

# DANC A157: POLYNESIAN DANCE 2

Item	Value
Curriculum Committee Approval Date	09/04/2024
Top Code	100810 - Commercial Dance
Units	1 Total Units
Hours	36 Total Hours (Lecture Hours 9; Lab Hours 27)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)

## Course Description

An intermediate level course covering a variety of Polynesian dances designed to teach footwork, gestures, hip and body movements within the specific genres. Students will be able to perform various choreographies and understand the history of Pacific Islanders and the evolution of these dances. ADVISORY: DANC A156 or successful audition, validated during the first week of the course. Transfer Credit: CSU; UC.

## Course Level Student Learning Outcome(s)

1. Identify, define, and demonstrate an intermediate level of movement vocabulary for one or more forms of Polynesian dance styles.
2. Demonstrate an understanding of Polynesian dance as oral history told through gestures by performing choreography demonstrating an intermediate level of technique, rhythmic accuracy, and artistry.
3. Perform choreography utilizing cultural implements appropriate to the form and demonstrate an understanding of their meaning.

## Course Objectives

- 1. Learn and execute intermediate dance vocabulary of Polynesian dance styles- both traditional and modern.
- 2. Further develop skills and refine footwork, hand gestures and hip motions of several Polynesian dances
- 3. Identify basic drumbeats and use appropriate dance movements in response to the various rhythms (Tahitian)
- 4. Improve stamina and body conditioning
- 5. Demonstrate ability to understand and execute traditional chants (Oli)
- 6. Demonstrate ability to execute choreographies utilizing traditional Hawaiian implements.

cultural background and variations in dance forms Film viewing to further illustrate the art form

## Lab Content

Intermediate warm-up exercises and conditioning, using isolations appropriate for Polynesian dance Introduction of intermediate movement vocabulary and terminology for Polynesian dance Practice traveling across the floor with patterns that include footwork in coordination with body isolations. Refine hip and gesture coordination Teach/ demonstrate choreographies of Polynesian dances- both 'Auana and Kahiko Demonstrate use of implements to accompany dance Learn traditional chants- Oli

## Method(s) of Instruction

- Lecture (02)
- Lab (04)

## Instructional Techniques

Lecture and visual demonstration of exercises, combinations and choreography, individual and group verbal and physical corrections, analysis of movement mechanics and movement intention, style and quality, class discussion, and assignments for creative expression and critical thinking.

## Reading Assignments

One-half hour of handouts provided by instructor, online articles.

## Writing Assignments

One-half hour to one hour of critique on viewed dance performances.  
One-half hour to one hour of self-evaluation report.

## Out-of-class Assignments

One-half hour to one hour of practicing all vocabulary as well as combinations, exercises and choreography studied in class. Watch videos on selected dance styles and analyze. Attend Faculty, Student, and/or professional dance concert and write a review.

## Demonstration of Critical Thinking

Dance Critique and self-evaluation report.

## Required Writing, Problem Solving, Skills Demonstration

Dance Critique, choreographed phrases and dances, skill tests, vocabulary and history tests.

## Eligible Disciplines

Dance: Master's degree in dance, physical education with a dance emphasis, or theater with dance emphasis, OR bachelor's degree in any of the above AND master's degree in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent. Master's degree required.

## Other Resources

1. Handouts provided by Instructor. Online articles and research

## Lecture Content

Lecture Content: Vocabulary words and corresponding movements  
History of the Pacific islands and their people Class discussion regarding