

# NURS G060N: CERTIFIED NURSE ASSISTANT

Item	Value
Curriculum Committee Approval Date	12/05/2023
Top Code	123030 - Certified Nurse Assistant
Units	0 Total Units
Hours	60 Total Hours (Lecture Hours 60)
Total Outside of Class Hours	0
Course Credit Status	Noncredit (N)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 99
Grading Policy	P/NP/SP Non-Credit (D)

## Course Description

This noncredit course prepares students to work as entry-level healthcare workers for patients in various healthcare settings. Aspects of basic nursing care such as biometric data review, infection control, patient transfers, recognition of abuse, patient rights, and appropriate emergency responses will be taught. This course is the theory portion of the Certified Nurse Assistant (CNA) program that qualifies the student to take the Competency Evaluation Examination issued by the California Department of Public Health (CDPH). Students are required to obtain a criminal background check, fingerprinting, and an American Heart Association (AHA) Basic Life Support (BLS) Provider Card. NOT DEGREE APPLICABLE. Not Transferable.

## Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Describe the concepts of patient rights.
3. Explain how to provide basic nursing care to meet patient needs.
4. Identify interpersonal techniques used in healthcare.

## Course Objectives

- 1. Identify the roles and responsibilities as a CNA.
- 2. Describe professional communication skills.
- 3. Define the role of a CNA in the prevention and management of catastrophic events.
- 4. Evaluate use of body mechanics.
- 5. Discuss standard precaution and infection control while caring for patients.
- 6. Examine normal and abnormal biometric data.
- 7. Discuss basic nursing care, including bathing, dressing, personal hygiene, and the use of assistive devices.
- 8. Categorize normal and abnormal vital signs.
- 9. Select safe feeding techniques depending on patient situation.
- 10. Explain the role of the CNA as a mandated reporter.
- 11. Document patient care in medical health records.

## Lecture Content

Introduction Roles and responsibilities of a CNA Title 22, division 5, California Code of Regulations, overview Requirements for nurse assistant certification Professionalism Ethics and confidentiality Patients rights Title 22 Health and safety code Code of Federal Regulations Preventing, recognizing, and reporting residents right violations Interpersonal skills Communications Defense mechanisms Sociocultural factors Attitudes toward illness and health care Family interaction Prevention and management of catastrophe and unusual occurrences Emergency General safety rules Fire and disaster plans Roles and procedures for CNA Patient safety Body mechanics Basic rules of body mechanics Transfer techniques Ambulation Proper use of body mechanics and positioning techniques Medical and surgical asepsis Micro-organisms Universal precautions (standard precautions) Basic principles of asepsis Weights and measures The metric system Weight, length, and liquid volume Military time Patient care skill Bathing and medicinal baths Dressing Oral hygiene Hair care, hair shampoo, medicinal shampoo, nail care, and shaving Prosthetic devices Skin care including prevention of decubitus ulcers Elimination needs Bowel and bladder retraining Weighing and measuring the patient Patient care procedures Collection of specimens, including stool, urine, and sputum Care of patients with tubing to include but not be limited to urinary, gastric, oxygen and intravenous. This care does not include inserting, suctioning, or changing the tubes. Intake and output Bedmaking Cleansing enemas and laxative suppositories Admission, transfer and discharge Bandages and nonsterile dry dressings, including the application of nonlegend topical ointments to intact skin surfaces Vital signs Purpose of vital signs Factors affecting vital signs Normal ranges Methods of measurement Temperature, pulse, respiration Blood pressure Abnormalities Recording Nutrition Proper nutrition Feeding techniques Diet therapy Emergency procedures Signs and symptoms of distress Immediate and temporary intervention Emergency codes Long-term care patient Skill nursing facilities/inpatient care facilities (SNF/ICF) Special needs of persons with developmental and mental disorders including intellectual disability, cerebral palsy, epilepsy, Parkinsons disease, and mental illness Special needs of persons with Alzheimers disease and related dementias Introduction to anatomy and physiology Physical and behavioral needs and changes Community resources available Psychological, social, and recreational needs Common diseases and disorders including signs and symptoms Non-SNF/ICF Special needs of persons with developmental and mental disorders including intellectual disability, cerebral palsy, epilepsy, Parkinsons disease, and mental illness Introduction to anatomy and physiology Physical and behavioral needs and changes Community resources available Psychological, social, and recreational needs Common diseases and disorders including signs and symptoms Rehabilitative nursing Promoting patients potential Devices and equipment Activities of daily living Family interactions Complication of inactivity Ambulation Range of motion Observation and charting Observation of patients and reporting responsibility Patient care plan Patient care documentation Legal issues of charting Medical terminology and abbreviations Death and dying Stages of grief Emotional and spiritual needs of the patient and family Rights of the dying patient Signs of approaching death Monitoring of the patient Post mortem care Patient abuse Preventing, recognizing and reporting instances of resident abuse

## Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)
- Enhanced NC Lect (NC1)

- Online Enhanced NC Lect (NC5)
- Live Online Enhanced NC Lect (NC9)

## **Reading Assignments**

Handouts provided by instructor

## **Writing Assignments**

Complete fill-in portions of handouts provided by the instructor

## **Out-of-class Assignments**

Reading of provided handouts and watching of videos

## **Demonstration of Critical Thinking**

Analyze abnormal findings during patient interactions, organize patient care according to physiological needs, and examine nutritional intake.

## **Required Writing, Problem Solving, Skills Demonstration**

Active learning scenarios, interactive discussions involving interpretation of patient data.

## **Eligible Disciplines**

Nursing science/clinical practice: Any bachelors degree and two years of professional experience, or any associate degree and six years of professional experience.

## **Textbooks Resources**

1. Required Sorrentino, A.S., Remmert, L. Mosbys textbook for nursing assistants, 10 ed. Elsevier, 2021