

# CDE A264: UNDERSTANDING CHILD ABUSE AND TRAUMA

Item	Value
Curriculum Committee Approval Date	11/13/2024
Top Code	130500 - Child Development/Early Care and Education
Units	3 Total Units
Hours	54 Total Hours (Lecture Hours 54)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	No
Open Entry/Open Exit	No
Grading Policy	Standard Letter (S)

## Course Description

Ways to identify children who are abused and programs to assist both the child and the offender. Discussion of state mandated reporting system and procedures in record keeping for the teacher and director in a child care program. Formerly known as EC A263. Transfer Credit: CSU.

## Course Level Student Learning Outcome(s)

1. Identify different forms of adverse childhood experiences and child abuse, explain the legal mandates and steps required to report the abuse.
2. Identify trauma informed care practices within an early childhood setting.

## Course Objectives

- 1. Identify different forms of child abuse, or trauma, and the effects on the developmental stages of a child.
- 2. Define and explain contributing factors of child abuse and adverse childhood experiences and preventive strategies.
- 3. Identify adverse childhood experiences, lasting impact, and the trauma informed care efforts.
- 4. Understand the long-term effects of childhood trauma and the their effect on the developing child (physically, emotionally, socially).
- 5. Understand trauma informed care practices for early care educators and how to prevent compassion fatigue.
- 6. Understand strengths-based and resiliency perspectives and how to implement within an educational or care setting.
- 7. Identify at risk family structures and influences.
- 8. Understand developmentally appropriate supports and skills to meet diverse needs of children who have experienced trauma, stress, or abuse.
- 9. Explain the legal mandates of mandated reporters and the steps required to report suspected abuse.

## Lecture Content

Introduction to Child Abuse definition history and prevalence of child abuse types of abuse Physical abuse, neglect, sexual abuse, emotional

abuse, exploitation of minors Cultural differences Developmental characteristics of traumatized or abused child Reasons for Child Abuse characteristics of parents characteristics of other family members characteristics of child Introduction to Childhood Trauma A. ACES study on childhood trauma research V. Adverse Childhood Experiences Loss/Death, family separation, violence, household and family Chronic and Acute trauma Supporting the family to benefit child, considerations for families who have experienced trauma Trauma Informed Care and Adverse Childhood Experiences Implementing a strengths-based perspective, moving from what s wrong with you? to what happened to you? Building positive relationships with children and families Resiliency, mindfulness, promoting coping skills Developmentally appropriate curriculum Developing safe spaces within a school and home environments, predictable routines Culturally responsive practices, positive discipline techniques and strategies. Healing power of play Compassion fatigue what is it, how to recognize and avoid it Developmental impact of trauma and abuse A. neuroscience of trauma B. impact of trauma on whole child: physical, cognitive, social-emotional

- Lecture (02)
- DE Live Online Lecture (02S)
- DE Online Lecture (02X)

## Instructional Techniques

1. Lecture/discussion 2. Large group discussion and exploration of topics 3. Video demonstration of developmental concepts and tasks 4. Small group discussion with instructor feedback 5. Instructor handouts for student reference and analysis 6. Instructor demonstration of developmental concepts 7. Personal application of concepts, problem-solving, resources through small group discussion

## Reading Assignments

Textbook and article readings ~3 hours per week = ~48 hours total per semester

## Writing Assignments

Exams and in class written exercises Family history paper Book review ~3 hours per week = ~48 hours total per semester

## Out-of-class Assignments

Attend a 12-step program meeting of their choice and complete a written report Complete California Mandated Reporter (general) training Movie assignment and reflective paper ~10 hours total per semester

## Demonstration of Critical Thinking

class participation assigned homework activities written exam problem solving exercises

## Required Writing, Problem Solving, Skills Demonstration

Written homework, essay exam

## Eligible Disciplines

Child development/early childhood education: Master's degree in child development, early childhood education, human development, home economics/family and consumer studies with a specialization in child development/early childhood education, or educational psychology with a specialization in child development/early childhood education OR bachelor's degree in any of the above AND master's degree in social work, educational supervision, elementary education, special education, psychology, bilingual/bicultural education, life management/home

economics, family life studies, or family and consumer studies OR the equivalent. Master's degree required.

### **Textbooks Resources**

1. Required Office of Attorney General. Child Abuse PREVENTION HANDBOOK, latest ed. Sacramento: Crime Prevention Center, 0 Rationale:
- 2. Required Crosson-Tower, Cynthia. Understanding Child Abuse and Neglect, 10th Ed. ed. Pearson, 2021
3. Required Pelzer, Davi. A Child Called It, ed. Health Communications Inc, 1997 Rationale: This is the latest edition of this book and relates to class content as a case study.
4. Required Baker Kline, Christina. Orphan Train, ed. New York: Harper Collin, 2020
5. Required Perry, Bruce MD, PhD, and Winfrey, Oprah. . What Happened to You? Conversations on Trauma, Resilience, and Healing, ed. Flatiron Books, 2021