

# LIFE G050N: BASIC LIFEGUARD FITNESS QUALIFICATION

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Item	Value
Units	0 Total Units
Hours	8 Total Hours (Lecture Hours 1; Lab Hours 7)
Total Outside of Class Hours	0
Course Credit Status	Noncredit (N)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 99
Grading Policy	P/NP/SP Non-Credit (D)

## Course Description

This noncredit course allows prospective students to qualify for application as a seasonal/fulltime ocean lifeguard position. Testing will include registration, a 1000 yard pool swim, an ocean swim, an ocean run-swim-run, and an oral panel interview. This course will utilize facilities owned and operated by the City of Huntington Beach at their beach headquarters. Open Entry/Open Exit. NOT DEGREE APPLICABLE. Not Transferable.

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## Method(s) of Instruction

- Lecture (02)
- Lab (04)