

DANC A117: AMERICAN SOCIAL DANCE STYLES

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	100810 - Commercial Dance
Units	.5-2 Total Units
Hours	18-72 Total Hours (Lecture Hours 4.5-18; Lab Hours 13.5-54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• OC Life Skills - Activity - AA (OE2)
Associate Science Local General Education (GE)	• OCC Arts - AS (OSC1)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

Course Description

An introductory course in American social dance styles designed to teach foxtrot, waltz, swing, and Lindy hop. Course will emphasize steps, styling, partnering, rhythm, and cultural background material. Beginning level is appropriate for students of all ages and training. Transfer Credit: CSU; UC.

Course Level Student Learning Outcome(s)

1. Perform the American social dances at a competent level with a partner.
2. Demonstrate how to lead and follow with a partner.
3. Perform a variety of step combinations.
4. Demonstrate an ability to combine steps on a social dance floor.

Course Objectives

- 1. Demonstrate basic foxtrot steps, partnering and styling.
- 2. Demonstrate basic waltz steps, partnering and styling.
- 3. Demonstrate basic swing steps, partnering and styling.
- 4. Demonstrate basic lindy hop steps, partnering and styling.
- 5. Demonstrate ability to lead or follow different partners.
- 6. Demonstrate rhythmic accuracy for each American social dance style taught.
- 7. Explain in writing historical or cultural information connected with each American social dance style.

Lecture Content

1. Class requirements
2. Student goals and previous dance background
3. Course objectives as stated in course syllabus
4. Cultural and historical information on foxtrot, waltz, swing and lindy hop

Lab Content

1. Introduction to American Social Dance vocabulary to be used
2. Basic foxtrot steps
3. Practice of steps alone and with partner
4. Basic waltz steps
5. Practice of steps alone
6. Practice of steps with partner
7. Basic swing steps
8. Learn more variations on the steps for foxtrot, waltz, and swing
9. Practice combining new steps with basic steps
10. Learn partnering skills for lindy hop and practice
11. Clarification of steps, with additional steps learned; practice
12. Clarification of rhythm and timing; practice
13. Clarification of styling for each dance; practice
14. Clarification of partnering skills required for each dance style; practice
15. Review
16. Evaluation of skills

Method(s) of Instruction

- Lecture (02)
- Lab (04)

Instructional Techniques

Lecture, demonstration, participation and group practice, videos with discussion, skills evaluation.

Reading Assignments

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Writing Assignments

Written critique on live dance performance, written test on historical and/or cultural background information on each American social dance style studied.

Out-of-class Assignments

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Demonstration of Critical Thinking

Skills testing, written test on historical and/or cultural background information on each American social dance style studied, written critique on live dance performance.

Required Writing, Problem Solving, Skills Demonstration

Written critique on live dance performance, written test on historical and/or cultural background information on each American social dance style studied.

Other Resources

1. Selected handout material provided and distributed by the instructor.
2. Video tapes of American social dance.