

MUS A011N: MUSIC APPRECIATION FOR LIFELONG LEARNING NC

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	100400 - Music
Units	0 Total Units
Hours	9-36 Total Hours (Lecture Hours 9-36)
Total Outside of Class Hours	0
Course Credit Status	Noncredit (N)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 99
Grading Policy	P/NP/SP Non-Credit (D)

Course Description

This regular course is designed to provide a forum for life long learners to be exposed to a variety of forms of music. Styles and genres will be selected by the instructor with input from class participant. Mental, emotional, and social wellness will benefit from the enjoyment, discussion and association of musical examples. Memories will be shared related to the importance of music in one's life. Noncredit. NOT DEGREE APPLICABLE. Not Transferable.

Course Level Student Learning Outcome(s)

1. Students will identify types of music that improve their mood and overall wellness.
2. Students will appreciate a variety of styles and genres of music.

Course Objectives

- 1. Identify songs from a variety of different genres through the years
- 2. Appreciate the emotional connection we make to music and songs
- 3. Experience moments of alertness and memory recall resulting from improved cognitive function
- 4. Practice communication skills and self-expression through social engagement
- 5. Increase sense of self-worth through group recognition of life experience and unique contributions
- 6. Identify an emotion, sensory experience or memory that was emitted by the music
- 7. Share life experiences relating to music
- 8. Appreciate diversity in music and personal taste
- 9. Retain increased memory comprehension of music
- 10. Explore the social aspect of music in the lives of fellow students

Lecture Content

The significance of a variety of musical selections to our lives The historical and personal context of various songs Popular musical artists and composers International styles of music The meaning of past and

present experiences expressed through music The mind/body response to music through movement and song Musics impact on socialization Music as communication Music and emotion Musics ability to improve wellbeing

Method(s) of Instruction

- Regular NC Lect (NC3)

Instructional Techniques

Lecture, discussion, musical examples, videos, demonstration

Reading Assignments

NA - regular noncredit course

Writing Assignments

NA - regular noncredit course

Out-of-class Assignments

Students will be encouraged to listen to music outside of class

Demonstration of Critical Thinking

Relating musical to emotional content

Required Writing, Problem Solving, Skills Demonstration

Identifying different types of musical styles

Other Resources

1. Instructor handouts