

# DANC G145: MODERN DANCE 2 - INTERMEDIATE

| Item   | Value   |
|--|---|
| Curriculum Committee Approval Date                                     | 11/17/2020                                      |
| Top Code   | 100800 - Dance                                  |
| Units  | 2 Total Units                                   |
| Hours  | 54 Total Hours (Lecture Hours 27; Lab Hours 27) |
| Total Outside of Class Hours   | 0   |
| Course Credit Status   | Credit: Degree Applicable (D)                   |
| Material Fee   | No  |
| Basic Skills   | Not Basic Skills (N)                            |
| Repeatable   | No  |
| Grading Policy   | Standard Letter (S),<br>• Pass/No Pass (B)      |
| Local General Education (GE)   | • GWC Lifelong Understanding (GE)               |
| California State University General Education Breadth (CSU GE-Breadth) | • CSU E2 Activity Course (E2)                   |

## Course Description

Formerly: Intermediate Modern Dance. This course provides instruction and practice in intermediate level modern dance technique including modern dance warm-up exercises and combinations choreographed to live and recorded accompaniment. Students will have the opportunity to improvise and choreograph their own modern dance studies at an intermediate level. PREREQUISITE: DANC G100 or permission of instructor. Transfer Credit: CSU; UC.

## Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Perform to complex and varied musical accompaniment for modern dance at an intermediate level.
3. Show alignment, balance, coordination, strength, flexibility, endurance, and movement memory in the performance of modern dance at an intermediate level.
4. Demonstrate modern dance techniques in locomotor patterns, improvisation and composition at an intermediate level.
5. Identify leading performers and choreographers from modern dance history at an intermediate level.

## Course Objectives

- 1. Perform intermediate level warm-up exercises.
- 2. Critically evaluate a modern dance concert experience.
- 3. Perform modern dance combinations and choreography at an intermediate level.
- 4. Use modern dance terminology at an intermediate level.

## Lecture Content

History of modern dance Origins Modern dance in America Modern dance in the world Leading artists and choreographers Leading historical modern dance performers Leading contemporary modern dance performers Modern dance techniques Loie Fuller Isadora Duncan Ruth St.Denis and Ted Shawn Doris Humphrey Martha Graham Alwin Nikolais Jose Limon Merce Cunningham Paul Taylor Alvin Ailey Twyla Tharp Contemporary Modern Dance teachers and choreographers Music for modern dance Composers Musical Instruments Terminology and Vocabulary Performance qualities of a modern dancer Critical evaluation of a modern dance performance

## Lab Content

Warm-up technique Standing Neck Back Hamstring stretches Sagittal plane Parallel Turned out Swings of torso and legs Side Stretches Frontal Transverse plane Demi and grand plié in positions 1,2,3 Relevés and élevés Abdominal stretches Thigh stretches Isolations Head Shoulder girdle Rib cage Hip Arms Ankles Leg lifts front, side, and back On the floor Seated torso and neck stretches and axial circles Hip socket rotation exercises Back flexibility stretches Abdominal and back strengthen exercises Flex and stretch of legs and ankles in supine position Second position (wide stride) and split stretches Combination of movements on the floor Falls Body rolls Shoulder Stands Shoulder Rolls Sit spins Locomotor combinations moving through space Walk Hop Skip Run Slide Gallop Leap Jump Turn Fall Roll Modern dance theories and elements. Motion Body Parts Jointal action Momentum Space Levels Direction Plane Time Metered Unmetered Shape Static In motion Design principles Solo and group relationships Energy Percussive Sustained Staccato Suspension Swing < Vibratory Principles of Modern Dance Choreography

## Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)
- Lab (04)
- DE Live Online Lab (04S)
- DE Online Lab (04X)

## Reading Assignments

Instructor provided handouts

## Writing Assignments

Analysis and written critiques of visual materials (video, DVD, digital, online) as assigned Attendance at live modern dance concert for the purpose of written critical evaluation

## Out-of-class Assignments

Analysis and critiques of visual materials (video, DVD, digital, online) as assigned Attendance at live modern dance concert for the purpose of written critical evaluation

## Demonstration of Critical Thinking

Preparation of individual and group choreography and improvisation at an intermediate level

## Required Writing, Problem Solving, Skills Demonstration

Analysis and written critiques of visual materials (video, DVD, digital, online) as assigned Attendance at live modern dance concert for the

purpose of written critical evaluation Skills demonstration and/or written tests given during semester on learned movement skills

### **Eligible Disciplines**

Dance: Masters degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelors degree in any of the above AND masters degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Masters degree required.

### **Other Resources**

1. Instructor provided handoutsDancewear and/or leotard and tights without feet Digital, DVD, video and/or online recordings of musical accompaniments or audio recording