

# COUN G115: STUDENT-ATHLETE SUCCESS & EDUCATIONAL PLANNING

Item	Value
Curriculum Committee Approval Date	12/03/2019
Top Code	493010 - Career Guidance and Orientation
Units	2 Total Units
Hours	36 Total Hours (Lecture Hours 36)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Grading Policy	Standard Letter (S)

## Course Description

This course is designed to introduce student-athletes to a successful college and transfer experience. Athletic regulations including the National Collegiate Athletics Association (NCAA) and the National Association of Intercollegiate Athletics (NAIA) transfer requirements will be covered. The course introduces college success skills, including college expectations, resources, policies, student/athlete life balance, life after sports. Definitions and requirements for certificates and degrees, and higher education in California, including transfer process are covered. Students develop a Comprehensive Student Educational Plan (CSEP) based on personality and career assessments, individual educational goals, and discuss strategies for selecting a major. Transfer Credit: CSU; UC: Credit Limitation: COLL G100, COUN G104, COUN G105, COUN G115, COUN G150, COUN G151, COUN G152, COUN G153, COUN G154, COUN G155, COUN G156 and COUN G205 combined: maximum credit, 3 units.

## Course Level Student Learning Outcome(s)

1. Course Outcomes
2. Demonstrate an understanding of athletic regulations including; qualifier versus non-qualifier status, initial and continuing eligibility at the community college, and NCAA and NAIA transfer requirements.
3. Compare and contrast certificates, degrees, and transfer programs.
4. Demonstrate an understanding of academic rules and regulations.
5. Outline goals through counselor assisted analysis of their educational, career and personal objectives.
6. Analyze life-long learning strategies that are based on on-going self-assessment, education, and acceptance of personal responsibility.
7. Articulate how theories and practices learned in academic settings can be applied and integrated into personal, athletic, and professional pursuits.

## Course Objectives

- 1. Integrate new skills for facilitating academic success
- 2. Differentiate between various educational programs and requirements for completing various levels of education.
- 3. Determine qualifier versus non-qualifier status with the NCAA.

- 4. Illustrate an understanding of initial and continuing athletic eligibility at the community college, and NCAA and NAIA transfer requirements.
- 5. Outline educational requirements via the Comprehensive Student Educational Plan (CSEP)
- 6. Evaluate academic and career goals based on experiences in the course and during the time at the community college.

## Lecture Content

College Expectations    Matriculation Process    Assessment for Math and English Orientation    Student Rights and Responsibilities  
 GWC Policies and Procedures    Verifying NCAA Qualifier or Non-Qualifier Status    Learn the NCAA Expectation for High School Qualifier Status    Register with the NCAA Eligibility Center    Choosing a Career Path After Sports    Personality and career inventories    Linking assessments to career and major options    Choosing a Major    Initial and Continuing Eligibility for Athletes    Academic Requirements for Community College Athletic Competition    Eligibility    GPA and unit expectations    Academic Requirements for Community College Athletic Competition in the 2nd Season    GPA and unit expectations    NCAA and NAIA Transfer Eligibility    NCAA Division I Rules for Transfer    NCAA Division II Rules for Transfer    NCAA Division III Rules for Transfer    NAIA Rules for Transfer    Comprehensive Educational Planning    Course Selection and Mode of Instruction    Format, Length    Distinctions between On-Campus, hybrid, and Distance Learning coursework    Time Commitment    Competencies required    Success Rates  
 Higher Educational structures in California    Distinctions between institutions    Community College    California State University    University of California    Private, Independent Colleges, Universities    Requirements for Vocational Certificates    Requirements for Associate of Arts Degree (AA), and Associate of Arts/Science for Transfer AA-T/AS-T    General Education Major Requirements for AA    Transfer Requirements    Units    Preparation in Major    Impaction Policies    College Success Strategies    Attendance and class interaction    Online / Distance learning course success    College Policies    Student Progress and Academic Probation/Disqualification    Units and Grading    Semester vs. Quarter grades    Types of grades (A,B,C,D,F,P/NP, I, W)    Computing GPA    College Programs and Services    Student Success: Academic Areas    Tutoring, LRC, Writing Center, etc.    Financial Aid    Health Center    Counseling, Transfer Center, and Career Center

## Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

## Instructional Techniques

Instructor provided materials, videos, online content.

## Reading Assignments

CCCCA bylaw overview for academic and transfer eligibility NCAA regulations overview for qualifier and non-qualifier status Personality and career assessments review

## **Writing Assignments**

Research assignment that assesses campus resources relevant to student success. Goal setting activity tying academic goals to career preparation Career goal as it relates to life after sports reflection

## **Out-of-class Assignments**

Various written assignments requiring interpretation of course content. Creation of a Comprehensive Student Educational Plan (CSEP)

## **Demonstration of Critical Thinking**

Analyze systems of higher education and athletics influence on choice of educational and career pathway. Identify core competencies associated with persistence and completion of academic and athletic goals. Investigate career and athletic pathways via computerized and hardbound resources.

## **Required Writing, Problem Solving, Skills Demonstration**

Report on a career pathway related to intended program of study Apply theoretical models of decision making to the process of selecting a program of study, transfer institution, or alternative training program Design of a Comprehensive Student Educational Plan (CSEP).

## **Eligible Disciplines**

Counseling: Masters degree in counseling, rehabilitation counseling, clinical psychology, counseling psychology, guidance counseling, educational counseling, social work, or career development, marriage and family therapy, or marriage, family and child counseling, OR the equivalent. (NOTE: A bachelors degree in one of the above listed degrees and a license as a Marriage and Family Therapist (MFT) is an alternative qualification for this discipline.) Masters degree required. Title 5, section 53410.1

## **Manuals Resources**

1. CCCAA. The California Community College Athletic Association Constitution and Bylaws, CCCAA , 09-04-2018

## **Other Resources**

1. GWC and other College Catalogs 2. Computerized and online career resources 3. Online and print resources related to NCAA local, state, and national regulations.