

# NURS G061N: CERTIFIED NURSE ASSISTANT PRACTICUM

Item	Value
Curriculum Committee Approval Date	12/05/2023
Top Code	123030 - Certified Nurse Assistant
Units	0 Total Units
Hours	100 Total Hours (Lab Hours 100)
Total Outside of Class Hours	0
Course Credit Status	Noncredit (N)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 99
Grading Policy	P/NP/SP Non-Credit (D)

## Course Description

This noncredit course prepares students to work as entry-level healthcare workers for patients in various healthcare settings. Hands-on examination aspect of basic nursing care such as biometric data review, infection control, patient transfers, recognition of abuse, patient rights, and appropriate emergency responses will be taught. This course is the clinical portion of the Certified Nurse Assistant (CNA) program that qualifies the student to take the Competency Evaluation Examination issued by the California Department of Public Health (CDPH). To pass the course, all 100 hours must be completed in approved clinical sites with an instructor present. NOT DEGREE APPLICABLE. Not Transferable.

## Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Compose patient care plans in health medical records.
3. Demonstrate basic nursing care to meet patient needs.
4. Use therapeutic communication techniques.

## Course Objectives

- 1. Apply the concepts of patient rights when implementing patient care in various healthcare settings while observing body mechanics.
- 2. Obtain, report, and document vital signs.
- 3. Identify emergency procedures and policies for preventing and managing catastrophes and unusual occurrences.
- 4. Implement basic nutritional care, such as passing meal trays, feeding residents, and documenting nutrition intake.
- 5. Apply medical and surgical asepsis to the care of clients.
- 6. Analyze the nursing care plan while performing patient care.
- 7. Use interpersonal skills when communicating with patients.

## Lecture Content

## Lab Content

Patient rights Knock on door before entering Pull privacy curtains during personal care Keep patient information confidential Treat patient

with respect and dignity Encourage patient to make choices Explain procedures to patient Prevention and management of catastrophe and environmental emergencies Demonstrate fire/disaster procedures Handle oxygen safely Use of fire extinguisher Body mechanics General use of gait belt Assist patient up to head of bed with two assistants Turn and position the patient Supine Side-lying Use of lift sheet Assist transfer from bed to chair or wheelchair Assist transfer from chair or wheelchair to bed Use of mechanical lift Medical and surgical asepsis Hand washing Proper handling of linen Use of standard precautions: Gloving Gowning Applying mask Dispose of trash and waste by double-bagging Weights and measures Measure oral intake Measure urinary output Use military time in documentation Patient care skills Back rub Bed bath and partial bath Tub bath Shower Assist with oral hygiene Mouth care of the unconscious patient Denture care Nail care Comb patients hair Shampoo with shower or tub bath Use of medicinal shampoo Shave patient with razor and electric shaver Dress and undress patient Change clothes of patient with IV Assist with use of urinal Assist with use of the bedpan Assist to toilet or bedside commode Bladder retraining Bowel retraining Perineal care Care and use of artificial limbs Use and application of splints Apply and remove behind-the-ear hearing aid Measure height of patient in bed Weigh patient in bed Measure and weigh patient using upright scale Patient care procedures Collect and identify specimens Sputum Urine, clean catch Stool Make occupied bed Make unoccupied bed Administer commercially prepared cleansing enema Administer enemas: tap water, soap suds Administer laxative suppository Empty urine bag Care for patient with tubing Oxygen IV Gastrostomy Nasogastric Urinary catheter Apple antiembolic hose, elastic stockings (TED hose) Admit, transfer and discharge patient Apply non-sterile dressing Apply topical non-prescription ointment Vital signs Measure and record temperature using mercury-free and electronic devices for: Oral Axillary Rectal Measure and record pulse: radial and apical Measure and record respiration Measure and record blood pressure: manual (stethoscope, sphygmomanometer), and digital/electronic Nutrition Feed the patient who is unable to feed themselves Assist patient who can feed self Verify patient given correct diet tray Use of assistive devices such as orthopedic utensil, cups, and other devices Emergency procedures Apply postural supports as safety devices Apply soft wrist/ankle restraints as safety devices Heimlich maneuver for conscious patient Heimlich maneuver for unconscious patient Position call light properly Communication Use of dementia-related communication skills, including listening and speaking strategies Identify your name and purpose of interaction Make eye contact at patients eye level Use of a continuum of verbal and other non-physical techniques such as direct, for combative patients Rehabilitative/restorative care Perform range of motion exercises Assist ambulation of patient using gait belt Assist patient to ambulate with walker Assist patient to ambulate with cane Proper use of rehabilitative devices Observation and charting Report appropriate information to charge nurse Document vital signs, and activities of daily living timely and correctly Document changes in patient bodily functions and behavior Participate in resident care planning

## Method(s) of Instruction

- Field Experience (90)
- Enhanced NC Lab (NC2)

## Reading Assignments

Handouts provided by instructor

## Writing Assignments

Complete fill-in portions of handouts provided by the instructor

## **Out-of-class Assignments**

### **Demonstration of Critical Thinking**

Analyze abnormal findings during patient care, describe the CNA role during an emergency including course of actions to take, and examine nutritional intake.

### **Required Writing, Problem Solving, Skills Demonstration**

Demonstrate skills in vital signs assessment, use of mobility devices, and body mechanic techniques.

### **Eligible Disciplines**

Nursing science/clinical practice: Any bachelors degree and two years of professional experience, or any associate degree and six years of professional experience.

### **Textbooks Resources**

1. Required Sorrentino, A.S., Remmert, L. Mosbys Textbook for Nursing Assistants, 10 ed. Elsevier, 2021