

OPTION 1 - AA/AS LOCAL GENERAL EDUCATION

This option is designed for students pursuing a degree and who may or may not be planning to transfer to a four-year institution. Most of the coursework in this option is applicable towards transfer. Other colleges and universities may accept this degree for transfer. It is important to contact a Coastline counselor or your transfer institution for guidance in preparing your educational plan. In addition to the General Education requirements below, students must complete additional requirements for the Associate Degree listed in the catalog under Associate Degree Requirements.

Complete at least 24 units in the specific courses listed in Areas 1-7E. Students may select courses from any sub-group under each specific area. One course may not be used to satisfy more than one general education requirement; however, the same course may be used to satisfy both a general education requirement and a requirement for the major or area of emphasis. Complete at least 2.5 units from the Global Society courses. View the Global Society (<https://catalog.cccd.edu/coastline/graduation-requirements/#globalsocietytext>) course list. This requirement may double count with a course completed as a part of a student's Program of Study or General Education.

COURSE LISTS

Area 1 – English Composition, Oral Communication, and Critical Thinking

One course from each group:

Group 1A - English Composition

Course	Title	Units
Must complete one of these courses with a grade of C or better.		
ENGL C1000	Academic Reading and Writing	4
ENGL C101	Critical Reasoning, Reading, and Writing Through Literature	4
ENGL C109	Essay Writing	3
ENGL C135	Business Writing	3

Group 1B - Oral Communication and Critical Thinking

Course	Title	Units
CMST C100	Interpersonal Communication	3
CMST C101	Fundamentals of Human Communication	3
COMM C1000	Introduction to Public Speaking	3
CMST C140	Small Group Communication	3
CMST C150	Intercultural Communication	3
CMST C220	Essentials of Argumentation	3
DMC C100	Introduction to Mass Communication	3

Area 2 - Mathematical Concepts and Quantitative Reasoning

Complete one of the following with a grade of C or better.

Course	Title	Units
MATH C100	Liberal Arts Mathematics	3
MATH C101	Applied Mathematics	3

Course	Title	Units
MATH C103	Statistics for Elementary Teachers	3
MATH C104	Mathematics for Elementary Teachers	3
MATH C106	Geometry for Elementary Teachers	3
MATH C115	College Algebra	4
MATH C120	Trigonometry	3
MATH C135	Pathway to Calculus	4
MATH C140	Business Calculus	4
MATH C150	Finite Mathematics With Applications	4
STAT C1000	Introduction to Statistics	4
MATH C170	Precalculus	5
MATH C180	Calculus 1	5
MATH C185	Calculus 2	5
MATH C230	Introduction to Discrete Math	5
MATH C280	Calculus 3	5
MATH C285	Introduction to Linear Algebra and Differential Equations	5

Area 3 - Arts and Humanities

Any three units from 3A and/or 3B.

Group 3A - Arts

Course	Title	Units
ART C100	Survey of Art: Prehistory through Late Gothic	3
ART C101	Survey of Art: Renaissance to Contemporary	3
ART C102	Contemporary Art History	3
ART C103	History of Asian Art	3
ART C104	The History of Impressionist and Post-Impressionist Art	3
ART C105	Introduction to Art	3
ART C109	The History and Appreciation of Italian Renaissance Art	3
ART C110	Color and Design: 2-D	3
ART C120	Drawing 1	3
ART C121	Life Drawing 1	3
ART C122	Painting 1	3
ART C140	Advanced Drawing	3
ART C142	Painting 2	3
ART C150	Ceramics 1	3
ART C151	Ceramics 2	3
ART C152	History and Appreciation of Ceramics	3
ART C153	Art of the Ancient Americas	3
ART C154	Arts of Africa, Oceania, and Indigenous North America	3
ART C176	Survey of East Asian Brush Painting	3
ART C177	East Asian Landscape Painting	3
ART C178	Painting and Appreciation of East Asian Art and Culture	3
ART C179	East Asian Brush Painting Teaching Techniques	3
ART C183	Introduction to Digital Art and Media ⁽²⁾	3
ART C221	Life Drawing 2	3

