

# DANC A191: CLASSICAL TECHNIQUE AND VARIATION WORKSHOP

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	100810 - Commercial Dance
Units	1-2 Total Units
Hours	36-72 Total Hours (Lecture Hours 9-18; Lab Hours 27-54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)

## Course Description

This course is designed to offer classical technique and variations of a selected period and style for the intermediate and advanced ballet dancer. Students should be prepared to participate at the first class meeting. ADVISORY: Intermediate level ballet technique; This advisory will be validated in class during the first week of the course. Transfer Credit: CSU; UC.

## Course Level Student Learning Outcome(s)

1. Identify in writing the characteristics of the specific period/style selected for study.
2. Demonstrate intermediate, intermediate/advanced or advanced level skills in classical ballet technique at the barre, center floor and traveling across the floor as determined by accepted standards of a classical movement vocabulary appropriate to intermediate/adv. or advanced level.
3. Demonstrate an ability to perform the variations taught with an appropriate level of technique, style and musicality.

## Course Objectives

- 1. Obtain a sound ballet base in preparation for further training and/or career in dance.
- 2. Improve understanding of technical, musical and performance skills in ballet.
- 3. Identify in writing the characteristics of the specific period/style selected for study.
- 4. Apply and demonstrate through performance a sound and established knowledge and understanding of the fundamental and relevant technique and vocabulary of ballet.
- 5. Recognized the style and period of a specific classical ballet variation.
- 6. Perform in class a classical ballet variation with accurate technique and style.

## Lecture Content

Procedures and requirements Study of classical ballet various periods of style Discuss ballets representing each period of style and its characteristics Discuss choreographers and dancers for each period of style

## Lab Content

Pre-warm up exercises and port de bras coordinations Ballet barre Center exercises including: Tendu, adagio, waltz, petit allegro and grand allegro Study of You Tube and Vimeo films of reconstruction of ballets from different periods Learn solo classical variations of at least two periods Perform a classical variation with accurate technique and style

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Lecture, demonstration, participation and group practices, videos with discussions, written assignments.

## Reading Assignments

Research on the the different periods of style in classical ballet 4 to 8 hours Research on the characteristics of these periods. 2 to 4 hours Read about choreographers and dancers of every period 2 to 4 hours

## Writing Assignments

written paper on live performances. 2 to 4 hours

## Out-of-class Assignments

View YouTube videos on ballets representing the varios period of style in classical ballet. 3 to 6 hours View various videos of reknown dancers performing variations of different periods. 3 to 6 hours

## Demonstration of Critical Thinking

Dance critique of a live performance.

## Required Writing, Problem Solving, Skills Demonstration

writing tests, skill tests, and in-class performance of variations.

## Eligible Disciplines

Dance: Masters degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelors degree in any of the above AND masters degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Masters degree required.

## Other Resources

1. Online research.