CMST G100: Interpersonal Communication

#### 1

# CMST G100: INTERPERSONAL COMMUNICATION

#### Item

**Curriculum Committee Approval** 

Date

Top Code

Units Hours

Total Outside of Class Hours

Course Credit Status

Material Fee Basic Skills

Repeatable

**Grading Policy** 

Local General Education (GE)

Intersegmental General Education Transfer Curriculum (IGETC)

California State University General Education Breadth (CSU GE-Breadth)

#### Value

03/16/2021

150600 - Speech Communication

3 Total Units

54 Total Hours (Lecture Hours 54)

0

Credit: Degree Applicable (D)

No

Not Basic Skills (N)

No

Standard Letter (S),

- · Pass/No Pass (B)
- GWC Oral Communication (GA1)
- IGETC 1C Oral Communications (1C)
- CSU A1 Oral Communications (A1)

## **Course Description**

Formerly: COMM G100. This course is a survey of the process, analysis and theory of one-to-one oral communication, rhetorical theory (ethos, pathos and logos), presentation development and theoretical analysis. Content areas include self-concept, perception, rhetorical sensitivity to diversity, equity, inclusion, belonging and accessibility, approaches to research and argument development, critical listening, verbal messages, nonverbal messages, conversation, relational development and conflict management. Students will learn theories that explain human communication behavior and best practices in oral communication and, in addition, will be required to practice effective interpersonal communication skills, rhetorical analysis and oral presentation skills in various contexts. Transfer Credit: CSU; UC. C-ID: COMM 130.C-ID: COMM 130.

## **Course Level Student Learning Outcome(s)**

- 1. Course Outcomes
- Use effective verbal and nonverbal practices personally, professionally and in the context of oral presentations.
- Analyze interpersonal communication theories, theoretical foundations (including ethos, pathos and logos) and rhetorical theory.
- Employ constructive criticism skills in the context of speech analysis and peer evaluation.
- Apply concepts of ethical communication and rhetorical sensitivity pertaining to diversity, equity, inclusion, belonging, and accessibility.

# **Course Objectives**

- 1. Describe communication situations using discipline specific terms.
- 2. Identify and describe various cultural influences on interpersonal communication.

- 3. Use various verbal and nonverbal messages to adapt to different social situations.
- 4. Discuss the role of a healthy self-concept in the interpersonal communication process.
- 5. Recognize the role defensive and supportive behaviors play in creating a communication climate and resolving conflict.

#### **Lecture Content**

Elements of Interpersonal Communication (IC) Vocabulary Characteristics of IC Cultural Issues Relevance of Culture in IC Cultural Perspectives Cultural Differences Intercultural Communication Self-Perception Dimensions of Self Self Disclosure Influences on Self Concept and Self Esteem Perception of Others Stages of Perception Perceptual Processes Listening Stages of Listening Styles of Listening Verbal Messages Linguistic Symbols Denotation and Connotation Problems with Language Effective use of Language Inclusion and Exclusion Racist Language Hate Speech Sexist Language Nonverbal Messages Body Facial Eyes Touch Paralanguage Use of Space Artifacts Temporal communication Emotions Defining nature of emotions Social and cultural patterns of expression Skills for improving Relationship Development and Maintenance Characteristics of Interpersonal relationships Stages in relationships Cultural similarities and differences Computer mediated communication Types of Relationships Friendship Love Family Workplace Conflict Management Nature of Conflict Conflict resolution C onflict management Compliance gaining strategies

## Method(s) of Instruction

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

#### **Reading Assignments**

Textbook, open educational resources, supplemental materials.

#### **Writing Assignments**

Essays, journals, communication analysis, written and oral demonstration of skills such as peerception checking, converstaion, listening techniques, and conflict strategies.

#### **Out-of-class Assignments**

Interpersonal journal, interviewing, personality assessment, and other assignments determined by the instructor.

#### **Demonstration of Critical Thinking**

Students will be able to analyze communication situations to identify components, explain influences on the situation, as well as choose appropriate communication strategies and skills.

#### **Required Writing, Problem Solving, Skills Demonstration**

Students will participate in a minimum of two oral presentations, made either in front of faculty or other listeners, or in online environments, including: One minor presentation such as a speech of introduction and one major presentation on issues pertaining to interpersonal theories and/or content.

## **Eligible Disciplines**

Speech communication: See communication studies Masters degree required.

#### **Textbooks Resources**

1. Required Adler, Rosenfeld and Proctor. Interplay—The Process of Interpersonal Communication, 14th ed. Oxford Publishing, 2017 2. Required Devito, Joseph A.. The Interpersonal Communication Book, 15th ed. Pearson Allyn and Bacon Publishing, 2018

#### **Other Resources**

1. Comparable open educational resource (OER) materials