

# HUMAN SERVICES (HSVC)

## HSVC C100 3 Units (54 lecture hours)

### Introduction to Human Services

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU.

A comprehensive survey of the development and scope of the human services field. With a global sensitivity, covers the history of human services, current theories and models of helping, ethics, administration, and careers in human services. Graded or Pass/No Pass option.

## HSVC C101 3 Units (54 lecture hours)

### Helping Theories and Intervention Strategies

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU.

An overview of the major helping theories and strategies in the counseling process. Emphasis will be placed on enabling students to develop theoretical foundations and apply appropriate intervention strategies. Topics covered include dealing with a crisis and disaster, clarifying personal values, solving common problems encountered as a helper, and case management. Graded or Pass/No Pass option.

## HSVC C102 3 Units (54 lecture hours)

### Introduction to Crisis Intervention

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU.

The course examines crisis theory, types of crises, crisis intervention strategies, and referral procedures. Topics will include ethical and cultural issues, death and dying, substance abuse, suicide, victimization, AIDS and HIV, and post-traumatic stress disorder. Students will become familiar with the assumptions of crisis theory and how it shapes the interventions. Graded or Pass/No Pass option.

## HSVC C104 3 Units (54 lecture hours)

### Treatment Issues in Substance Abuse

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU.

This course will introduce students to theoretical and intervention models involved in the treatment of substance dependencies. Students will explore the effects of substance abuse on the individual, the family unit, workplace, and the community. Topics include counselor characteristics, legal and ethical issues facing substance abuse counselors, pharmacology, substance abuse assessment, issues of diversity and treatment, group counseling, family counseling, codependency and enabling, and modalities of treatment. Graded or Pass/No Pass option.

## HSVC C106 3 Units (54 lecture hours)

### Cultural Competence in Health & Social Services

**Grading Mode:** Standard Letter, Pass/No Pass

**Transfer Credit:** CSU.

This course examines the political, social, and theoretical perspectives of diverse populations as they relate to health and social services settings. The impact of health status, lifestyle and behavioral patterns, communication styles, socioeconomic status, personal prejudices, ethnic stereotyping, and cultural beliefs on individual and group access to health and social services will be investigated. Emphasis is placed on developing effective strategies to use with diverse populations as well as evaluating the effectiveness of existing health and social service programs. This course is identical to HLTH C104. Graded or Pass/No Pass option.

## HSVC C273 3 Units (54 lecture hours)

### Human Services Practicum

**Prerequisite(s):** HSVC C100 and HSVC C101 with a grade of C or better.

**Co-requisite(s):** 60 hours of employment or volunteer work in a human services agency.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

Through community agencies, students will learn the work of human services delivery through supervised participation. The course will emphasize student self-awareness and self-esteem, interviewing and communication skills, the relationship of theory and practice, and organization and client systems. Students will need to locate a volunteer worksite that is approved by the instructor. Letter Grade only.

## HSVC C274 1 Unit (18 lecture hours)

### Human Services Seminar

**Prerequisite(s):** HSVC C100 and HSVC C101.

**Co-requisite(s):** HSVC C275.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

This course provides the student who is participating in a supervised field experience in a community organization, agency, or institution with a weekly class meeting that provides the academic element to the experiential course offering. The application of concepts gained in the prerequisite or corequisite course to the field experience will be emphasized. This course is designed to provide the student with an opportunity to develop skills that would facilitate gaining employment in the human services field. Letter Grade Only. **C-ID:** SWHS 120A.

**HSVC C275** **2 Units (36 lecture hours)**

**Human Services Field Studies**

**Prerequisite(s):** HSVC C100 and HSVC C101.

**Co-requisite(s):** HSVC C274.

**Grading Mode:** Standard Letter

**Transfer Credit:** CSU.

This course offers the student a supervised field experience in a community organization, agency, or institution, allowing the student to apply knowledge and learn new skills outside of the classroom environment. This course is designed to provide the student with an opportunity to observe, practice, and develop skills that would facilitate gaining employment in the human services field. Students taking this course are required to complete 60 hours of employment or volunteer work with an organization that provides helping. Letter Grade only. **C-ID:** SWHS 120A.