# NURS G051N: CARE OF THE ELDERLY ADULT

| Item | Value |
| --- | --- |
| Curriculum Committee Approval Date | 10/04/2022 |
| Top Code | 130900 - Gerontology |
| Units | 0 Total Units |
| Hours | 10 Total Hours (Lecture Hours 10) |
| Total Outside of Class Hours | 0 |
| Course Credit Status | Noncredit (N) |
| Material Fee | No |
| Basic Skills | Not Basic Skills (N) |
| Repeatable | Yes; Repeat Limit 99 |
| Grading Policy | P/NP/SP Non-Credit (D) |

## Course Description

This noncredit course discusses body changes and diseases for elderly patients. Emphasis will be placed on the aged-related physiological changes within the various body systems, interpretation of vital signs and promotion of safety when caring for elderly patients. A review of proper body mechanics for caregivers will be addressed. PREREQUISITE: NURS G050N. COREQUISITE: NURS G052N. NOT DEGREE APPLICALBE. Not Transferable.

## Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Describe common aged-related changes and common medical diseases that effect the elderly population.
3. Identify normal vital signs parameter.
4. Examine factors that promote safety in elderly patients and caregivers.

## Course Objectives

- 1. List common health problems and aging changes in body systems.
- 2. Interpret vital sign readings in elderly patients.
- 3. Describe risk for fall and prevention in elderly patients.
- 4. Identify elements that promote safety in caregivers.

## Lecture Content

Common health problems and effects on aging Cardiovascular System Digestive System Endocrine System Musculoskeletal System Neurological System Respiratory System Sensory System Urinary System Interpretation of vital signs in patient care Temperature Pulse Blood pressure CX0" data-ccp-props="{">Respiration rate Pain Patient safety promotion Identify the causes, hazards, and prevention of falls in geriatric patients Body Text">Patient safety equipment and ambulation devices Key concepts and terms for infection control Caregivers safety promotion Identify proper body mechanics

## Method(s) of Instruction

- Enhanced NC Lect (NC1)
- Live Online Enhanced NC Lect (NC9)

## Reading Assignments

Handouts provided by instructor

## Writing Assignments

Complete fill-in portions of handouts provided by instructor

## Out-of-class Assignments

Read the provided handouts

## Demonstration of Critical Thinking

Case studies and role play

## Required Writing, Problem Solving, Skills Demonstration

Discussion will highlight common diseases and safety measures in elderly patients, demonstration of active learning and utilization of vital signs interpretation while responding to scenarios

## Eligible Disciplines

Nursing: Masters degree in nursing OR bachelors degree in nursing AND masters degree in health education or health science OR the equivalent OR the minimum qualifications as set by the Board of Registered Nursing, whichever is higher. Masters degree required.

## Textbooks Resources

1. Required Townsend, K.. Fundamental Concepts and Skills for the Patient Care Technician, 2nd ed. Mosby, 2022 Rationale: To master information and skills needed to be a Senior Healthcare Technician.