

PSYC C165: PRINCIPLES OF HUMAN SEXUALITY 1

Item	Value
Curriculum Committee Approval Date	12/11/2009
Top Code	200100 - Psychology, General
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Local General Education (GE)	<ul style="list-style-type: none"> • CL Option 1 Social Sciences (CD1) • CL Option 1 Self-Development (CE1)
California General Education Transfer Curriculum (Cal-GETC)	<ul style="list-style-type: none"> • Cal-GETC 4 Social & Behavioral Sciences (4)
Intersegmental General Education Transfer Curriculum (IGETC)	<ul style="list-style-type: none"> • IGETC 4 Social&Behavioral Sci (4)
California State University General Education Breadth (CSU GE-Breadth)	<ul style="list-style-type: none"> • CSU D Soc Politic Econ Inst (D) • CSU E1 Lifelong Understanding (E1)

Course Description

Formerly: PSYC C148. An interdisciplinary analysis of the biological, statistical, psychological, and emotional aspects of human sexual behavior. Emphasis on sexual patterns, sexual identity, physiological and biological processes, and reproduction. ADVISORY: A course taught at the level of Preparation for College Composition or appropriate English placement. Transfer Credit: CSU; UC. C-ID: PSY 130. **C-ID:** PSY 130.

Course Level Student Learning Outcome(s)

1. Provided with research information about how parents differentially treat their male and female offspring, students will be able to evaluate the extent that this would be expected to influence gender roles.
2. Given a sexual behavior, situation, or case study, students will explain how they would handle themselves in such a situation, approach or solve the problem, make a decision, refer an individual, or guide their own children or friends.

Course Objectives

- 1. Explain sexual diversity and values of various cultures.
- 2. Evaluate how media influences and reflects sexuality.
- 3. Locate systematic studies of human sexuality.
- 4. Critique changing gender roles in today's society and the impact of these changes in intimate relationships.

- 5. Identify relevant features of human anatomy and physiology in the reproductive processes and the role of the brain and neurotransmitters in sexual arousal.
- 6. Identify factors contributing to relationship satisfaction over time.
- 7. Identify ways couples can share responsibility for birth control.
- 8. Determine physiological and psychosocial factors contributing to sexual dysfunctions and identify treatment alternatives available for men and women who experience sexual difficulties.
- 9. Identify strategies to reduce the likelihood of contracting sexually transmitted infections.
- 10. Analyze psychosocial bases of rape, childhood sexual abuse, and prostitution.

Lecture Content

Sex, Sexuality, and Gender Sex, Gender, and Gender Roles Gender and Sexual Orientation Gender Role Learning Contemporary Gender Roles and Scripts Gender Variations Perspectives on Sexuality: Cultural and Social Values Sexuality, Popular Culture, and the Media Sexuality across Cultures and Times Societal Norms and Sexuality Sex Research Sex Research Methods The Sex Researchers Contemporary Research Studies Gender Issues Male and Female, Masculine and Feminine Gender Identity Formation Female Sexual Anatomy and Physiology Female Sexual Organs Female Sexual Physiology Male Sexual Anatomy and Physiology Male Sexual Organs Male Sexual Physiology Sexual Arousal and Response Female Sexual Arousal and Response Male Sexual Arousal and Response Sexual Orientation What determines Sexual Orientation Psychosocial Theories Biological Theories Homosexuality, Bisexuality Sexuality throughout the Life-Span Sexuality in Infancy, Childhood, and Adolescence Sexuality in Early Adulthood Sexuality in Middle and Late Adulthood Love, Attraction, Relationships, and Sexual Communication Friendship and Love Love and Sexuality Styles of Love Communication Listening and Feedback Learning to Make Requests Conflict and Intimacy Contraception, Conception, and Childbirth Risk and Responsibility Methods of Contraception and Birth Control Abortion Fertilization and Fetal Development Being Pregnant Infertility Giving Birth Becoming a Parent Sexual Behaviors Celibacy Erotic Dreams and Fantasy Masturbation Sexual Expression Sexual Scripts Sexual Behavior with Others Sexually Transmitted Infections The STI Epidemic Principal Bacterial and Viral STIs Other STIs Ectoparasitic Infestations Preventing STIs HIV and AIDS The Epidemiology and Transmission of HIV AIDS demographics Prevention and Treatment of AIDS Nature and Origins of Sexual Difficulties and Sex Therapy Sexual Function Difficulties: Definitions, Types, and Prevalence Physical and Psychological Causes of Sexual Function Difficulties and Dissatisfaction Sexual Function Enhancement Treating Sexual Function Difficulties Asexual Typical Variations Sexual Variations and Paraphilic Behavior Domination and Submission Noncoercive Paraphilias Fetishism Transvestism Coercive Paraphilias Exhibitionism Pedophilia Sadism/Masochism Origins and Treatment of Paraphilias Sexual Coercion and Commercial Sex Rape Sexual Harassment Child Sexual Abuse Sexually Explicit Material in Contemporary America Prostitution Sexuality and the Law

Method(s) of Instruction

- Lecture (02)
- DE Online Lecture (02X)

Instructional Techniques

The instructor will utilize a variety of instructional techniques such as lecture format augmented by Power Point slides, computer-animated demonstrations, classroom demonstrations, and video programs.

Learning strategies will include small group activities, case studies, individual student projects, guest speakers, web activities, and discussion board activities. Student evaluation methods will include taking tests and writing reports, doing independent reading and studying, and taking quizzes and midterm and final examinations.

Reading Assignments

Students will read the assigned textbook. Additional articles and sites from the Internet and the textbook companion website will be provided.

Writing Assignments

Written Assignments: Students will submit at least two written assignments, at least one midterm essay, and responses to graded weekly discussion topics.

Out-of-class Assignments

Quizzes: In class and/or take-home quizzes will be given regularly that will cover the textbook, lecture material, and classroom discussion. Exam: Students will prepare for a Midterm and a Final Examination; these will be objective multiple-choice, fill-in, and/or matching exams.

Demonstration of Critical Thinking

Responding to objective and essay questions demonstrating critical thinking. Participation in small-group, in-class discussions and evaluation of ideas that evolve from the group discussions. Use of critical thinking skills in written assignments and/or reaction papers in class.

Required Writing, Problem Solving, Skills Demonstration

Students will be assigned weekly written assignments in the form of either discussion reaction, essay, journal, or other written assignments. At least two larger written reports will also be required during the class.

Eligible Disciplines

Psychology: Masters degree in psychology OR bachelors degree in psychology AND masters degree in counseling, sociology, statistics, neuroscience, or social work OR the equivalent. Masters degree required.

Textbooks Resources

1. Required Crooks, R.; Baur, K. Our Sexuality, latest edition ed. Boston: Cengage, 2017 Rationale: - Legacy Textbook Transfer Data: Legacy text 2. Required Yarber, W.; Sayad, B. Human Sexuality: Diversity in Contemporary America, latest edition ed. New York: McGraw-Hill, 2013 Rationale: - Legacy Textbook Transfer Data: Legacy text 3. Required Kelly, G. F. Sexuality Today, The Human Perspective, latest edition ed. New York: McGraw Hill, 2014 Rationale: - Legacy Textbook Transfer Data: Legacy text 4. Required Carroll, J. L. Sexuality Now: Embracing Diversity, latest edition ed. Boston: Cengage Learning, 2016 Rationale: - Legacy Textbook Transfer Data: Legacy text

Other Resources

1. Coastline Library