Course	Title	Units
DGA C100	Introduction to Digital Art and Media ⁽²⁾	3
DMD C100	Introduction to Digital Art and Media ⁽²⁾	3
HUM C135	History and Appreciation of the Cinema	3
MUS C100	History and Appreciation of Music	3
MUS C103	World Music	3
MUS C130	Beginning Guitar	2
MUS C131	Intermediate Guitar	2
MUS C139	History of Rock Music	3
MUS C143	History of Jazz	3
THEA C100	Introduction to Theater	3
THEA C101	Introduction to History and Literature of Theater	3

Group 3B - Humanities

Course	Title	Units
ARAB C180	Elementary Arabic 1	5
ARAB C180A	Elementary Arabic 1A	2.5
ARAB C180B	Elementary Arabic 1B	2.5
ARAB C185	Elementary Arabic 2	5
ARAB C185A	Elementary Arabic 2A	2.5
ARAB C185B	Elementary Arabic 2B	2.5
ARAB C280A	Intermediate Arabic 1A	2
ARAB C280B	Intermediate Arabic 1B	2
ARAB C285A	Intermediate Arabic 2A	2
ARAB C285B	Intermediate Arabic 2B	2
BIOL C122	Bioethics ⁽²⁾	3
CHIN C180	Elementary Chinese 1	5
CHIN C185	Elementary Chinese 2	5
ENGL C101	Critical Reasoning, Reading, and Writing Through Literature	4
ENGL C1001	Critical Thinking and Writing	3
ENGL C128	Asian American and Transpacific Literature	3
ENGL C129	Black Voices: Introduction to African American Literature	3
ENGL C140	Appreciation of Literature	3
ENGL C143	Children's Literature	3
ENGL C144	The International Short Story	3
ENGL C145	American Literature: The Short Story	3
ENGL C146	Introduction to 20th Century Military Fiction	3
ENGL C150	American Literature through the Civil War	3
ENGL C155	American Literature 1865 to Present	3
ENGL C181	Shakespeare	3
ENGL C270	British Literature to 1800	3
ENGL C275	British Literature since 1800	3
ENGL C296	Gothic Victorian Literature	3
ENGL C297	American Gothic Literature	3
FREN C180	Elementary French 1	5
FREN C185	Elementary French 2	5
FREN C280	Intermediate French 1	4
FREN C285	Intermediate French 2	4
HIST C115	Latin American History and Culture	3

Course	Title	Units
HIST C121	History of American Women	3
HIST C122	Chicano History ⁽²⁾	3
HIST C150	History of California	3
HIST C161	World History 1	3
HIST C162	World History 2	3
HIST C170	United States History to 1876	3
HIST C175	United States History since 1876	3
HIST C180	Western Civilization 1	3
HIST C185	Western Civilization 2	3
HUM C100	Introduction to the Humanities	3
HUM C110	Humanities through the Arts	3
ITAL C180	Elementary Italian 1	5
ITAL C185	Elementary Italian 2	5
JAPN C180	Elementary Japanese 1	5
JAPN C185	Elementary Japanese 2	5
PHIL C100	Introduction to Philosophy	3
PHIL C102	History of Ancient Philosophy	3
PHIL C113	Environmental Ethics: Philosophical Approaches to Sustainability	3
PHIL C120	Ethics	3
PHIL C122	Bioethics ⁽²⁾	3
PHIL C140	Business and Organizational Ethics	3
PHIL C220	Introduction to Symbolic Logic	3
SPAN C180	Elementary Spanish 1	5
SPAN C180A	Elementary Spanish 1A	2.5
SPAN C180B	Elementary Spanish 1B	2.5
SPAN C185	Elementary Spanish 2	5
SPAN C185A	Elementary Spanish 2A	2.5
SPAN C185B	Elementary Spanish 2B	2.5
SPAN C280	Intermediate Spanish 1	4
SPAN C285	Intermediate Spanish 2	4
THEA C101	Introduction to History and Literature of Theater	3
VIET C160	Vietnamese For Vietnamese Speakers	5
VIET C180	Elementary Vietnamese 1	5
VIET C185	Elementary Vietnamese 2	5
VIET C280	Intermediate Vietnamese 1	4
VIET C285	Intermediate Vietnamese 2	4

⁽²⁾Course has credit limitations or is cross-listed with (identical to) another course on this list.

