

DANC A210: DANCE METHODOLOGY

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	100810 - Commercial Dance
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S)
Associate Arts Local General Education (GE)	<ul style="list-style-type: none"> OC Life Skills - Activity - AA (OE2)

Course Description

Designed for dance students to learn how to teach classes in dance technique and creative movement for adults or youth in a variety of settings. ADVISORY: DANC A150 or DANC A160; Intermediate to advanced level skills in dance technique (either modern dance, jazz or ballet). Transfer Credit: CSU.

Course Level Student Learning Outcome(s)

1. Successfully design and write a lesson plan appropriate for various levels and ages, effectively incorporating dance progressions and two learning modes.
2. Construct dance exercises and phrases in a particular style: Modern dance, Ballet, Contemporary, Tap, Jazz, Hip Hop or World dance forms, understanding correct counting and tempo setting.

Course Objectives

- 1. Demonstrate correct use of basic movement principles and proper body alignment that are necessary to teach all forms of dance.
- 2. Design exercises that effectively warm up the body and achieve strength, flexibility, and endurance for dance students in a classroom setting.
- 3. Design and implement class lesson plans; demonstrate awareness of progression, and building upon principles from center floor exercises to prepare the class for traveling movement combinations.
- 4. Demonstrate rhythm and phrasing in a variety of dance styles as an integral part of teaching dance.
- 5. Demonstrate, in an actual teaching setting, the ability to evaluate their students skills, experience, and mastery of material presented and to modify the lesson plan as needed.
- 6. Direct students in creative, improvisational dance exercises that explore space, shape, energy, time, breath, imagery, partnering, and composition reflecting the aspect of creative expression in dance.
- 7. Demonstrate effective communication required in teaching: expressing the intention and purpose of various class exercises, explaining class objectives and giving effective, clear direction through individual and group corrections.

- 8. Create course syllabi and handouts, and keep accurate attendance records.

Lecture Content

Philosophy of teaching Motivation, exploring various learning and teaching styles, class retention Basic considerations: style of dance, level of class, age of students, proper dress, length of class, time management Developing a lesson plan—class concept supported by effective exercises and progression; adaptability of lesson plan Developing dance exercises to achieve: correct alignment, flexibility, balance, strength and awareness of proper technique Developing exercises for: weight shifts, floor work, turns, jumps, directional changes, focus Designing specific exercises for developing control, coordination, endurance, isolation and body counterpoint Exploration of space, shape, time, energy/force Use of improvisational movement to enhance dynamics, quality and personal expression Locomotor patterns, center floor combinations Exploration and use of music, including “setting tempo”, awareness of meter, style, instrumentation, varying the selection of music to enhance class energy and interest, working with an accompanist Syllabus preparation, record keeping Methods for student assessment, individual corrections, positive reinforcement, evaluation, skill tests Assisting methodology students to aid their own students in setting goals, taking personal responsibility for learning

Lab Content

Developing exercises for: weight shifts, floor work, turns, jumps, directional changes, focus strength and awareness of proper technique

Method(s) of Instruction

- Lecture (02)

Instructional Techniques

Lecture and discussion; demonstrations; participation and group practice; observation of experienced teachers; written assignments; skills evaluation; video taping of student teaching.

Reading Assignments

Assigned reading from textbooks and instructor handouts.

Writing Assignments

Written lesson plan(s); written observations of assigned teachers; proficiency demonstrations of: technique class exercises, movement combinations, corrections and modifications, directing an improvisational exercise (creative movement).

Out-of-class Assignments

Practice for skill development.

Demonstration of Critical Thinking

Attendance; participation in class discussions; evaluation of student preparation/teaching of exercises and phrases to classmates; instructor evaluation of student teaching in a classroom setting; written observations of teaching methodology for selected dance faculty; discussion of reading assignments; written paper; written lesson plan(s) and syllabus

Required Writing, Problem Solving, Skills Demonstration

Written lesson plan(s); written observations of assigned teachers; proficiency demonstrations of: technique class exercises, movement

combinations, corrections and modifications, directing an improvisational exercise (creative movement).

Textbooks Resources

1. Required Schlaich, Joan and Betty DuPont. The Art of Teaching Dance Technique, ed. Reston: Princeton Book Co, 2001 Rationale: -