethnic studies, social work, or psychology OR the equivalent. Masters degree required.

Textbooks Resources

1. Required Burger, W. . Human Services in Contemporary America, 10th ed. Cengage, 2018 2. Required Cox, L. E., Tice, C. J., Long, D. D.. Introduction to social work: An advocacy-based profession., 3rd ed. SAGE Publications, 2021 3. Required Segal, E. A., Gerdes, K. E., Steiner, S. . An introduction to the profession of social work: Becoming a change agent., 6th ed. Cengage, 2019 4. Required Neukrug, E. . Theory, practice, and trends in human services: An introduction., 6th ed. Cengage, 2017 5. Required Woodside, M., McClam, T. . An introduction to human services., 9th ed. Cengage, 2019 6. Required Zastrow, C. Hessenauer, S. L.. Introduction to social work and social welfare: Empowering people., 13th ed. Cengage, 2022

Other Resources

1. National Association of Social Workers (NASW). [http://www.socialworkers.org/National Organization for Human Services](http://www.socialworkers.org/NationalOrganizationforHumanServices) (NOHS). <https://www.nationalhumanservices.org/>