

# NUTRITION AND DIETETICS, ASSOCIATE IN SCIENCE DEGREE FOR TRANSFER

**Banner Code:** 3\_AST\_NUTR

**Control Number:** 41633

**Financial Aid Eligible**

The Associate in Science in Nutrition and Dietetics for Transfer prepares students for a major in Nutrition and Dietetics at a four-year institution. This degree will provide students with foundations in human nutrition, food science, anatomy and physiology, biology, microbiology, chemistry, and statistics required for careers in Nutrition and Dietetics. This degree is designed for students interested in becoming Registered Dietitians/Nutritionists, Dietetic Service Supervisors and Nutrition Assistants, and Wellness Coaches who function as managers/supervisors and nutritional care specialists in health care and nutrition-related facilities.

Associate Degrees for Transfer (AA-T or AS-T) are open to all Coastline students. Students who do not plan on transferring to a California State University school should consult their Counselor regarding the benefits of an AA-T/AS-T degree based on their goals. Students earning an AA-T or AS-T and intending on transferring to a California State University school receive transfer admission benefits for specific majors at many California State University campuses. Visit the Transfer Information (<https://catalog.cccd.edu/coastline/transfer-information/>) catalog page for more information.

## Program Level Student Learning Outcomes

Upon completion of this program, students will be able to:

1. Utilize up to date, evidence-based practices in the field of nutrition and dietetics.
2. Communicate effectively orally and in writing in a health care or community nutrition environment whether working with children, families, and seniors.
3. Advocate within the community for continued support of health and nutrition.

## Associate Degree for Transfer Requirements

1. Minimum of 60 CSU-transferable semester units. A minimum of 12 units must be in residence at Coastline College.
2. Minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework.
3. Completion of a minimum of 18 semester units in an Associate Degree for Transfer major as detailed in the catalog.
4. Certified Completion of the California State University General Education-Breadth pattern (CSU GE Breadth - Coastline's Option 2 General Education pattern), OR the Intersegmental General Education Transfer Curriculum (IGETC - Coastline Option 3 General Education pattern).

Course	Title	Units
<b>Required Core</b>		
Complete the following:		
BIOL C210	General Microbiology	5
FN C170	Nutrition	3
PSYC C100	Introduction to Psychology	3
<b>Complete one sequence</b>		<b>5-10</b>
<b>Sequence 1</b>		
CHEM C180	General Chemistry A	
CHEM C180L	General Chemistry A Lab	
<b>Sequence 2</b>		
CHEM C180	General Chemistry A	
CHEM C180L	General Chemistry A Lab	
CHEM C185	General Chemistry B	
CHEM C185L	General Chemistry B Lab	
<b>List A</b> If Sequence 1 was completed, select two courses. If Sequence 2 was completed select one course.		<b>4-9</b>
Complete one or two courses:		
BIOL C220	Human Anatomy	
or BIOL C225	Human Physiology	
MATH C160	Introduction to Statistics	
<b>List B</b> FN A180 Principles of Food at Orange Coast College may be completed to satisfy 3 units of List B.		
Complete three to four units:		
SOC C100	Introduction to Sociology	
BIOL C100 & C100L	Introduction to Biology and Introduction to Biology Lab	
or BIOL C100C	Introduction to Biology Lecture/Lab	
Total Required for Major		28-29
CSU General Education or IGETC pattern		37-39
Transfer Electives as needed to reach 60 transferable units		Varies
<b>Total for Degree</b>		<b>60</b>