

# NURS G295C: MENTAL HEALTH NURSING CLINICAL PRACTICUM

Item	Value
Curriculum Committee Approval Date	05/17/2022
Top Code	123010 - Registered Nursing
Units	1.5 Total Units
Hours	81 Total Hours (Lab Hours 81)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Pass/No Pass (B)

## Course Description

This course is a nursing clinical course, the focus is on the clinical experience and application of nursing care management for adult patients with mental health problems. The nursing process will be utilized as a tool to direct nursing care. Concept-based curriculum provides the structure for the curriculum and is threaded throughout the course. PREREQUISITE: NURS G160 and NURS G160C. COREQUISITE: NURS G295. Transfer Credit: CSU.

## Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Perform mental status assessment based on patient's clinical status.
3. Interpret pertinent assessment data to determine priority of care, potential risk behaviors and promote patient safety.
4. Collaborate with other interdisciplinary professionals to coordinate patient care and management

## Course Objectives

- 1. Demonstrate a basic mental health assessment using evidence-based practice.
- 2. Apply the nursing process to provide evidence based nursing care to meet the psychological, developmental, sociocultural and physiological functioning on a patient with a mental health diagnosis.
- 3. Use a standard communication technique to communicate with members of the healthcare team. Work with interdisciplinary collaborative teams when providing patient care.
- 4. Practice therapeutic technique to improve patients mental health.
- 5. Appraise resources needed to provide access to quality care for patients diagnosed with mental disorders. Describe activities and therapies that promote mental health.
- 6. Incorporate the use of informatics and technology, including navigating electronic health records, to provide patient care.

Experiences: Students experience hands-on activities weekly. Human Patient Simulation (HPS): Simulated scenarios enhance learning through directly relating theory to the clinical setting in an interactive environment. Nursing Education Simulation Technology (NEST) Center: Practice and demonstrate competence in nursing skills. Skills: Perform mental health interventions for improved patient outcomes. Based on evidence-based practice: Demonstrate knowledge of medication, interventions and therapeutic communication to patients diagnosed with mental disorders. Assessment and care management: Demonstrate a mental status exam Provide education on common acute and chronic mental health disorders Practice confidential interaction with patients and Health Care Team members to meet the needs of patients with mental health disorders. Differentiate between activities that can and cannot be delegated, how and to whom they can be delegated.

## Method(s) of Instruction

- Lab (04)
- Field Experience (90)

## Instructional Techniques

Pre/post conference participation and discussion Case studies

## Reading Assignments

Textbooks

## Writing Assignments

Nursing Care Plans Therapeutic Communication Exercises

## Out-of-class Assignments

Self Help Group Meetings

## Demonstration of Critical Thinking

Nursing care plans Case studies

## Required Writing, Problem Solving, Skills Demonstration

Group Meetings reflection paper

## Eligible Disciplines

Nursing science/clinical practice: Any bachelors degree and two years of professional experience, or any associate degree and six years of professional experience.

## Textbooks Resources

1. Required Videbeck, S.. Psychiatric- Mental Health Nursing, 12th ed. Philadelphia: Elsevier, 2018

## Lab Content

Clinical evaluation tool is used to evaluate students performance during healthcare and community experiences. Healthcare and Community