

# KIN A246: TENNIS LEVEL 2

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	083500 - Physical Education
Units	1-1.5 Total Units
Hours	36-54 Total Hours (Lecture Hours 9-13.5; Lab Hours 27-40.5)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• OC Life Skills - Activity - AA (OE2)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

## Course Description

Instruction and practice of intermediate and advanced skills and strategies of tennis, including the analysis of self and opponent's play to become an effective competitor. ADVISORY: KIN A146 or instructor consent. Transfer Credit: CSU; UC: Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

## Course Level Student Learning Outcome(s)

1. Demonstrate the ability to play a team match and score properly.
2. Demonstrate advanced tennis skills, including the ability to analyze errors and the opponent's game, to be an effective competitor.

## Course Objectives

- 1. Demonstrate intermediate/advanced skills and strategies of tennis
- 2. Execute a variety of skill and conditioning drills
- 3. Develop an increased level of conditioning.
- 4. Develop an ability to evaluate opponents.
- 5. Prepare for competition.

## Lecture Content

Verbal review of expected intermediate knowledge of the game Review knowledge of grips, equipment, scoring. Lines and positions on court Terminology and etiquette Center of the angle of return High/low percentage shots Effects of topspin, underspin, sidespin Tie-breaks and pro-sets How to evaluate opponents game Discuss professional play, USTA information, entering tournaments

## Lab Content

Groundstrokes Serve Volley Returns Aggressive shots Offensive lobs Approach shots Spins Tie-breaks Increasing ball speed Recovery Competition

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Lectures, instructor demonstrations, instructor feedback and evaluation, handouts, and discussions.

## Reading Assignments

Students will spend approximately 1 hour a week reading from instructor handouts or self directed readings related to the topic.

## Out-of-class Assignments

Students will spend approximately 3 hours a week completing conditioning programs outside of class meetings, including: Continued practice of groundstrokes at intermediate/advanced level. Continued practice of serve, volley and returns at intermediate/advanced level. Continued practice of scoring game, set, match, pro-sets tie-breaks

## Demonstration of Critical Thinking

Performance of intermediate/advanced tennis skills; skills tests; written test on terminology, scoring and advanced strategies.

## Required Writing, Problem Solving, Skills Demonstration

Performance of intermediate/advanced tennis skills; skills tests; written test on terminology, scoring and advanced strategies.

## Eligible Disciplines

Physical education: Masters degree in physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise, or adaptive physical education, OR bachelors degree in any of the above AND masters degree in any life science, dance, physiology, health education, recreation administration, or physical therapy OR the equivalent. Masters degree required.

## Other Resources

1. USTA Yearbook, latest
2. USTA Tennis Magazine, monthly.