

SPED C057N: CONSUMER SKILLS

Item	Value
Top Code	493031 - Living Skills, Handicapped
Units	0 Total Units
Hours	16-108 Total Hours (Lab Hours 16-108)
Total Outside of Class Hours	0
Course Credit Status	Noncredit (N)
Material Fee	No
Basic Skills	Basic Skills (B)
Repeatable	Yes; Repeat Limit 99
Grading Policy	P/NP/SP Non-Credit (D)

Course Description

Designed to provide the student with intellectual disabilities skills necessary to function independently as a consumer; course emphasizes consumer skills related to shopping, budgeting, and banking. Noncredit. NOT DEGREE APPLICABLE. Not Transferable.

Course Level Student Learning Outcome(s)

1. Demonstrate measurable increased proficiency in comparison shopping skills.
2. Demonstrate measurable increased proficiency in banking skills including checking and savings account management.
3. Demonstrate measurable increased proficiency in budgeting and bill paying skills.

Course Objectives

- 1. Describe two methods for locating type of store at which to find desired product.
- 2. Demonstrate ability to navigate a shopping mall and other shopping locations.
- 3. Demonstrate ability to search for products on the internet and navigate store websites.
- 4. Demonstrate ability to compare products to get the best value for your money.
- 5. Demonstrate the ability to make a shopping list and locate items in a grocery store.
- 6. Identify three foods which are available in different forms and describe advantages and disadvantages of each form (e.g. frozen, fresh, or freeze-dried).
- 7. Demonstrate understanding of weight and measurement.
- 8. Identify foods which have special storage needs.
- 9. Demonstrate ability to make purchases using money, checks, debit cards and/or credit cards.
- 10. Identify reasons for budgeting.
- 11. Demonstrate ability to identify personal basic needs for survival including their costs.
- 12. Demonstrate ability to develop a budget and adjust spending habits.
- 13. Identify two reasons for using a bank.
- 14. Demonstrate understanding of savings and checking account.

- 15. Demonstrate understanding of the process of making a deposit and withdrawal.
- 16. Demonstrate ability to read and fill out a check.
- 17. Demonstrate ability to keep and balance records for a checking and savings account.
- 18. Identify advantages, disadvantages, and responsibilities of using credit cards.

Lecture Content

See Lab Content

Lab Content

SHOPPING Locating stores and merchandise Identifying type of store at which to find desired product (grocery, clothing, department, etc.) Locating a store (yellow pages, newspaper ads, calling for hours and directions) Locating stores in malls Using landmarks to prevent getting lost Using directories or information booths Locating merchandise in stores Logical arrangement of merchandise Asking for help Finding a cashier or salesperson Shopping by mail and/or internet Using catalogs and/or websites Filling in the order blank Finding shipping and handling charges Shopping for food Review of basic food groups Making a shopping list Locating items at the grocery store (categorizing products by type) Comparison of variety in food forms and packages (frozen, fresh, instant, etc.) Buying the right amount Buying fresh foods Produce Meat Dairy Locate and understand expiration dates Finding prices (product label, shelf pricing and specials) Unit pricing Getting the most for your money Generic vs. name brand Finding the least expensive brand or item Quantity buying Checking newspaper ads for sale items Using coupons Understanding weight and measure Review of fractions Understanding common abbreviations associated with measuring weight (lb., oz., gal., qt.) Check-out line procedures Estimating total cost by rounding to the nearest dollar Care and storage of purchases (refrigeration, etc.) Sales Understanding regular/sales prices Figuring discount prices (percentages) Types of sales Making purchases Understanding sales tax Review of money handling skills Making change Using fewest coins and bills needed When to use money, checks, credit or debit cards Using checks Using credit cards Using debit cards Warranties, servicing, returns BUDGETING Planning a budget Determining monthly take-home pay Understanding gross/net pay Understanding withholding Determining fixed costs vs. flexible costs (necessity vs. luxury) Averaging monthly expenditures Adjusting spending habits Planning expenditures Comparison shopping Saving toward a goal Paying bills Record keeping Review of basic math skills necessary for budgeting Keeping records of expenses BANKING Banking services Types of bank accounts Advantages/disadvantages of savings accounts Advantages/disadvantages of checking accounts Loans Using the bank Applications for accounts Procedures with the teller Endorsing paychecks and depositing money Making withdrawals Using automated tellers On-line banking Checkbook skills Writing a check Writing amounts in words and numerals Writing different forms of dates (abbreviations) Voiding checks Using the check register Writing information in the check register Addition and subtraction of decimals Balancing the checkbook Understanding the bank state ment Reconciliation Using credit Using credit cards Finance charges and late fees Installment buying Deferred billing (advantage vs. disadvantage)

Method(s) of Instruction

- Regular NC Lab (NC4)
- Live Online Reg NC Lab (NCC)

Instructional Techniques

Discussion of important concepts. Discussion of related current issues and areas of interest. Peer supported evaluation Evaluation In-class hands-on practice of strategies and knowledge.

Reading Assignments

-

Writing Assignments

-

Out-of-class Assignments

TBD

Demonstration of Critical Thinking

-

Required Writing, Problem Solving, Skills Demonstration

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Eligible Disciplines

Special education: Minimum qualifications for these faculty members are specified in title 5, section 53414. Masters degree required. Title 5, section 53414

Other Resources

1. Coastline Library