

KIN A247: TABLE TENNIS - LEVEL 2

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	083500 - Physical Education
Units	1-2 Total Units
Hours	36-72 Total Hours (Lecture Hours 9-18; Lab Hours 27-54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• OC Life Skills - Activity - AA (OE2)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

Course Description

Introduces and develops for the Intermediate and advance players the chop shot, loop and defensive strategies as well as singles and doubles tournaments. ADVISORY: KIN A147. Transfer Credit: CSU; UC: Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

Course Level Student Learning Outcome(s)

1. Execute intermediate/advance offensive and defensive skills needed to improve one's performance in Table Tennis tournaments.
2. Self- identify errors and make proper adjustments and re-access performance during Table Tennis tournament play
3. .

Course Objectives

- 1. Differentiate between topspin and back spin shots, including serve and passing shots.
- 2. Develop an ability to evaluate opponents strengths and weaknesses.
- 3. Strategies of service and ball placements.
- 4. Defensive techniques- Blocking, spin, and footwork.
- 5. Develop a game strategy awareness leading to tournament play.
- 6. Demonstrate the following serves: Top spin, Top –side spin, Back spin, Back-side spin, backhand and forehand serves.
- 7. Identify and expose opponents weakness

Lecture Content

Equipment – rubber reading catalog spin and speed ratings Footwork – Advance footwork Forehand- top spin top-side spin Backhand –

Throwing the Frisbee – Top spin Back spin- Chop Serve – Top spin Top-Side spin Back spin Back-side Spin. Location of serves and speed Defensive Strategies: Blocking – Paddle Turn, Body alignment. Variety of Shots Variety of Serves Double Strategy Shot Selection: Games played to 11, serve every 2 points. Sequence of points Opponents evaluation. Tournaments: Single – Round Robin Double Elimination Handicap Double – Round Robin, Double Elimination, Handicap

Lab Content

After lecture and demonstration, students will practice the following: Forehand Backhand Serve Defensive Strategies Shot Selection:

Method(s) of Instruction

- Lecture (02)
- Lab (04)

Instructional Techniques

Lectures, demonstrations, videos, handouts, discussions.

Reading Assignments

Instructor handouts and articles, including rules and regulations.

Writing Assignments

Written rules and scoring exam

Out-of-class Assignments

Proficiency demonstration of the serve- back spin, back-sidespin, top spin, top-side spin, dead ball serves

Demonstration of Critical Thinking

Recognize and apply strategies in match play, singles and doubles play.

Required Writing, Problem Solving, Skills Demonstration

Proficiency demonstration of the serve- back spin, back-sidespin, top spin, top-side spin, dead ball serves.

Eligible Disciplines

Physical education: Masters degree in physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise, or adaptive physical education, OR bachelors degree in any of the above AND masters degree in any life science, dance, physiology, health education, recreation administration, or physical therapy OR the equivalent. Masters degree required.

Other Resources

1. Selected handout materials to be provided and distributed by the instructor.