NURS G050N: INTRODUCTION TO GERONTOLOGY

Item	Value
Curriculum Committee Approval Date	10/07/2022
Top Code	130900 - Gerontology
Units	0 Total Units
Hours	20 Total Hours (Lecture Hours 20)
Total Outside of Class Hours	0
Course Credit Status	Noncredit (N)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 99
Grading Policy	P/NP/SP Non-Credit (D)

Course Description

This noncredit course introduces students to provide care for the elderly population. Emphasis will be placed on the roles of elderly caregivers, ethical principles and laws, elderly abuse including the Vulnerable Adult Act, therapeutic communication techniques, and promotion of optimal nutrition in elderly patients. NOT DEGREE APPLICABLE. Not Transferable.

Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Communicate strategies, coping skills, and support systems for elderly patients.
3. Describe basic consumer rights associated with elderly care.
4. Describe specific laws and safe practices in the elder care industry.

Course Objectives

- 1. Explain the roles of the elderly caregiver.
- 2. Describe the needs of elderly patients.
- 3. Review nutritional and legal resources to support elderly patients in need.
- 4. Discuss elements of therapeutic communication for elderly caregivers.

Lecture Content

Roles of the senior caregiver Traits of senior caregivers Behaviors that advocate for effective care of the elderly Providing dignity and respect Identifying and assisting basic personal care Concepts related to care of the elderly Define Ageism Ethical principles and laws Elderly abuse including Vulnerable Adults Act Culture sensitivity Therapeutic communication Verbal Non-verbal Nutrition needs in elderly Community based support services Promotion of optimal nutritional health Types of elder care facilities

Method(s) of Instruction

- Enhanced NC Lect (NC1)
- Live Online Enhanced NC Lect (NC9)

Reading Assignments

Handouts provided by instructor.

Writing Assignments

Complete fill-in portions of handouts provided by instructor

Out-of-class Assignments

Assigned readings by instructor.

Demonstration of Critical Thinking

Case studies, role play using therapeutic communication techniques.

Required Writing, Problem Solving, Skills Demonstration

Discussion will highlight issues specific to senior care, demonstration of active listening and utilization of therapeutic communication while responding to case scenarios.

Eligible Disciplines

Nursing: Masters degree in nursing OR bachelors degree in nursing AND masters degree in health education or health science OR the equivalent OR the minimum qualifications as set by the Board of Registered Nursing, whichever is higher. Masters degree required.

Textbooks Resources

1. Required Townsend, K.. Fundamental Concepts and Skills for the Patient Care Technician, 2nd ed. Mosby, 2022 Rationale: To master information and skills needed for the Senior Healthcare Technician.