

KINESIOLOGY, ASSOCIATE IN ARTS DEGREE FOR TRANSFER

Banner Code: 3_AAT_KIN

Control Number: 45622

Financial Aid Eligible

The Associate in Arts in Kinesiology for Transfer at Coastline College is designed to advance the understanding and practice of human movement across the lifespan and within the context of a diverse and changing society. Kinesiology students develop diverse values and skills necessary to a liberal arts education: Critical thinking, problem-solving, leadership, verbal and written communication, and technological competency. Completion of this major will provide a solid foundation for students interested in pursuing a Bachelor's Degree in Kinesiology.

Associate Degrees for Transfer (AA-T or AS-T) are open to all Coastline students. Students who do not plan on transferring to a California State University school should consult their Counselor regarding the benefits of an AA-T/AS-T degree based on their goals. Students earning an AA-T or AS-T and intending on transferring to a California State University school receive transfer admission benefits for specific majors at many California State University campuses. Visit the Transfer Information (<https://catalog.cccd.edu/coastline/transfer-information/>) catalog page for more information.

Program Level Student Learning Outcomes

Upon completion of this program, students will be able to:

1. Apply major theories and concepts of kinesiology to make informed decisions about human movement, performance, and function.
2. Address the physiological, mechanical, and psychological mechanisms that enhance or impair human movement, exercise, and sport.

Associate Degree for Transfer Requirements

1. Minimum of 60 CSU-transferable semester units. A minimum of 12 units must be in residence within Coast Colleges (Coastline College, Golden West College, and/or Orange Coast College).
2. Minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework.
3. Completion of a minimum of 18 semester units in an Associate Degree for Transfer major as detailed in the catalog. All courses in the major must be completed with a grade of "C" or better or a "P" if the course is taken on a "pass-no pass" basis.
4. Certified Completion of the California Intersegmental General Education Transfer Curriculum (CalGETC - Coastline Option 2 General Education pattern).

Course	Title	Units
Required Courses - Core		
BIOL C220	Human Anatomy	5
BIOL C225	Human Physiology	4
KIN C100	Introduction to Kinesiology	3

Course	Title	Units
Movement Based Courses		
Select a maximum of one (1) course from any of the three (3) following areas for a maximum of three units:		
Combatives		
PE C169 or KIN C169	Self Defense Arts Self Defense Arts	1
Fitness		
PE C118 or KIN C118	Introduction To Yoga Introduction to Yoga	1
PE C119 or KIN C119	Hatha Yoga Hatha Yoga	1
PE C121 or KIN C121	Power Yoga Power Yoga	1
Individual Sports		
PE C115 or KIN C115	Tai Chi Tai Chi	1
PE C116 or KIN C116	Tai Chi Intermediate Tai Chi Intermediate	1
List A		
Select two of the following:		7-9
CHEM C180 & C180L	General Chemistry A and General Chemistry A Lab	5
HLTH C100	Personal Health	3
PHYS C120 or PHYS C185	Algebra Based Physics: Mechanics Calculus Based Physics: Mechanics	4
STAT C1000	Introduction to Statistics	4
Units Required for Major		22-24
CalGETC Pattern		34
Electives to satisfy unit requirement		Varies
Total Units for Degree		60