

# ATHL A251: BASKETBALL TEAM - MEN'S

Item	Value
Curriculum Committee Approval Date	12/08/2021
Top Code	083550 - Intercollegiate Athletics
Units	3 Total Units
Hours	162 Total Hours (Lab Hours 162)
Total Outside of Class Hours	0
Course Credit Status	Credit: Degree Applicable (D)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 3
Grading Policy	Standard Letter (S), • Pass/No Pass (B)
Associate Arts Local General Education (GE)	• OC Life Skills - Activity - AA (OE2)
California State University General Education Breadth (CSU GE-Breadth)	• CSU E2 Activity Course (E2)

## Course Description

This course is for students who have successfully auditioned for the OCC Intercollegiate Men's basketball team; eligibility auditions will be held during the first week of class. Students may enroll in this course four times. Transfer Credit: CSU; UC: Credit Limitation: Any or all of these ATHL, DANC, KIN, MARA, PE Activity courses combined: maximum credit, 4 units.

## Course Level Student Learning Outcome(s)

1. Perform, analyze, synthesize and execute game strategies that are developed over the course of the season.
2. Demonstrate commitment to excellence, fair play, and personal responsibility through participation in intercollegiate athletics.

## Course Objectives

- 1. Develop and improve skills necessary for intercollegiate athletic competition in basketball.
- 2. Develop a personal commitment to athletic excellence.
- 3. Participate and compete effectively as a member of a team in the athletic experience.
- 4. Improve physical conditioning.
- 5. Analyze game strategies.

## Lecture Content

No lecture hours: see lab.

## Lab Content

To improve skills related to the game of basketball. To improve and be more knowledgeable in mental skills and aspects of competitive basketball. 1.Emphasizes improvement in offensive skills 2.Efficiency and consistency in: a.Ball Handling b.Passing c.Free

Throws d.Field Goals 3.Rules 4.Proper decorum and athletes responsibilities 5.Strategies involved in the game 6. Puts emphasis on defensive philosophy and related skills a.Man-to-man b.Zone 7.Evaluation of improvement 8.Emphasizes physical well-being and conditioning conducive to intercollegiate basketball 9.Emphasizes a commitment to team 10.Develop a personal commitment to athletic excellence 11.Participate and compete successfully as a member of a team in the athletic experience

## Method(s) of Instruction

- Lab (04)

## Instructional Techniques

Lecture, video, team discussion, participation, successful performance, basketball skills demonstration

## Reading Assignments

NCAA Rule Guide; Articles related to the sport; handouts on sport skills.

## Writing Assignments

Group discussion of assignment, small groups written goals, writing of individual goals.

## Out-of-class Assignments

Continued practice of skills necessary for successful participation at the intercollegiate level of the sport; attendance at athletic competitions.

## Demonstration of Critical Thinking

Comparison of student ability, video analysis, analysis of statistics

## Required Writing, Problem Solving, Skills Demonstration

Proficiency demonstration of basketball skills. Demonstration of offensive and defensive strategies

## Eligible Disciplines

Physical education: Masters degree in physical education, exercise science, education with an emphasis in physical education, kinesiology, physiology of exercise, or adaptive physical education, OR bachelors degree in any of the above AND masters degree in any life science, dance, physiology, health education, recreation administration, or physical therapy OR the equivalent. Masters degree required.

## Other Resources

1. NCAA Rule Book (revised annually).
2. Handouts to be provided and distributed by the instructor.