Please check with a Counselor or consult the Coastline Catalog Course Descriptions (<https://catalog.cccd.edu/coastline/course-descriptions/credit-courses/>) for the limitation.

Area 4 - Social and Behavioral Science

Complete any 3 units

Course	Title	Units
AGNG C120	Introduction to Aging Studies	3
AGNG C170	Psychology of Aging ⁽²⁾	3
ANTH C100	Cultural Anthropology	3
ANTH C120	Introduction to Archaeology	3
ANTH C150	World Cultures	3
ANTH C175	Global Perspectives of Food and Culture	3
ANTH C185	Physical Anthropology	3
CMST C150	Intercultural Communication	3
CJ C140	Introduction to Criminal Justice	3
DMC C100	Introduction to Mass Communication	3
ECON C110	Economic Issues and Policy	3
ECON C170	Principles of Microeconomics	3
ECON C175	Principles of Macroeconomics	3
ETHS C100	Introduction to Ethnic Studies	3
ETHS C123	History of Ethnic Minorities in the United States ⁽²⁾	3
ETHS C233	Racial and Ethnic Relations in America ⁽²⁾	3
FN C177	Global Perspectives of Food and Culture	3
GEOG C100	World Regional Geography	3
GEOG C150	California Geography	3
GEOG C185	Cultural Geography	3
HIST C115	Latin American History and Culture	3
HIST C121	History of American Women	3
HIST C122	Chicano History ⁽²⁾	3
HIST C123	History of Ethnic Minorities in the United States ⁽²⁾	3
HIST C150	History of California	3
HIST C161	World History 1	3
HIST C162	World History 2	3
HIST C170	United States History to 1876	3
HIST C175	United States History since 1876	3
HIST C180	Western Civilization 1	3
HIST C185	Western Civilization 2	3
HUM C110	Humanities through the Arts	3
MCOM C150	Introduction to Radio, TV, Film	3
POLS C1000	American Government and Politics	3
PSCI C101	Survey of Current Issues	3
PSCI C183	Introduction to International Relations	3
PSCI C185	Comparative Government and Politics	3
PSCI C188	Political Theory	3
PSCI C200	Introduction to Political Science	3
PSYC C1000	Introduction to Psychology	3
PSYC C116	Child Growth and Development	3
PSYC C118	Life Span Developmental Psychology	3
PSYC C165	Principles of Human Sexuality 1	3
PSYC C170	Psychology of Aging ⁽²⁾	3
PSYC C250	Psychobiology	3
PSYC C255	Abnormal Psychology	3
PSYC C260	Social Psychology	3
PSYC C280	Introduction to Research Methods in Psychology	4
SOC C100	Introduction to Sociology	3

Course	Title	Units
SOC C110	Dating, Relationships, and Marriage	3
SOC C120	Introduction to Aging Studies	3
SOC C185	Analysis of Social Problems	3
SOC C233	Racial and Ethnic Relations in America ⁽²⁾	3

⁽²⁾Course has credit limitations or is cross-listed with (identical to) another course on this list.

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Area 5 - Natural Sciences

Any three units from 5A and/or 5B.

Group 5A - Physical Sciences

Course	Title	Units
ASTR C100	Introduction to Astronomy	3
ASTR C100 & C100L	Introduction to Astronomy and Astronomy Laboratory	4
CHEM C100	Principles of Chemistry	3
CHEM C110	Introduction to Chemistry	5
CHEM C130	Preparation for General Chemistry	4
CHEM C140	Survey of Chemistry and Physics	4
CHEM C180	General Chemistry A	4
CHEM C180 & C180L	General Chemistry A and General Chemistry A Lab	5
CHEM C185	General Chemistry B	4
CHEM C185 & C185L	General Chemistry B and General Chemistry B Lab	5
CHEM C220	Organic Chemistry A	3
CHEM C220 & C220L	Organic Chemistry A and Organic Chemistry A Lab	5
CHEM C225	Organic Chemistry B	3
CHEM C225 & C225L	Organic Chemistry B and Organic Chemistry B Lab	5
ENVS C100	Introduction to Environmental Science	3
GEOG C180	Physical Geography	3
GEOG C180 & C180L	Physical Geography and Physical Geography Lab	4
GEOL C105	General Geology	3
GEOL C105 & C105L	General Geology and Geology Lab	4
GEOL C106	Earth Sciences for Teachers	4
GEOL C115	California Geology	3
GEOL C162	Applied Environmental Geology	3
GEOL C185	Historical Geology	3
GEOL C185 & C185L	Historical Geology and Historical Geology Lab	4
PHYS C110	Conceptual Physics	3
PHYS C120	Algebra Based Physics: Mechanics	4
PHYS C125	Algebra Based Physics: Electricity and Magnetism	4
PHYS C140	Survey of Chemistry and Physics	4

