# PSYC C116: CHILD GROWTH AND DEVELOPMENT

#### Item

Curriculum Committee Approval

Date

Top Code

Units Hours

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**Total Outside of Class Hours** 

Course Credit Status

Material Fee

Basic Skills

Repeatable

**Grading Policy** 

Local General Education (GE)

California General Education Transfer Curriculum (Cal-GETC)

Intersegmental General Education Transfer Curriculum (IGETC)

California State University General Education Breadth (CSU GE-Breadth)

#### Value

10/22/2010

200100 - Psychology, General

3 Total Units

54 Total Hours (Lecture Hours 54)

0

Credit: Degree Applicable (D)

No

Not Basic Skills (N)

No

Standard Letter (S),

- · Pass/No Pass (B)
- CL Option 1 Social Sciences (CD1)
- CL Option 1 Self-Development (CE1)
- Cal-GETC 4 Social & Behavioral Sciences (4)
- IGETC 4 Social&Behavioral Sci (4)
- · CSU D Soc Politic Econ Inst (D)
- CSU E1 Lifelong Understanding (E1)

## **Course Description**

Formerly: PSYC C115. Examination of human development from conception through adolescence. Includes the biological, psychological, and socio-cultural aspects of the maturation process. Transfer Credit: CSU; UC. C-ID: CDEV 100.C-ID: CDEV 100.

# **Course Level Student Learning Outcome(s)**

- Summarize the major developmental milestones for children from conception through adolescence, including physical, psychosocial, cognitive, and language development.
- Summarize how culture, economics, political, and historical contexts affect children's development.
- Compare and contrast various theoretical frameworks that relate to the study of human development.

## **Course Objectives**

- 1. Describe major developmental milestones for children from conception through adolescence in the areas of physical, psychosocial, cognitive, and language development.
- 2. Analyze how cultural, economic, political, historical contexts affect childrens development.
- 3. Differentiate the theoretical perspectives on human development and the grand theories.

- 4. Apply developmental theory to various investigative research methodologies.
- 5. Differentiate characteristics of typical and atypical development.
- 6. Explain how research on child and adolescent development is conducted.
- 7. Identify how heredity and environment influence human development.

## **Lecture Content**

Themes in the study of child development Major current and historical theoretical frameworks of child development. Objective investigative research methods: interviews, surveys, observation. Documentation, analysis and presentation of findings. Ethics, bias and validity of research. Theoretical perspectives Delineation and comparisons of all major theories. Beginnings Interaction of heredity and environment Conception, birth and prenatal development Development of infants and toddlers Neonatal assessment and health issues Sensation and perception Physical and motor development Attachment Development in preschool years Physical development Social/emotional development Cognitive development Language development Preschool environments Risk factors Development in middle childhood Physical development Social/emotional development Cognitive development Language development Moral development Special needs Language development Theoretical perspectives Factors affecting language development Bilingual development Physical development Growth patterns Motor development Health concerns Cognitive development

Theoretical perspectives Factors affecting cognitive development Moral development Theoretical perspectives Factors affecting moral development Social/emotional development Theoretical perspectives Factors affecting social development Education perspectives Theoretical comparisons Functional classroom applications Family influences Effects of family structure Parenting styles Adolescence Physical manifestations Personality development Cognitive development Health hazards Gender roles Adolescent sexuality

## Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)
- · Video one-way (ITV, video) (63)

## Instructional Techniques

The instructor will utilize a variety of instructional techniques such as lecture format augmented by PowerPoint slides, guest speakers, computer-animated demonstrations, and video programs. Learning strategies will include small group activities, case studies, individual student projects, web activities, and discussion board activities. Student evaluation methods will include taking tests and writing reports, doing independent reading and studying, and taking quizzes and midterm and final examinations.

### **Reading Assignments**

Weekly reading assignments from the textbook, handouts, or Internet sites.

## **Writing Assignments**

Students will submit at least two written assignments, at least one midterm essay, and in online classes, graded responses to discussion topics.

## **Out-of-class Assignments**

Written assignments or projects, quizzes, at least one midterm essay, and in online classes, graded responses to weekly discussion topics, visiting Internet sites.

## **Demonstration of Critical Thinking**

Most written assignments and essay exams will include a critical thinking component. Many discussions (in class and in online courses) will include a critical thinking component).

## **Required Writing, Problem Solving, Skills Demonstration**

Quizzes: In class and/or take home quizzes will be given regularly that will cover the textbook, lecture material, and classroom discussion. Exams: Students will prepare for a Midterm and a Final Examination; these will be objective multiple-choice, fill-in, matching, and/or matching and an essay. Students in online courses will be graded for participation in course discussions.

## **Eligible Disciplines**

Psychology: Masters degree in psychology OR bachelors degree in psychology AND masters degree in counseling, sociology, statistics, neuroscience, or social work OR the equivalent. Masters degree required.

## **Textbooks Resources**

1. Required Berger, K.S. The Developing Person through Childhood and Adolescence, latest edition ed. New York: Worth Publishing Company, 2018 Rationale: - 2. Required Rathus, S.A. Childhood and Adolescence: Voyages in Development, latest edition ed. New York: Cengage Learning, 2022

#### **Other Resources**

1. Coastline Library