

# DANC A255: PREPARATION FOR AUDITION - MODERN

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	100810 - Commercial Dance
Units	2 Total Units
Hours	72 Total Hours (Lecture Hours 18; Lab Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	<ul style="list-style-type: none"> <li>• Area 3 Arts and Humanities 3B Active Participation (OC2)</li> <li>• Area 7 Life Skills, Lifelong Learning, and Self-Development 7B Activity (OE2)</li> </ul>
Associate Science Local General Education (GE)	<ul style="list-style-type: none"> <li>• Area 3A Arts (OSC1)</li> </ul>
California State University General Education Breadth (CSU GE-Breadth)	<ul style="list-style-type: none"> <li>• CSU E2 Activity Course (E2)</li> </ul>

## Course Description

This course offers instruction at the advanced level in modern dance, emphasizing release technique and current vocabularies, with a focus on rhythmic challenges, athleticism, strength, endurance, phrasing and personal expression. The course is designed specifically to prepare the serious dancer for successful audition and university transfer as a dance major. PREREQUISITE: DANC A245 or successful audition. Transfer Credit: CSU. NOTE: This course is one of a family of courses in this subject matter. Enrollment may be limited due to State regulations. Please consult your academic counselor for clarification.

## Course Level Student Learning Outcome(s)

1. Demonstrate correct principles of alignment and articulation of the spine, feet and legs in a variety of modern dance techniques, enabling students to audition successfully for university transfer.
2. Learn and successfully perform advanced modern dance exercises, vocabulary and traveling patterns with advanced level rhythmic challenges, individual expression, and performance quality.
3. Show progress when performing short choreographies that explore contemporary techniques focusing on these elements: release technique, suspension, falls and recovery from the floor, strength in off centered movements, balance, flexibility, directional changes, phrasing and rhythmic accuracy, leaps with curve, arch or tilt of the torso, turns and partner work.

## Course Objectives

- 1. Improve body alignment, articulation for expression, performance quality and nuance.
- 2. Improve audition skills: ability to learn material quickly with accurate shape, timing/rhythm, movement kinetics, style and expression.
- 3. Develop phrase material that can be used for a short audition solo
- 4. Demonstrate professionalism in personal habits and presentation in order to successfully audition and meet university dance major criteria or professional work.
- 5. Identify and evaluate areas needing personal improvement; set appropriate career and training goals.
- 6. Perform complex phrases and exercises with greater confidence.
- 7. Demonstrate critical thinking and ability to verbalize personal goals, observations of dance performances, artistic concepts and movement principles.
- 8. Utilize current resources (video, articles, performances) to increase knowledge of modern dance masters, and appreciate dance in relation to world events, arts and culture.

## Lecture Content

A. Healthy lifestyle, rest, nutrition, injury prevention and organizational skills to support intensive dance training goals and successful auditions. B. Preparing for university transfer audition, company work, touring; and for diverse choreographic demands; clarifying career goals C. Discussion of work by choreographers

## Lab Content

Advanced level warm-up in a variety of modern dance techniques Review of level IV modern dance concepts; explore them in more complex technique exercises throughout the course Movement activities - exercises and dance combinations designed to develop: 1. Range of motion, flexibility, new vocabulary, and gesture 2. Strength and control, particularly when balancing on one leg and releasing the spine in counterpoint actions 3. Changes of body weight and directions through space with specific focus and projection 4. Rhythmic challenges, odd meter, mixed meter and counterpoint, and coordination requiring greater speed Advanced center floor combinations that expand modern dance vocabulary and style; explore low medium and high levels, changes in direction, contemporary techniques in execution of inversions, hand stands, etc. Locomotor patterns that develop air skills such as: asymmetrical leaps integrating curve and arch of the spine, jumps with turns in the air, chasses with curves, side bends and arches, sauts, and turns, tilts, off center balances and suspensions, utilizing a variety of movement changes in space, energy and rhythm Creative problems and personal expression 1. Contact improvisation with partners 2. Creating, setting and performing solo phrases that can be developed for audition solos 3. Performances of classroom skill tests; Cool down activities

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Instructor will use the following methodologies: Lecture and class discussion of varied current topics in dance, visual demonstration of exercises, combinations and choreography, individual and group verbal and physical corrections, analysis of movement mechanics and

movement intention, style and quality, and assignments for creative expression and critical thinking.

## **Reading Assignments**

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## **Writing Assignments**

Written critiques of performance viewing. (approximately 2 hours per semester.)

## **Out-of-class Assignments**

Practicing vocabulary as well as movements and choreography studied in class. Attend Faculty, Student, and/or professional dance concert. (approximately 2 hours per week.)

## **Demonstration of Critical Thinking**

Self-evaluation; class discussion; application of concepts in each class

## **Required Writing, Problem Solving, Skills Demonstration**

Written critique of dance concert or written self-evaluation of skill test(s); skills tests performances; in class improvisation or composition exercises

## **Eligible Disciplines**

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

## **Other Resources**

1. Selected handout material to be provided and distributed by the instructor 2. Online reference material and current events articles may be utilized.