Course	Title	Units
PHYS C185	Calculus Based Physics: Mechanics	4
PHYS C280	Calculus Based Physics: Electricity and Magnetism	4
PHYS C285	Calculus Based Physics: Modern Physics	4

Group 5B - Life Sciences

Course	Title	Units
AGNG C122	Biology of Aging	3
ANTH C185	Physical Anthropology	3
BIOL C100	Introduction to Biology	3
BIOL C100 & C100L	Introduction to Biology and Introduction to Biology Lab	4
BIOL C100C	Introduction to Biology Lecture/Lab	4
BIOL C102	Introduction to the Concepts of Anatomy and Physiology	3
BIOL C103	Introduction to Marine Science	3
BIOL C106	Human Ecology	3
BIOL C120	Biology of Aging	3
BIOL C180	Cell and Molecular Biology	4
BIOL C185	Diversity of Organisms	5
BIOL C210	General Microbiology	5
BIOL C220	Human Anatomy	5
BIOL C221	Introduction to Anatomy and Physiology	4
BIOL C225	Human Physiology	4
BIOL C281	Biochemistry	4
BIOL C283	Genetics	4
CHEM C281	Biochemistry	4
ECOL C100	Human Ecology	3
ENVS C100	Introduction to Environmental Science	3
MRSC C100	Introduction to Marine Science	3

(2)Course has credit limitations or is cross-listed with (identical to) another course on this list.

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Area 6 - Ethnic Studies

Complete any 3 units.

Course	Title	Units
ETHS C123	History of Ethnic Minorities in the United States	3
ETHS C233	Racial and Ethnic Relations in America	3
HIST C123	History of Ethnic Minorities in the United States	3
SOC C233	Racial and Ethnic Relations in America	3

Area 7E - Self-Development

Must complete 3 units.

Course	Title	Units
AGNG C170	Psychology of Aging ⁽²⁾	3
AGNG C223	Healthy Aging ⁽²⁾	3
AGNG C225	Nutrition through the Lifecycle	3
BUS C120	Personal Finance	3
COUN C104	Career and Life Planning	3
COUN C105	Strategies for College Success	3
COUN C108	Applied Stress Management	3
COUN C109	Developing and Understanding Happiness	3
FN C170	Nutrition	3
FN C225	Nutrition through the Lifecycle	3
HLTH C100	Personal Health	3
HLTH C120	Introduction to Wellness Coaching	3
HLTH C223	Healthy Aging ⁽²⁾	3
KIN C100	Introduction to Kinesiology	3
KIN C101	Personal Fitness and Wellness ⁽²⁾	1
KIN C190	Physiology of Exercise	3
KIN C201	Fitness for Life	3
KIN C289	Exercise Testing and Prescription	3
MGMT C144	Introduction to Leadership	3
PE C101	Personal Fitness and Wellness ⁽²⁾	1
PE C102	Lifetime Fitness	0.5-1
PE C115	Tai Chi	1
PE C116	Tai Chi Intermediate	1
PE C118	Introduction To Yoga	1
PE C119	Hatha Yoga	1
PE C121	Power Yoga	1
PE C126	Relaxation Movements	1
PE C169	Self Defense Arts	1
PE C201	Fitness for Life	3
PSYC C116	Child Growth and Development	3
PSYC C118	Life Span Developmental Psychology	3
PSYC C165	Principles of Human Sexuality 1	3
PSYC C170	Psychology of Aging	3
SOC C120	Introduction to Aging Studies	3

(2)Course has credit limitations or is cross-listed with (identical to) another course on this list.

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