

# ALH A002N: PERSONAL CARE AIDE II: PERSON CENTERED CARE NONCREDIT

Item	Value
Curriculum Committee Approval Date	10/10/2018
Top Code	129900 - Other Health Occupations
Units	0 Total Units
Hours	27 Total Hours (Lecture Hours 12; Lab Hours 15)
Total Outside of Class Hours	0
Course Credit Status	Noncredit (N)
Material Fee	No
Basic Skills	Not Basic Skills (N)
Repeatable	Yes; Repeat Limit 99
Grading Policy	P/NP/SP Non-Credit (D)

## Course Description

This course will provide students with the education needed to meet the skills required to provide personal care services to elders and to consumers with disabilities in a home setting. Topics include Qualities of a Direct Care Worker; Work Settings; Teamwork and Professionalism; Working with Elders; Respecting Differences; Communication Skills; Working with a Consumer Who Is Depressed; Infection Control; Body Systems and Common Diseases and Body Mechanics. PREREQUISITE: ALH A001N or concurrent enrollment. ADVISORY: Identification required on first day of class; No felony convictions. NOT DEGREE APPLICABLE. Not Transferable.

## Course Level Student Learning Outcome(s)

1. Demonstrate competency in provision of assistance of activities of daily living (ADL) eating; toileting; ambulation; dressing and personal care
2. Employ industry standard methods when dealing with clients with dementia, mental illness, developmental and physical disabilities

## Course Objectives

- 1. Provide competent care related to Activities of Living (ADLs) Nutrition, eating, bathing and personal care, Toileting, dressing, housekeeping, and ambulation.
- 2. Recognize workers rights; employ time management and stress reduction skills related to the patient care aide.

## Lecture Content

I. PERSON CENTERED CARE A. Supporting Consumers at Home B. ADL: Eating C. Supporting Consumers Dignity D. ADL: Bathing and Personal Care E. ADL: Toileting (part 1) F. ADL: Ambulation and Bed Making G. ADL: Dressing and Toileting (part 2) II. OTHER ISSUES THAT APPLY ACROSS WORK SETTINGS A. Working with Consumers with Dementia B. Introduction to Mental Illness, Developmental Disabilities, Abuse and Neglect C. Working with an independent Adult with Physical Disabilities D. Consumer and Worker Rights: Managing Time and Stress

## Lab Content

III Section C PERSON CENTERED CARE A. ADL: Eating B. ADL: Bathing and Personal Care C. ADL: Toileting (part 1) D. ADL: Ambulation and Bed Making E. ADL: Dressing and Toileting (part 2) IV Section D OTHER ISSUES THAT APPLY ACROSS WORK SETTINGS A. Working with Consumers with Dementia

## Method(s) of Instruction

- Enhanced NC Lect (NC1)
- Enhanced NC Lab (NC2)
- Live Online Enhanced NC Lect (NC9)
- Live Online Enhanced NC Lab (NCA)

## Instructional Techniques

Lecture and discussion; video presentation; reading assignments

## Reading Assignments

Reading provided handouts, practice of patient care skills. Approximately 1 hours per week

## Writing Assignments

Completion of student hand out provided by instructor. Approximately 1 hours per week.

## Out-of-class Assignments

Reading provided handouts, practice of patient care skills. Approximately 2 hours per week.

## Demonstration of Critical Thinking

Students will perform return demonstration at a 75% or higher level from instructor performance for patient care skills and correct responses on written assignments.

## Required Writing, Problem Solving, Skills Demonstration

Correct fill-in answers from instructor provided handouts; proper return demonstration of lab skills and problem solving ability as evidenced by correct action when prompted by instructor using current standards of industry.

## Eligible Disciplines

Health care ancillaries (medical assisting, hospice worker, home care aide...): Any bachelors degree and two years of professional experience, or any associate degree and six years of professional experience.

## Other Resources

1. Instructor provided handouts from "Model Curriculum for Personal Care Aides; Facilitator Guides and Handouts", 2011. California Partnership Standards Based Personal Care Training and Certification Project.