

# DANC A257: CONTEMPORARY COMMERCIAL DANCE 2

Item	Value
Curriculum Committee Approval Date	02/09/2022
Top Code	100810 - Commercial Dance
Units	1-2 Total Units
Hours	36-72 Total Hours (Lecture Hours 9-18; Lab Hours 27-54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)

## Course Description

This course provides instruction in intermediate level Contemporary Commercial Dance movement vocabulary, technical skills, principles and terminology. This constantly evolving dance style includes themes expressive of our contemporary times made popular through television, film and video. This movement course explores intermediate level dance conditioning and focused exercises for a dynamic mind-body connection and artistic expression. This includes stylized dance phrase work focusing on performance skills. ADVISORY: DANC A154, or successful audition, validated during the first week of the course. Transfer Credit: CSU.

## Course Level Student Learning Outcome(s)

1. Demonstrate correct principles of alignment and articulation of the spine, feet, and legs as it pertains to this dance genre.
2. Perform intermediate level contemporary commercial dance exercises and traveling patterns with accurate technical execution and style.
3. Learn, and perform, increasingly challenging intermediate level dance combinations comprised of balance, flexibility, directional changes, and phrasing with rhythmic accuracy and artistry.

## Course Objectives

- 1. Demonstrate proper alignment and technique necessary to further the study of Contemporary Commercial Dance at the intermediate level.
- 2. Analyze intermediate level movement phrases in terms of style technique, musicality, and presentation.
- 3. Create short movement phrases demonstrating the ability to synthesize concepts learned in class and dynamically perform them.
- 4. Demonstrate intermediate level concepts of dance: dynamics, coordination, and other elements within the Contemporary Commercial Dance style.
- 5. Demonstrate proper classroom etiquette and procedures that will further the study of dance in general.

## Lecture Content

Lecture: Class and performance etiquette to avoid injuries Discuss the elements of Contemporary Commercial Dance technique Discuss correct technique, placement, and alignment Discussion of Contemporary Commercial Dance - themes, historic influences and trends Discuss the use of Contemporary Commercial Dance in film, television, and current stage presentations Discuss influential Contemporary Commercial Dance choreographers Discuss how to distinguish Contemporary Commercial Dance elements in choreography How to view and write about Contemporary Commercial Dance Discuss the emotional connection of performance and choreography

## Lab Content

Lab: Intermediate level stretching and conditioning Core strengthening exercises Intermediate level technique exercises for stability and alignment Isolations, upper and lower body coordination, directional changes and floorwork increasingly challenging traveling phrases Dynamic movement phrases that synthesize concepts learned in class, focusing on artistry

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Lecture, class discussion, demonstration, discovery, class projects, online written assignments and others.

## Reading Assignments

Handouts and online articles provided by the instructor. (2-4 hours)

## Writing Assignments

Dance Critique of live and online performances. (2-6hours)

## Out-of-class Assignments

Practice all vocabulary as well as combinations, exercises and choreography studied in class. Assessment and critique of current contemporary commercial work, utilizing vocabulary and terminology learned in class. Attend OCC Faculty, OCC Student, and or a professional dance concert. (10- 14 hours)

## Demonstration of Critical Thinking

Written dance Critique and self-evaluation report.

## Required Writing, Problem Solving, Skills Demonstration

Written dance critique, choreographic studies, skills tests.

## Eligible Disciplines

Dance: Masters degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelors degree in any of the above AND masters degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Masters degree required.

## Other Resources

1. Handouts provided by Instructor. Online articles and research.