

PE G192: SOCCER 1

Item	Value
Curriculum Committee Approval Date	12/01/2020
Top Code	083500 - Physical Education
Units	1 Total Units
Hours	54 Total Hours (Lab Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Local General Education (GE)	• GWC Lifelong Understanding (GE)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

Course Description

Formerly: Soccer. This course provides an introduction to the fundamental techniques and tactics of soccer. Students will learn the basic skills required to play soccer at a beginning level, including dribbling, passing, shooting, and defending. UC credit limitations: ATHL and PE Activity courses combined: maximum credit, 4 units. Transfer Credit: CSU; UC: Credit Limitation: Any or all of these ATHL, DANC, PE Activity courses combined: maximum credit, 4 units.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Apply fundamental soccer tactics.
3. Demonstrate stretching, warm-up, and safety procedures to keep their experience free from injuries and preventable accidents.
4. Apply the rules and regulations of soccer during gameplay, ensuring adherence to game standards and fair play.

Course Objectives

- 1. Identify and employ the basic skills for successful participation in organized soccer activities.
- 2. Distinguish and judge the basic rules of the game, national and international.
- 3. Organize and manage a recreational soccer program.

administration of a recreational soccer program: Promotion Forms of tournaments Equipment Community involvement

Method(s) of Instruction

- Lab (04)
- DE Live Online Lab (04S)
- DE Online Lab (04X)

Instructional Techniques

Lecture; discussion; instructor demonstration; evaluation; instructor feedback; student demonstration; handouts

Reading Assignments

Students will conduct reading of the text and/or instructor handouts.

Writing Assignments

Activity journal; goal setting; reflection paper.

Out-of-class Assignments

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Demonstration of Critical Thinking

Written assignments; activity journal; personal fitness program; demonstration of learned skills.

Required Writing, Problem Solving, Skills Demonstration

Goal setting and activity journal; proper application of stroke techniques.

Eligible Disciplines

Physical education: Masters degree in physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise, or adaptive physical education, OR bachelors degree in any of the above AND masters degree in any life science, dance, physiology, health education, recreation administration, or physical therapy OR the equivalent. Masters degree required.

Other Resources

1. Selected handouts to be provided and distributed by the instructor.

Lecture Content

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Lab Content

Introduction to the basic skills of participating in a soccer activity.
 Passing Trapping Controlling Tackling Heading Faking Goalkeeping
 The basic rules of the game: NCAA rules (National Collegiate) AYSO rules (American Youth) FIFA rules (International) Organization and