

HUMAN SERVICES (HSVC)

HSVC C100 3 Units (54 lecture hours)

Introduction to Human Services

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

A comprehensive survey of the development and scope of the human services field. With a global sensitivity, covers the history of human services, current theories and models of helping, ethics, administration, and careers in human services. Graded or Pass/No Pass option.

HSVC C101 3 Units (54 lecture hours)

Helping Theories and Intervention Strategies

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

An overview of the major helping theories and strategies in the counseling process. Emphasis will be placed on enabling students to develop theoretical foundations and apply appropriate intervention strategies. Topics covered include dealing with a crisis and disaster, clarifying personal values, solving common problems encountered as a helper, and case management. Graded or Pass/No Pass option.

HSVC C102 3 Units (54 lecture hours)

Introduction to Crisis Intervention

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

The course examines crisis theory, types of crises, crisis intervention strategies, and referral procedures. Topics will include ethical and cultural issues, death and dying, substance abuse, suicide, victimization, AIDS and HIV, and post-traumatic stress disorder. Students will become familiar with the assumptions of crisis theory and how it shapes the interventions. Graded or Pass/No Pass option.

HSVC C104 3 Units (54 lecture hours)

Treatment Issues in Substance Abuse

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

This course will introduce students to theoretical and intervention models involved in the treatment of substance dependencies. Students will explore the effects of substance abuse on the individual, the family unit, workplace, and the community. Topics include counselor characteristics, legal and ethical issues facing substance abuse counselors, pharmacology, substance abuse assessment, issues of diversity and treatment, group counseling, family counseling, codependency and enabling, and modalities of treatment. Graded or Pass/No Pass option.

HSVC C105 3 Units (54 lecture hours)

Introduction to Case Management

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

This course introduces students to case management and documentation in a variety of settings. Students will study the purpose, function, and rationale for case management. In addition, the documentation of client clinical records will be covered, emphasizing the taking of social histories and writing of treatment plans. The professional guidelines necessary for working with clients in a social services setting will also be covered, providing the student with an understanding of issues related to ethics, client rights, and confidentiality. This class is designed for students interested in working in a social services setting. Graded or Pass/No Pass option.

HSVC C106 3 Units (54 lecture hours)

Cultural Diversity in Human Services

Grading Mode: Standard Letter, Pass/No Pass

Transfer Credit: CSU.

Focuses on the major cultural, historical, and societal themes in the US and highlights the competencies needed to address and work effectively with people from various ethnic, racial, and religious groups. Examines the knowledge, skills, and attitudes needed for the treatment provider to understand the full context of a client's sociocultural environment and examines those who have been disadvantaged or excluded from mainstream US society. Includes those with co-occurring disorders. Graded or Pass/No Pass option.

HSVC C273 3 Units (54 lecture hours)

Human Services Practicum

Prerequisite(s): HSVC C100 and C101 with a grade of C or better.

Co-requisite(s): 60 hours of employment or volunteer work in a human services agency.

Grading Mode: Standard Letter

Transfer Credit: CSU.

Through community agencies, students will learn the work of human services delivery through supervised participation. The course will emphasize student self-awareness and self-esteem, interviewing and communication skills, the relationship of theory and practice, and organization and client systems. Students will need to locate a volunteer worksite that is approved by the instructor. Letter Grade only.